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Register for Youth Dance!

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A COMMUNITY COLLABORATION:





Browse through the variety of programs offered for youth and adults.

Youth Dance

Appropriate levels of dance will be offered to students starting at age 3. Students will work towards performing in a spring dance recital complete with costumes and lighting (date to be determined). This complete school-year program will be offered in two sessions. You will receive an invoice for the second session in early December. Classes are held at the Salter Community Center. Classes require a minimum of 8 students. **Classes will begin Monday, September 12, 2023. The second session starts January 8, 2024. Students must participate in both sessions to perform in recital.**

Theme: "Destination: Dance!"

Because wherever you are, you should be dancing! Our classes will be catching some sun, splashing in the sea, and dancing wherever they may be. Whatever the age and dance level, we have the perfect fit for your child. Welcome to the Premiere Dance Family. We can't wait to dance with you!

1st Session (September - December)

Payment due at registration

Costume Deposit: Collected in November 2023
Registration ends October 19, 2023

2nd Session (January - May)

Payment will be invoiced January 8, 2024

Costume Balance: Amount varies. Due early February 2024

Note: Required footwear will be included on your receipt.

Class Descriptions

3 & 4 Year Old Preschool: Your preschooler will bounce, march, and clap in time to fun and familiar preschool music. This class is designed for your little one to improve their coordination, enhance motor skills, and build confidence as they learn the building blocks of dance. (30 minutes)

4 & 5 Year Old Preschool: This class is the next step in your little one's dance journey. Fun and familiar music that your little dancer will love, incorporated with rhythmic movement which expresses their imagination, teaches musicality, and promotes large muscle coordination and that all important step towards independence are the foundations to help prepare your dancer for the next level. (30 minutes)

Moving with the Mouse (K-2nd Grade): They already know all the words to their favorite Disney songs, so why not dance to them? This intro to dance class features ballet and jazz, focusing on terminology, body positions, posture, and basic beginning dance movement all set to their favorite Disney music! (40 minutes)

Moving with the Mouse Tap/Jazz Combo (K-2nd Grade): They already know all the words to their favorite Disney songs, so why not dance to them? This intro to dance class features tap and jazz, focusing on terminology, body positions, posture, building rhythms, and basic beginning dance movement all set to their favorite Disney music! Two dances will be performed in recital for double the fun! (40 minutes)

Lyrical Jazz (2nd-4th Grade): A combination of ballet and jazz will be the main focus in this class. Along with introducing your child to more creative and fluid movement, posture, and terminology, building a core foundation, and more developed choreography will be explored. (40 minutes)

Hip Hop Jazz (3rd-5th): This class features fun! While enhancing our skills and building technique, fun upbeat movement will be featured in this class. Tricks, spins, floor work, jumps, and finding our groove is what this class is all about! (40 minutes)

**Classes begin
the week of
September 12.**



Youth Dance Class Schedule

Tuesday	Instructor: Ms. Sydney			
5:30 pm	3 & 4 year old Preschool	YD1001	30 min.	\$105
6:00 pm	4 & 5 year old Preschool	YD1002	40 min.	\$105
6:30 pm	Moving with the Mouse: Tap/Jazz Combo (K-2nd grade)	YD1003	40 min.	\$115
7:15 pm	Hip Hop Jazz (3rd-5th grade)	YD1004	40 min.	\$110
Thursday	Instructor: Ms. Bella			
5:30 pm	3 & 4 year old Preschool	YD1008	30 min.	\$105
6:00 pm	4 & 5 year old Preschool	YD1009	40 min.	\$105
6:30 pm	Moving with the Mouse (K-2nd grade)	YD1010	40 min.	\$110
7:15 pm	Lyrical Jazz (2nd-4th grade)	YD1011	40 min.	\$110

There is an additional \$5 non-resident fee per student per class.



Registration

Register online, by mail, or fax (see pages 10-11)
Online registration: www.royaloakrec.recdesk.com

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program
 National Parks Service
 PO Box 37127
 Washington DC 20013-7127



www.livesafeacademy.com

Babysitter Safety (ages 9+)

Certified Babysitter/CPR/First Aid and Safe Home Alone

Learn to be safe and responsible. Build confidence. Have a competitive edge over other babysitters. Topics include: First aid, when and how to call 911, CPR with manikin practice, choking, dealing with difficult behaviors, basic care methods like feeding and diapering, marketing and much more! Students will also learn how to be safe and responsible when home alone, including the importance of not giving out personal information and what to do if somebody comes to the door. Students who successfully complete the course requirements will receive a certificate of completion for Certified Babysitter/CPR/First Aid course by Live Safe Academy (valid for 2 years).

Students need a lunch, snacks, and a cell phone (if they own one). Drop off and pick up is in the classroom. Pen and paper for notes is optional. Minimum 10 students. Instructor: Live Safe Academy.

Sunday, December 10 at Salter Community Center

9:00 am - 3:00 pm (6 hours) **YA4001**

Fee: Res. \$70 / 1 class

Certified Pet Sitter/CPR/First Aid (Add-on only; ages 9+)

Kids, would you like to learn pet first aid and be a certified Pet Sitter? Increase your competitive edge by being more valuable to families with pets and kids. Increase your market by being certified to watch pets or kids. Learn to care for the pets in your own family. Have fun and help keep animals safe.

This is an add-on class for students who participate in the Certified Babysitter course on the same day and will begin after the babysitter safety class ends. Bring extra snacks if staying for this portion. Drop off and pick up is in the classroom. Minimum 10 students. Instructor: Live Safe Academy.

Sunday, December 10 at Salter Community Center

3:00 - 4:00 pm (1 hour) **YA4002**

Fee: Res. \$15 / 1 class



Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort, and FUN! Wear gym shoes and bring a water bottle. Min. 9 students. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net)

Wednesday at Salter Community Center

Sept. 20 - Oct. 25, 4:00- 4:45 pm **YA 2001**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Nov. 1 - Dec. 13, 4:00-4:45 pm **YA 2004**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

No class Nov. 22

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Emphasis is on teamwork and effort. Bring a water bottle and wear gym shoes. Min. 9 students. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net)

Wednesday at Salter Community Center

Sept. 20 - Oct. 25, 5:00-5:55 pm **YA 2002**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Nov. 1 - Dec. 13, 5:00-5:55 pm **YA 2005**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

No class Nov. 22

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Players will scrimmage during class time. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes, bring a water bottle and a ball (ball is optional). Min. 9 students. Instructor: Leisure Unlimited LLC, Coach Dave East (www.leisureunlimited.net)

Wednesday at Salter Community Center

Sept. 20 - Oct. 25, 6:00-6:55 pm **YA 2003**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

Wednesday at Salter Community Center

Nov. 1 - Dec. 13, 6:00-6:55 pm **YA 2006**

Fee: Res. \$90; Non-Res. \$95 / 6 weeks

No class Nov. 22

TumbleBunnies Gymnastics

www.tumblebunnies.com



Hockey

In our hockey program we will introduce skills and drills to give your child an edge once they begin or continue this sport. Designed by pros in the game, this program teaches skating, stickhandling, passing, and shooting along with other important aspects of the game that are necessary such as strength, coordination, and agility. We will include drills to improve upon all areas needed to perform at a high level if desired. This program is fun, encouraging and builds the love for the game. No equipment necessary. All participants will receive a signed item from the Vegas Golden Knights Player, Paul Cotter! (This program is NOT held on the ice.)

Fridays, Oct. 6 - Nov. 10 at Salter Community Center

Fee: \$100 / 6 weeks

3-5 year olds, 4:00 - 4:30pm YA3004

6-8 year olds, 4:35 - 5:05pm YA3005

Itty Bitty Bunny – ages 18 months - 2 years

This fun, energetic class has **parents working with their child** that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Tuesdays at Salter Community Center

Sept. 19 - Dec. 5, 9:30 - 10:00 am **YA3009**

Fee: \$150 / 10 weeks

No class Oct. 31, Nov. 7

Saturdays at Salter Community Center

Sept. 23 - Dec. 2, 9:30 - 10:00 am **YA3001**

Fee: \$150 / 10 weeks

No class Nov. 25

TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Tuesdays, Sept. 19 - Dec. 5 at Salter Community Center

Fee: \$150 / 10 weeks

No class Oct. 31, Nov. 7

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am YA3010

Saturdays, Sept. 23 - Dec. 2 at Salter Community Center

Fee: \$150 / 10 weeks

No class Nov. 25

Bizzy Bunnies, 3 - 4 year olds, 10:05 - 10:35 am YA3002

Happy Hoppers, 5 - 7 year olds, 10:40 - 11:10 am YA3003

No class Nov. 25



Four Seasons Preschool provides a safe and caring environment where children feel secure and learning is a positive experience. Our goal is to have the children leave the program with a positive sense of self, a joy of learning, and the skills they need to enter kindergarten.

Learning takes place through the use of many hands-on activities based on a developmentally appropriate curriculum. The children are taught using a theme based approach. As each new interesting theme is introduced the children's natural curiosity and joy of learning is enhanced and their knowledge expanded in a variety of areas.

Four Seasons Preschool understands the importance of playtime, because children learn through play. Children also need space and plenty of materials on hand to explore and manipulate to enhance their learning experience. These needs are met in a very large classroom filled with many materials that encourage creativity, dramatic play, science experimentation, construction, fine and gross motor development and socialization skills.

Preschool should be a lot of fun and a great experience for children. We realize this and plan a curriculum that is interesting and enjoyable for the children.

We are located in the Mahany/Meining Senior Community Center, 3500 Marais (1 block north of 13 Mile, 3 blocks east of Crooks).

Registration for the 2023-2024 school year is available at
www.royaloakrec.recdesk.com

2023 - 2024 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am
PRE2023-R3

FULL

Tuition for our morning 2-day a week program is \$1,072.50 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$357.50.

Mon/Wed/Fri Morning, 8:30 - 11:00 am
PRE2023-R1

FULL

Tuition for our morning 3-day a week program is \$1,608.75 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$536.25.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm
PRE2023-R2

OPEN

Tuition for our afternoon 4-day a week program is \$2,145.00 plus a **non-refundable registration fee of \$100**. Tuition is paid in three installments of \$715.00.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com





Royal Oak FITNESS

Low-Impact Workout

GREAT FOR BEGINNERS!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to music without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 6:20 - 7:20 pm Instructor: Angie M

Sept. 14 - Dec. 7 at M/M Senior/Community Center

No class Nov. 23

Fee: Res. \$84; Non-Res. \$89 / 12 weeks **FF2002**

20/20/20 Fit Mix

This class includes the essential components of fitness: cardio, strength, core and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment, followed by core work and a series of controlled, static stretches to enhance range of motion and release stress. Bring a mat, hand weights and water.

Monday, 5:50-6:50 pm Instructor: Karen B

Sept. 11 - Dec. 4 at M/M Senior/Community Center

No class Nov. 6

Fee: Res. \$84; Non-Res. \$89 / 12 weeks **FF2005**

Wednesday, 5:50-6:50 pm Instructor: Karen B

Sept. 13 - Dec. 6 at M/M Senior/Community Center

No class Nov. 22

Fee: Res. \$84; Non-Res. \$89 / 12 weeks **FF2006**

Boot Camp Body Blast **NEW!**

Raise the bar and challenge yourself to achieve a new level of physical fitness! This is the ultimate fat-burning class combining all your favorites --kickboxing, drills, calisthenics, free weights, bands, plyometrics -- in a variety of exercises. This full-body cross-training workout is designed to improve cardiovascular and muscular fitness. Modifications are given for various fitness levels. Bring hand weights, dynaband, mat, towel and lots of water.

Monday, 7:00-8:00 pm Instructor: Kendell M

Sept. 11 - Dec. 4 at M/M Senior/Community Center

Fee: Res. \$84; Non-Res. \$89 / 12 weeks **FF2025**

No class Nov. 6

**PLEASE REGISTER EARLY
to ensure your spot in class. Any classes
not meeting minimum enrollment requirements
three business days prior to start date may
be subject to cancellation.**

Yoga Basics +

This class consists of a flowing series of movements connected to the breath. Each session begins with a centering meditation, continues with warm-ups, and moves into a flow of poses designed to improve balance, strength, and flexibility. Every practice ends in a resting meditation, leaving students with a sense of overall well-being. This class is a step up from basics but isn't quite intermediate, so while some experience may be helpful, modifications will be offered. Dress in layers and bring a mat and any straps, blocks or blankets that may help facilitate your practice.

Tuesday, 7:30 - 8:30 pm Instructor: Dawn Y, RYT-500

Sept. 12 - Dec. 5 at M/M Senior/Community Center

No class Oct. 31, Nov. 7

Fee: Res. \$77; Non-Res. \$82 / 11 weeks **FF 2021**

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" -- the abdominal, gluteal and back muscles -- by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

Sept. 11 - Dec. 4 at Salter Community Center

Fee: Res. \$91; Non-Res. \$96 / 13 weeks **FF 2013**

Wednesday, 6:20-7:20 pm Instructor: Tammy R

Sept. 13 - Dec. 6 at Salter Community Center

No class Nov. 22

Fee: Res. \$84; Non-Res. \$89 / 12 weeks **FF 2014**

Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this full body training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

Sept. 12 - Dec. 5 at M/M Senior/Community Center

No class Oct. 31, Nov. 7

Fee: Res. \$77; Non-Res. \$82 / 11 weeks **FF 2010**

Saturday, 8:45-9:45 am Instructor: Angie M

Sept. 23 - Dec. 9 at Salter Community Center

No class Nov. 11, Nov. 25

Fee: Res. \$70; Non-Res. \$75 / 10 weeks **FF 2012**

Line Dancing

Welcome to the fun world of DANCING like you see at all the social events. No partner needed, it's terrific exercise for mind, heart and body. Learn to dance to Rock, Country, 50's & 60's and Fun Dances. Bring your friends and join us. Instructor: Jackie Orbals

Session 1

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

Sept. 19 - Oct. 31 **AE2003**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

Sept. 19 - Oct. 31 **AE2004**

Fee: Res. \$49; Non-Res. \$54 / 7 weeks

Session 2

Basic Beginner - Single Dancer

Tuesday, 6:15-7:00 pm

at Salter Community Center

Nov. 21 - Dec. 19 **AE2007**

Fee: Res. \$35; Non-Res. \$40 / 5 weeks

Beginner "Plus" - Single Dancer

Tuesday, 7:00-8:00 pm

at Salter Community Center

Nov. 21 - Dec. 19 **AE2008**

Fee: Res. \$35; Non-Res. \$40 / 5 weeks



Activity Cancellation

Due to bad weather – 248-246-3187

When Royal Oak Schools are closed, Recreation Department classes held in school facilities are cancelled.

Special Thanks

A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.

Who to Contact

John Lindell Ice Arena.....248-246-3950
Swimming.....248-435-8500 ext. 1148
Metro Detroit Youth Clubs – Jack & Patti Salter Club248-544-4166
RO Sandlot League www.royaloaksandlot.com
Royal Oak Football Club (Youth Soccer).....www.royaloakfc.com
Royal Oak Titans (Youth Football).....www.royaloaktitans.org
Royal Oak Hockey.....www.royaloakhockeyclub.com

Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, has been teaching for more than 35 years in the United States. She is a certified senior instructor in Traditional Yang Style Tai Chi. She believes the pursuit of knowledge, understanding and excellence in Tai Chi Chuan is a lifelong journey. She has traveled extensively throughout the U.S. and back to China to study with the world's top masters. She welcomes students of all ages to join her class.

Yang Style Tai Chi

Traditional Hand Form – Beginner 1

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Monday, 6:30-7:30 pm AF2001

Sept. 11 - Dec. 4 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 6

Yang Family Tai Chi Hand Form and 8 Energies

Monday, 7:30-8:30 pm AF2002

Sept. 11 - Dec. 4 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 6

Yang Family Tai Chi Push Circles and Applications

Must know hand form basic

Monday, 8:30-9:30 pm AF2003

Sept. 11 - Dec. 4 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 6

Yang Style Tai Chi

Traditional Hand Form – Beginner 2

Class taught by Brian Buchanan,

Certified instructor by Yang Family Tai Chi

Thursday, 6:30-7:30 pm AF2006

Sept. 14 - Dec. 7 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 23

Chen Style-Silk Reeling and Laojia Yi Lu

Thursday, 7:30 - 8:30 pm AF2004

Sept. 14 - Dec. 7 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 23

Single Fan and Releasing Energy

Thursday, 8:30-9:30 pm AF2005

Sept. 14 - Dec. 7 at Keller School

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Nov. 23

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life. **Classes are for all skill levels. Beginners are welcome.** Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Monday at Senior/Community Center

Sept. 11 - Dec. 18, 5:40 - 6:55 pm **AF2007**

Fee: Res. \$112; Non-Res. \$117 / 14 weeks

No class Oct. 30

Thursday at Senior/Community Center

Sept. 7 - Dec. 21, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$112; Non-Res. \$117 / 14 weeks

No class Nov. 2, Nov. 23



Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home. Program fills quickly.

Wednesday at Royal Oak Middle School Pool

Sept. 13 - Dec. 6, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

No class Nov. 22

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School Pool

Sept. 13 - Dec. 6, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

No class Nov. 22



Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements

such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Dean Hadin has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

Sept. 20 - Oct. 25, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

Wednesday at Salter Community Center

Nov. 1 - Dec. 13, 7:30 - 8:45 pm **AF2402**

Fee: Res. \$54; Non-Res. \$59 / 6 weeks

No class Nov. 22



Water Color Painting

Beginning through Experienced Students

Noted Michigan Artist, Karen Halpern, will teach lessons each week, in which you paint a variety of subjects. They provide fundamentals and stretch your abilities. Color mixing, color theory, design, and painting techniques will guide you as you develop your art. Students work at their own level of ability in a supportive setting. **Ask for supply list when you register.**

Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

Sept. 11 - Nov. 13 **AE2006**

Fee: Res. \$136; Non-Res. \$143 / 9 weeks

No class Sept. 25

Royal Oak Nature Society

Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to maintain and improve Royal Oak's two nature preserves, Cummingston Park and Tenhave Woods. Dogs are not allowed inside either Tenhave Woods or Cummingston Park. The Nature Society is also developing the Royal Oak Arboretum behind the Senior Center. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 and leave a message, email us at naturesociety@romi.gov, mail us at: Royal Oak Nature Society, 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of the two nature parks and the Royal Oak Arboretum can be found on our website.



Speaker Programs

At our free speaker programs, we present speaker programs that are usually Power Point presentations focusing on various natural history topics. If you watch nature programs on PBS or the Discovery Channel, this is better because you can talk with the speakers afterwards and ask questions. There is no cost for these programs, but registration is required. Currently, there are no programs scheduled.

Friends of Fungi

Friends of Fungi is a group that promotes the understanding of, and an appreciation for, fungi in general and those fungi found in Tenhave, Cummingston, and other local urban woods. Mary Fredricks heads this group. The group normally meets on the 2nd Wednesday of the month in November, January, February, and March at the Royal Oak Senior Center located at 3500 Marais. Currently, there are no meetings planned.

As other programs/walks are scheduled, they will be announced on our website and Facebook page.

Nature Walk Schedule

There is normally at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. The walks take place at Cummingston Park, Tenhave Woods and the Fred A. Erb Arboretum. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology, and human history of the area. There is no cost or registration for our nature walks.

DATE	TIME & PLACE	TOPIC
Sept. 9 (Sat)	2:00 pm at Cummingston	Cummingston Forest
Sept. 23 (Sat)	10:00 am at Tenhave	Mushroom Walk
Oct. 15 (Sun)	2:00 pm at Tenhave	Fall Color
Oct. 21 (Sat)	2:00 pm at Cummingston	Fall Color
Oct. 28 (Sat)	10:00 am at Cummingston	Mushroom Walk
Oct. 29 (Sun)	2:00 pm at Tenhave	Fall Color
Nov. 5 (Sun)	2:00 pm at Cummingston	Fall Color
Nov. 12 (Sun)	2:00 pm at Tenhave	Geology



Royal Oak Symphony Orchestra

Celebrating its 27th season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 pm at Royal Oak Middle School and performs four concerts each season. For concert ticket information, call 248-549-0262. If interested in joining, click on the "Auditions" tab on the website: www.royaloakorchestra.org.

Concert admission: \$15; Students and Seniors, \$12;
Ages 18 and under free.

Royal Oak Concert Band

Organized in the mid-1960s, the Royal Oak Concert Band is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm, September through May, at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit our website at www.royaloakconcertband.org.

Updated performance schedule is also available on the website. Tickets available at the door or in advance at www.royaloakconcertband.org.

Concert admission: \$10; Seniors and students, \$8;
Ages 12 and under free.

Registration Information

How to Register for Programs and Classes

Registration begins on August 14 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In-Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities. No membership fee or residency requirement.

How to Register for Recreation Programs Online

www.royaloakrec.recdesk.com

For additional information, click on "Help" on the home page.

Open Online Registration Begins August 14

General Guidelines

Royal Oak Recreation has moved software systems as of August 1st. All household account information was not transferred in this move. Therefore, you will need to create a new account under the "create account" tab on our home page. We are very excited to offer this user-friendly interface to you going forward!

If you have never registered for a class with Royal Oak Recreation, you will need to "create account" through the website listed above.

How to Register for Senior Programs Online:

Please visit **myactivecenter.com/#centers** for more information. You cannot register for classes as a guest.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation 248-246-3180

8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center 248-246-3900

9:00 am to 4:30 pm, Monday - Friday

Registration for all Extended Trips should be done in person at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash



☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: ☐ Check ☐ Cash



☐ Visa/Discover # _____ 3-digit Security Code _____

☐ Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

JOHNLINDELLICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**



LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATE

Skate at your own leisure. Bring friends and family to share the fun. General, adult and preschool sessions offered.

Check johnlindellicearena.com for days and times.

NEW EDGE

FIGURE SKATING CLUB

The **New Edge Figure Skating Club** offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

www.newedgefsc.org



ADULT WOMEN'S LEAGUE
for Beginners to Intermediate Ability
Starts Late September & runs on
Tuesday nights.

Individual Registration – Jersey included



ADULT HOCKEY LEAGUE

Summer League:

JUNE - MID AUGUST

Fall/Winter League:

SEPTEMBER - MARCH

Spring League:

APRIL - JUNE



DROP IN HOCKEY

18 and up-full equipment
come in a play a competitive game of
hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. full equipment required



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey Squirt –Midget

www.royaloakhockeyclub.com

SUBURBAN HOCKEY SCHOOLS



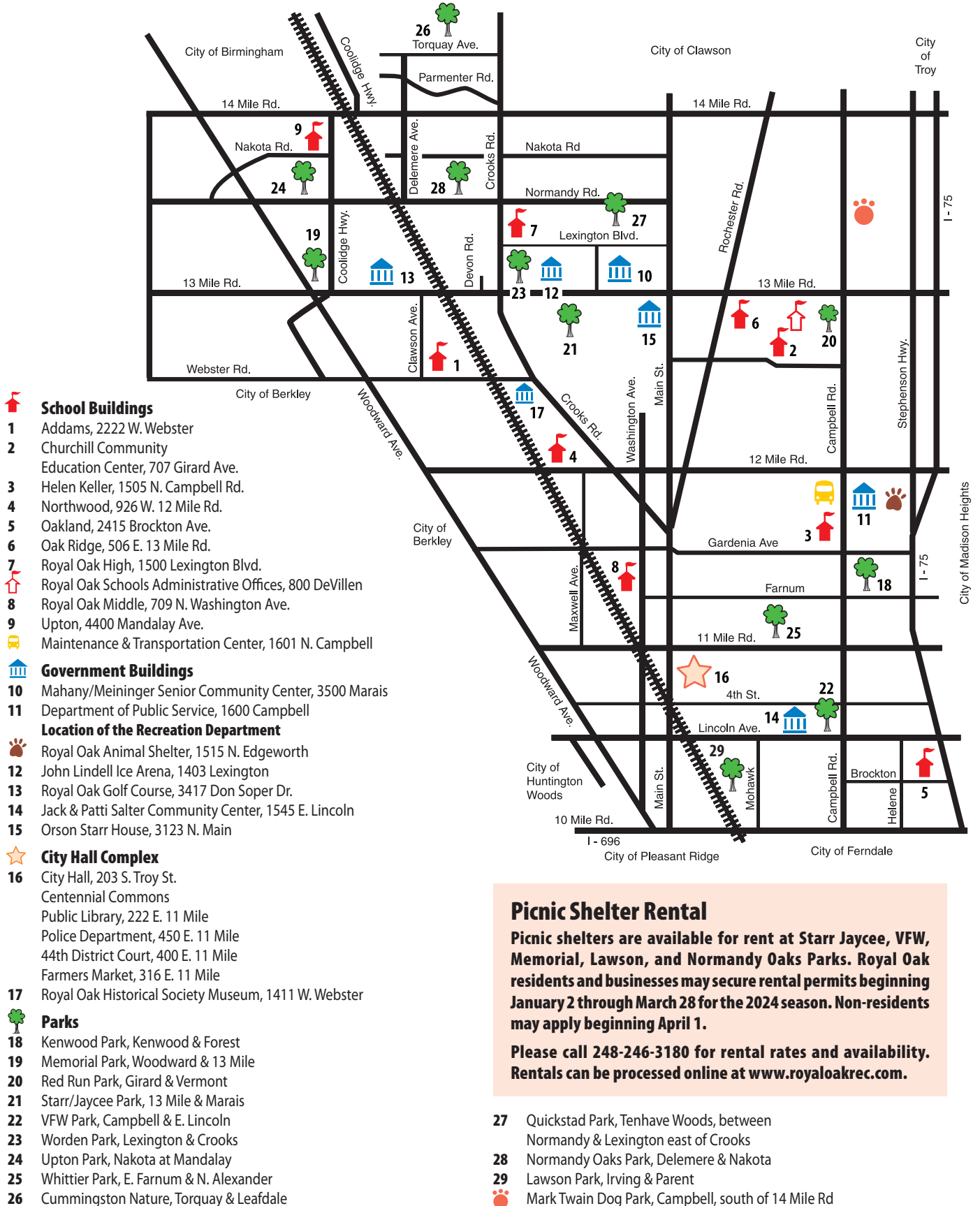
Instructional experience that improves
skills, knowledge of the game, and
overall self-confidence as it relates
to the game through a positive
learning experience.

TO VIEW CAMPS OFFERED: www.suburbanhockey.com

For more information on any of these programs, please visit

JOHNLINDELLICEARENA.COM

City of Royal Oak



Picnic Shelter Rental

Picnic shelters are available for rent at Starr Jaycee, VFW, Memorial, Lawson, and Normandy Oaks Parks. Royal Oak residents and businesses may secure rental permits beginning January 2 through March 28 for the 2024 season. Non-residents may apply beginning April 1.

Please call 248-246-3180 for rental rates and availability. Rentals can be processed online at www.royaloakrec.com.

Leo Mahany / Harold Meininger Community Center

3500 Marais, Royal Oak, MI 48073 • (248) 246-3900
www.romi.gov

 Royal Oak Parks and Recreation page

Jack & Patti Salter Community Center

1545 E. Lincoln, Royal Oak, MI 48067 • (248) 246-3180

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
 - **Embody Honesty**
 - **Act with Patience**
 - **Take Responsibility**
 - **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Our monthly *Times* newsletter is **FREE**. Call to join the mailing list or stop in the center lobby for the most recent copy. Start enjoying opportunities for lifelong education, fitness and leisure activities. The staff is committed to working with and for older adults to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers older adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently impaired adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason(s) prohibited by law. The City of Royal Oak will take affirmative action to ensure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Mahany/ Meininger Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center or on the **romi.gov** Resource Page, please call Carolyn Marsh at (248) 246-3917 for an application form. The fee to display in house physical brochures and /or digital advertisement is \$150.00 per 12 months.

M/M Community Center Rental Information on page 25.

Special Events and Workshops

September

1	BINGO (tentative; call to confirm)	12:30 pm
4	Labor Day	CLOSED
7	1st Thursday M/M Book Club	10:00 am
8	Donuts with the Doctor:	
	Hip & Knee Treatment FREE	12:00 pm
8	Hoe Down Dinner Dance \$16.00	12:30 pm
12	Money Out of Your Home Lunch & Learn	11:30 am
15	Kerry Price Piano Concert \$2.00	12:30 pm
18	Creative Coloring \$2.00	10:30 am
18	Sushi Making Class \$42.00	5:30 pm
18	Medicare 101 Lunch & Learn	11:30 am
19	Questions on Cremations Lunch & Learn	11:30 am
22	4th Friday M/M Book Club	10:00 am
26	Driver Safety Tips Lunch & Learn	11:30 am
29	Advanced Directives FREE	10:00 am

October

2	Welcome Newcomers	10:30 am
2	Creative Coloring \$2.00	10:30 am
5	1st Thursday M/M Book Club	10:00 am
6	BINGO	12:30 pm
9	Sushi Making Class \$42.00	5:30 pm
11	Biggest Little Healthy Living Fair FREE	9:00 am
16	Creative Coloring \$2.00	10:30 am
17	Turning 65 Workshop Lunch & Learn	11:30 am
20	Kerry Price Piano Concert \$2.00	12:30 pm
27	4th Friday M/M Book Club	10:00 am

November

2	1st Thursday M/M Book Club	10:00 am
3	BINGO	12:30 pm
6	Welcome, Newcomers	10:30 am
6	Creative Coloring \$2.00	10:30 am
6	Medicare 101 Lunch & Learn	11:30 am
17	Kerry Price Piano Concert \$2.00	12:30 pm
20	Creative Coloring \$2.00	10:30 am
20	Hospice Fact or Fiction Lunch & Learn	11:30 am
23 & 24	Thanksgiving	CLOSED
28	Turning 65 Workshop Lunch & Learn	11:30 am

Kiosk Key Tag

If you are new to Mahany/ Meininger Community Center, stop by our front desk and pick up your personalized "Kiosk Key Tag". This new, interactive software program allows our customers to Kiosk / Swipe into what activities they are participating in and would like to attend. **FREE** to sign-up!

The "My Senior Center" software allows us to keep accurate numbers on programs and activities. By swiping in with your new "Kiosk Key Tag", we can continue to provide you with the low-cost, unique programming we love to offer.

Medical Equipment Loan Closet

The Mahany/Meininger Center has walkers, wheelchairs, bath stools, crutches and more available for loan. There is **no charge** to borrow an item – keep them as long as necessary and return clean. Clean, working, durable medical equipment donations are also accepted. Please call ahead prior to bringing in equipment since our storage space is limited.

NEW!

Day Trips

Detroit Symphony Orchestra CLASSICAL Matinee Concerts Fall 2023

Fridays, 9:15 am - 1:30 pm
All Concerts: \$34 – Main Floor Seats
Registration for DSO trips begins
August 1, 2023.
Masks are optional inside the venue.

October 20, 2023

Korngold's Violin Concerto

Kevin John Edusei conducts; Clara Jumi Kang, violin. Featuring *Arlene SIERRA* (world premiere), Korngold *Violin Concerto in D Major*, Zemlinsky *The Mermaid*.

November 10, 2023

French Passions and Enduring Dreams

Fabien Gabel, conducts; Alexandra Dariescu, piano. Featuring Ravel *Rapsodie Espagnole*, James LEE III *Shades of Unbroken Dreams* (World premiere), Dukas *Fanfare to La Peri*, Roussel *Bacchus at Ariane Suite No. 2*.

December 8, 2023

Tchaikovsky's Sixth Symphony

Jader Bignamini conducts; Sergei Baybayan, piano. Featuring Bonds *Montgomery Variations*, Rachmaninoff *Rhapsody on a Theme of Paganini*, Tchaikovsky *Symphony No. 6, Pathetique*.

Detroit Symphony Orchestra POPS Matinee Concerts Fall 2023

Fridays, 9:15 am - 1:30 pm
All Concerts: \$52 – Main Floor Seats
Registration for DSO trips begins
August 1, 2023.
Masks are optional inside the venue

October 6, 2023

Let's Groove Tonight:

Motown & the Philly Sound

Jeff Tyzik conducts. Featuring both the defining sounds of the Motown Era, and Philly Sound hits!



Cranbrook Art Museum **\$9**
Thursday, September 7
12:30pm - 2:30pm

Special exhibition featuring fiber artist Sonya Clark entitled *We Are Each Other*. Clark has been committed to issues of history, race, and reconciliation. Clark often undertakes this exploration through everyday fiber materials—hair, flags, found fabric—and craft practices. In Clark's work, craft and community are intertwined, and the resulting projects facilitate new collective encounters across racial, gender, and socioeconomic divisions. Cost includes transportation via ROSC smart bus and administration fee. Self-guided tour. This trip is without an escort.



Detroit Institute of Arts Guided Tours **\$5**
Thursdays, 12:30-3:30 pm
September 14
November 16

The DIA remains open to visitors, serving as a place for inspiration, calm and respite in challenging times. Our visit is a millage benefit for tri-county (Wayne, Oakland, and Macomb) residents and includes museum admission, bus transportation, a guided tour and a coupon for a free coffee at the Café DIA. 25 person minimum. Sign up deadline two weeks prior to visit date.

Pioneer Wine Trail **\$106**
Wednesday, September 13
8:30 am - 7:00 pm **Bianco Tours**

We'll have three wine tastings today, at St. Julian Winery in Dundee, Cherry Creek Cellars in Brooklyn, and Flying Otter Vineyard in Adrian. Lunch will be at Danley's Country House in Tecumseh; enjoy a family style lunch of broasted chicken. Cost includes transportation via motor coach, tastings and lunch. Registration deadline: September 6, 2023.

Historic Holly **\$117**
Wednesday, October 4
9:00 am - 4:45 pm **Bianco Tours**

Take advantage of the cool fall temperatures while exploring the history of Holly Michigan. Tour the Great Lakes National Cemetery (guided drive-through tour), dine at the Holly Vault for lunch, and enjoy unique shopping at the Historic Battle Alley. Round out the trip with a visit to Spicer's Orchards and Farm Market. Cost includes transportation via motor coach, lunch and cider and donuts. Registration deadline: September 27, 2023.

Active Aging Adventures
Brunch & Learn / DNR Michigan **\$18**
8:15 am - 12:30 pm

Three different lectures to choose from!

Thursday, October 12
Riverfront Railroads

Thursday, November 2
Feeding Birds in the Winter

Thursday, December 14
The Story of the Sea Lamprey

Attention early risers! Enjoy some pastries and coffee while learning about exciting topics at the Michigan DNR Outdoor Adventure Center. Three different lectures will be offered in this fall series. After the lecture explore this indoor facility which brings the outdoors inside. Cost includes transportation via or center's Smart Bus Service, admission, and brunch. *Limited seating.*

Harvest Adventure **\$111**
Wednesday, October 18
10:00 am - 5:00 pm **Bianco Tours**

Leave the hustle and bustle of city life behind and join us for a day of sunshine, where old-fashioned values and family fun are still part of the tradition. Enjoy a wagon ride through the Westview Orchards and Winery, taste some wine and bring back a bag of fresh picked fruit. Lunch will be at the historic White Horse Inn in Metamora. Cost includes transportation via motor coach, lunch, wagon ride, wine tasting and fruit bag. Registration deadline: October 11, 2023.

More Day Trips on page 16

Mahany/Meininger Center

Travel is Fun!

Call (248) 246-3900

Day Trips

continued from page 15



The Parade Company **\$116** **Wednesday, November 8**

8:45 am - 3:45 pm **Bianco Tours**

Take a look behind the scenes at The Parade Company Studio! Enjoy lunch at Sindbad's on the Detroit River, and lastly, take a guided stroll through the Whitney mansion while sipping champagne. Cost includes transportation via motor coach, lunch, and tours.

Zehnder's of Frankenmuth **\$134** **Holiday Luncheon** **Wednesday, November 29**

9:00 am - 6:00 pm **Ryback Tours**

Sit back for a fun-filled Holiday Show featuring Three Men & a Tenor, with lots of humor and some sentimental moments for all. Before the show, enjoy a special plated 2-piece chicken luncheon in the beautiful main dining room of Zehnder's of Frankenmuth. There will be extra time for shopping on Main Street of downtown Frankenmuth. Cost includes transportation via motor coach, lunch, and show. Registration deadline: October 27, 2023.

Huckleberry Railroad **\$131** **Holiday Magic** **Friday, December 1**

12:45 pm - 8:00 pm **Bianco Tours**

Create some memories on this magical outing! Enjoy a holiday lunch at the Bavarian Inn in Frankenmuth. Then head over to Crossroads Village and listen to holiday music, see some craft demonstrations, and explore unique shopping opportunities. The Colwell Opera House will present a Holiday Show, and after the show, Huckleberry Railroad will take you on a festive nighttime ride through a holiday fantasyland. Cost includes transportation via motor coach, lunch, entertainment, and train ride. *Dress for the weather, this is an indoor/outdoor experience. Registration deadline: November 22, 2023.



Holiday Church Tour **\$109** **Tuesday, December 12**

9:30 am - 5:00 PM **Bianco Tours**

Enjoy the Christmas season while touring two historic churches in Detroit. This tour includes the Trinity Lutheran Church, with its 22-foot Christmas tree, as well as St. Francis D'Assisi, an Italian Renaissance church on Detroit's West Side. Lunch will be classic Italian at Detroit's oldest Italian restaurant, Amore de Roma Café. End the day with a visit to Shatila, a Middle Eastern style bakery, and indulge in one of their artisan pastries. Please note: there is a lot of walking and steps involved in this tour. Cost includes transportation via motor coach, tour, lunch, and dessert.



Nite Lights at M.I.S. **\$91** **Friday December 15**

2:15 - 8:45 pm **Bianco Tours**

Michigan International Speedway in Brooklyn, MI, hosts one of Michigan's largest Christmas light displays. We will be driving right on the track and along pit row through this animated display for over three miles! We'll stop for a buffet lunch at Jerry's Pub before the light tour. Cost includes transportation via motor coach, lunch and tour.

Extended Trips

Christmas in Branson, MO **\$1433 pp/dbl** **Nov. 27 - Dec. 2, 2023** **Bianco Tours**

Enjoy Christmas entertainment as only Branson, MO can offer. Spend two nights at the Drury Plaza Hotel at the Arch in downtown St. Louis, and three nights at the Grand Oaks Hotel in Branson. This tour features a visit to the Museum at the Gateway Arch, The Texas Tenors performing *Deep in the Heart of Christmas* and *Christmas Wonderland*, the Grand Country Music Hall featuring the Comedy *Jamboree*, as well as a ride through the Fantastic Caverns! Cost includes transportation via motor coach, accommodations, 5 breakfasts, and 3 Dinners as well as the entertainment. \$50 deposit due at sign-up; balance due: Oct. 13, 2023.



Country Christmas **\$343 pp/dbl** **December 5-6, 2023** **Bianco Tours**

This is the perfect short trip to put you in the holiday spirit. Join us for a wonderful Country Christmas trip to southwest Ohio. Experience a glowing winter wonderland surrounded by sparkling lights and shining stars at the Krohn Conservatory. Visit the Shillito Elves in Cincinnati, and travel through a 2-mile-long Christmas Around the World Display at the Land of Illusion. Day 2 includes the *Miracle on 34th Street* show at the La Comedia Dinner Theater. Cost includes transportation via motor coach, accommodations, and 3 meals. \$20 deposit due upon sign-up; balance due October 17, 2023.



**If you need special accommodation for travel,
it is your responsibility to inform us upon registration.**

Welcome Newcomers

1st Monday, 10:30 am

Closed Sept. 4, Oct. 2, Nov. 6, Dec. 4

FREE

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff.

Call ahead to register. Need a ride from your R.O. home? Call 248-246-3914.

Billiards

50¢ / day drop-in

\$3.00 / month unlimited

Two pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm.

Join the Pool Party!

Mondays, Wednesdays & Fridays

1:00 - 4:00 pm

50¢ / day or \$3.00 / month

A great group of regulars want to welcome new members. Stop by and play!

Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

\$1.00

Drop-in with a partner to play Rubber Bridge. Come early if you have no partner and we will try to pair you up.

Pinochle

Tuesdays, 12:30 pm

\$1.00

Drop-in for Pinochle and meet new friends.

Duplicate Bridge

Wednesdays, 12:15 pm

\$2.00

Drop-in with a partner to play Duplicate Bridge. For more information, visit roduplicatebridge.org.

Euchre

Thursdays, 12:30 - 3:30 pm

\$1.00

Drop-in to join experienced players who like to play Euchre. Play 8 rounds of cards.

Crochet Creations

Thursdays, 12:00 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No fee.

Helping Hands

Tuesdays & Thursdays, 9:30 am

Do you like to knit or crochet? This group creates beautiful hats, scarves, lap blankets, and afghan blankets and donates them to Beaumont Hospital, local churches, and other charitable organizations in the area. Feel free to drop-in. Beginners up to expert crafters are welcome!

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Friday Recreational BINGO!

1st Fridays at 12:30 pm

Sept. 1, Oct. 6, Nov. 3

Preregister by phone or in person

Royal Oak Senior Community Center hosts Friday Recreational BINGO. First Card FREE, all additional cards are 25¢ each (MAX 5 extra cards). Format is 5 regular games with prizes and one coverall round with a Grand Prize of \$5.00. Fall Bingo prizes are sponsored by Debbie Spencer REALTOR® AT Properties Realty. Join us for lots of fun!

Bingo is conducted solely for the amusement and recreation of the ROSC guests. Any and all revenue from Bingo is used towards future Bingo Coverall cash prizes.

Kerry Price Sing-A-Longs

3rd Fridays, 12:30 pm

Sept. 15 - School Days

Oct. 20 - All Creatures Great and Small

Nov. 17 - Thanks for November

Dec. 15 - Your Favorite Holiday Songs

\$2.00 per performance CASH ONLY

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! Admission payable at the door.

Hoe Down Dinner Dance

Friday, Sept. 8

Doors open 5:30 pm; Dancing 6:00 pm

\$16.00 per person

Register by Aug. 18

Social Square dance caller, Walt Zatorski, is hosting our first ever hoe down dinner dance. Country Western themed decorations make the room festive. Beginners to advanced dancers are welcome, no need for a partner to join, experienced dancers will teach the steps to first timers. Dinner menu by Chef Doruk is beef sloppy joes, potato salad, baked beans, and dessert bars. Call to RSVP 248-246-3900



Mah Jongg Drop-In

Tuesdays (Beginner), 1:00 - 3:30 pm

Wednesdays (Experienced),

9:30 am - 12 noon

50¢

Experienced players may drop in and play on Tuesday afternoons and Wednesday mornings. Players must follow National Mahjongg League rules only.

Foot Doctor

2nd Wednesday, 9:00 - 10:45 am

Sept. 13, Nov. 8

Dr. Adas will see patients at the Senior Center for your convenience. Most services will be covered by insurance. Call Dr. Adas' office directly at **248-478-6870** and tell them you want an appointment at the Royal Oak Senior Community Center.

Annual Fundraiser Helping Hands Sale

Tuesday, Nov. 7, 8:00 am - 8:00 pm
CASH ONLY

This volunteer lead group works all year-long making high quality items to sell at the M/M Community Center. Meet the ladies who make the items, buy early holiday gifts. Prices are very affordable, and the quality cannot be beat! Handmade unique hats, scarves, blankets, baby hat and blanket sets, and more.

Mini Makers aka Wee Bees

1st Mondays, 10:00 am - 1:15 pm

Sept. 11, Oct. 2, Nov. 6

Room 3 **FREE**

Do you like making miniatures or want to learn more about it? This group meets monthly to make projects that are "doll-house scale" or smaller. Feel free to drop-in to check us out! There may be materials costs or tools needed for some projects. No fee to attend. (If the building is closed for a holiday, we'll meet the next Monday.)



Miniature and Crafting Supplies Sale!

M/M Center

Friday, Oct. 13 and Saturday, Oct. 14
10:00 am - 2:00 pm

CASH ONLY

Highly talented crafters from our group have TOO much and created a sale to clear out their inventory. Some items are ready to use as gifts while others are supplies to get your project going. Come see for yourself!

Painting – All Media

Thursdays, 9:15 - 11:45 am

Sept. 7 - Oct. 26

\$65 / 8 weeks

Nov. 9 - Dec. 28

\$58 / 7 weeks

No class Nov. 23

Explore the exciting art world of watercolor or acrylic painting with instructor John Rash! Beginners through advanced artists will work in beginning to finishing techniques. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Watercolor Painting

Fridays, 9:15 - 11:45 am

Sept. 8 - Oct. 27

\$65 / 8 weeks

Nov. 10 - Dec. 29

\$58 / 7 weeks

No class Nov. 24

Explore the exciting art world of watercolor painting with instructor John Rash! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. A supply list is given at sign-up for those without any of their own supplies. Preregister.

Creative Coloring

1st and 3rd Mondays, 10:30 am

Sept. 18; Oct. 2 & 16; Nov. 6 & 20

\$2.00 materials fee per class

Creative Coloring is at the Royal Oak Senior Center. Explore the coloring craze and make coloring your NEW hobby! Choose from large patterns and designs on professional card stock that will challenge your brain in fine motor movement and detail. Socialize and connect with other color artists in a relaxed atmosphere and create a masterpiece suitable for framing.

South Oakland Art Association *Since 1960*

1st Tuesday of each month at the M/M Community Center

Sept. 12, Oct 3, Nov 7, Dec. 5

6:30 - 9:00 pm

\$5.00 fee; Annual dues \$30.00

Artists and art lovers are welcome! Monthly meetings September through June feature speakers, demonstrations, paint-togethers and art-related activities for adults of all ages. Enjoy Artist-of-the-Month Contests and participate in our Annual Member Art Show & Sale (October 1-14, 2023).

For more information, visit southoaklandart.com or email roac.carol@gmail.com

Japanese Sushi Education & Tasting with Takayuki Sakaguchi

Monday, 5:30 - 7:00 pm

Sept. 18 and Oct. 9 **\$42 per class**

Learn the proper techniques of sushi making with the former manager of Noble Fish. Taste your works of art as you go and leave with the knowledge to make sushi at home!

M/M Book Clubs

1st Thursdays, 11:00 am - 12:30 pm

Contact volunteer Reyes, 248-545-6064

4th Fridays, 10:00 - 11:30 am

Contact volunteer Doris, 248-586-0045

We are now offering two well-attended groups! In partnership with the **Royal Oak Public Library**, we offer readers the opportunity to explore novels or nonfiction titles together. Don't worry about driving at night to typical book club gatherings!

Need a library card? Go to ropl.org/1063/
Apply-for-a-library-card

American Sign Language Level 2

Mondays, 5:30 - 6:30 pm

Sept. 11 - Oct. 30

\$64 / 8 weeks

Kaylee is a formally trained and proficient teacher in the art and language of signing. She also delves into the culture of the deaf community to better help those understand living a world dominated by the hearing. If you already have the basics down or took her beginner class, add this class to increase your knowledge and to hold a conversation with others.

French Club

Call to ask about series dates.

Have you ever wanted to learn French? Join the Club! Jennifer Sidle is a former middle and high school French teacher with over 22 years of experience. Participants will be speaking French while learning about French culture, food, monuments, history, and more!

Have Fun Learning English

Julian Gordon is fluent in multiple languages and is willing to use technology to help you improve your fluency. If strengthening your English is a priority, Julian is here to help. Please preregister by phone or in person. Only \$5 per session. Cash, check and charge accepted.

Mahany/Meininger Center Presents

Donuts with the Doctor

Friday, Sept. 8, 12:00 pm

FREE

Dr. Michael Fleischman from Straith Orthopedics will discuss new and innovative treatment options for hip and knee pain. Coffee donuts will be provided.

Must RSVP to attend. Call 248 246 3900 by Monday, September 1.

Free Talk on Advanced Directives: Do you know your loved one's wishes?

Friday September 29, 10:00 am

Join NorthStar Institute (formerly Hospice of Michigan Institute) for an informative workshop on advanced directives.

Critical medical issues will happen when you least expect them. Good, thoughtful pre-planning will prevent stress and help avoid confusion and uncertainty for patients, their families, and medical staff. We all want to do the right thing, but if you or your family member are not able to voice their final wishes, it's not always clear what the right decision should be.

Attend this workshop to get your advance care planning process started. Light refreshments will be served.

The Biggest, Little Healthy Living Fair in Town

Cohosted BY WALTONWOOD Licensed Assisted Living

Wednesday October 11th 9:00 am – 2:00 pm

Join us for a FREE Community health and resource fair. Meet health care professionals, behavior health services, check your hearing, blood pressure and blood sugar checks, balance assessments. Meet with community representatives from THAW, diabetic shoes resources, legal aid, and pre-planning professionals, and information on Hospice and comfort care.

Seasonal Flu vaccination and Confidential Memory Screenings will be offered by appointment, and several professionals will be on hand to answer any of your questions about health and healthy living.

Refreshments, giveaways and PRIZES - PRIZES - PRIZES!

Must RSVP to attend! 248- 246-3900.

Communication Skills

New Class starting October 2023

Join a friendly group and have fun while learning simple techniques for improving everyday communication skills taught by a retired college instructor, Norman Shy.

- Have you ever had a disagreement or argument with someone?
- Have you ever said something, then realized that's not what you meant?
- Have you ever experienced anxiety when speaking with strangers?

Topics covered include:

- How to avoid disagreements / arguments
- How to avoid saying something you didn't mean
- How to manage anxiety
- How to get and maintain attention
- Different ways we communicate
- Two simple rules guaranteed to improve communication

Cost and starting dates to be determined. Call Carolyn Marsh for more information at 248-246-3900.

Must RSVP to attend. Call 248 246 3900 by Monday, September 25.

Meditation for Stress Relief

Tuesdays, 7:00 - 8:00 pm

Sept. 12- Oct. 31,

\$80 / 8 weeks)

Brett has 31 years of experience in practices of mindfulness. He is an inspirational speaker, meditation guide and has lead retreats, 18+ and older please. Class will be sitting in a chair, as he teaches how to block out the noise, find peace and become calm. Soothing music is played in background.

Massage Therapy

By appointment only

30-minute massage \$35

60-minute massage \$55

Licensed massage therapist Heidi offers Swedish massage, stretching and relaxation techniques which help alleviate muscle tension, stress and nerve pain. Massage also improves circulation, promotes well-being and increases overall energy.

Heidi will not be taking appointments this fall but she will tentatively return in January 2024. We can begin booking appointments in December for 2024. Book early; availability is first come, first served. Call (248)246-3900 to RSVP a time slot.

Computer Club

2nd & 4th Wednesdays, 12:30 pm

Calling all beginner to experienced computer and tech enthusiasts. All levels are welcome to join our growing club; no membership required, drop in anytime! Guest speakers discuss various tech topics covering computers, cell phones, tablets, smart TVs, etc. There is always time for questions and answers so bring your tech questions. Check the *Times* Newsletter for topics and speakers. Donations accepted.

Ask the Computer Lady!

Tuesdays through June 2023

11:00 am - 12:00 pm

12:15 - 1:15 pm

1:30 - 2:30 pm

\$35 / 60 minutes

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, and learn how to check your email or make sure your security is up to date. Call ahead to register and pay: 248-246-3900.

Lunch and Learn Series

Receive a free lunch for all whom pre-register and attend a presentation. **Presentation is from 11:30 am to 1:00 pm.** Out of respect for the presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Get Money Out of Your Home Home Equity Conversion Mortgages: What They Are & Where to Begin Tuesday, September 12

Presented by: Top Flight Financial

Join Topflight Financial for lunch and let us guide you to become fully informed of this versatile mortgage loan and make the appropriate decision for you and your family given your unique situation.

It can be scary making a major decision about one of your biggest investments, the place that means the most to you. Deciding whether a reverse mortgage loan is right for you often requires education and expert advice. We hope to inform you and guide you through whether a reverse mortgage loan is right for you.

Must RSVP by Sept. 1; call 248 246 3900.

Medicare101: Where to begin? Session 1: Monday, September 18 RSVP by Sept. 11

Session 2: Monday, November 6 RSVP by Oct. 30

Presenter: Steve Tyminski - Senior Benefits Advisor

Same great workshop offered on two different days. Join Senior Benefits Advisor, Steve, and find out important information on where to begin with Medicare.

When do I enroll for Medicare? What do I need to do? Do I have options?

- Defining Medicare- Parts A, B, C, & D
- Difference between Medigap vs Medicare Advantage
- Open enrollment periods
- Coverage options

Lunch will be served.

Must RSVP to attend; call 248 246 3900.

Questions on Cremations Tuesday, September 19

Presenter: AJ Desmond and Sons

What does cremation entail? Can I have a traditional visitation before I'm cremated? What can be done with my cremated remains? Can my cremated remains be "mailed" to loved ones? Can more than one cremated remains be buried in one cemetery plot? What if I die while on vacation or away from home? Can I still be cremated? Is cremation less or more expensive than a burial?

Must RSVP by Sept. 11; call 248-246-3900.



Drivers Safety Tips Tuesday, September 26

Presenter: Optalis Health Care and Rivetus Rehabilitation

Join Optalis Health Care and Rivetus Rehabilitation for lunch and a review on driver safety tips for older persons. This is not a driver's training course.

Must RSVP by Sept. 18; call 248-246-3900.

Turning 65 Workshop Session 1: Tuesday, October 17 RSVP by Oct. 9

Session 3: Tuesday, November 28 RSVP by Nov. 20

Presenter: Medicare Advisor Mark Steffens

Free Turning 65 workshop designed to take the confusion out of enrolling in Medicare. We will help you make an informed choice during this very important enrollment period. Here are some of the topics we will cover:

- What is Medicare and do I have to enroll?
- Enrollment, premiums, and penalties for Medicare?
- When do I sign up for Medicare?
- How to compare Medicare Advantage to Medicare supplement
- Who is eligible for Medicare?
- Answer any questions you may have.

This is a very confusing topic, and we want to make sure you understand all aspects of Medicare so you can make the best decision for your health care coverage. No cost to attend and lunch will be served.

Must RSVP to attend; call 248 246 3900.

This is an educational event; no products will sell at this event. Mark Steffens is a licensed and certified agent who works with Medicare enrollees to explain Medicare Advantage, Medicare Supplement and Prescriptions options.

Hospice: Fact or Fiction Monday, November 20

Presented by: Northstar Institute

Join Julie Capra from Northstar institute for lunch and enjoy a fun twist on their presentation about hospice: an introduction to Comfort Care. Test your knowledge on comfort care and criteria for hospice services.

Must RSVP by Nov. 13; call 248 246 3900.

Chair Exercise with Cindy**Wednesdays, 9:30 - 10:15 am****Sept. 6 - Oct. 11****\$42 / 6 weeks****Oct. 25 - Dec. 13****\$49 / 7 weeks** No class Nov. 22**Fridays, 9:30 - 10:15 am****Sept. 8 - Oct. 13****\$42 / 6 weeks****Oct. 27 - Dec. 15****\$42 / 6 weeks** No class Nov. 3 & 24

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasize posture, coordination, and fall prevention. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights, if you wish. Instructor – Cindy Erlandson.

**Chair Yoga with Cindy****Wednesdays, 10:30 - 11:15 am****Sept. 6 - Oct. 11****\$42 / 6 weeks****Oct. 25 - Dec. 13****\$49 / 7 weeks** No class Nov. 22**Fridays, 10:30 - 11:15 am****Sept. 8 - Oct. 13****\$42 / 6 weeks****Oct. 27 - Dec. 15****\$42 / 6 weeks** No class Nov. 3 & 24

This class consists of three 15-minute sections: first and last are performed seated, the middle section is performed standing using a chair for balance. Focus: breathing, relaxation, stretching for flexibility and balance practice, which also increases muscular strength. Instructor – Cindy Erlandson.

Ballroom Dance Class**Tuesdays, 2:00 - 3:30 pm** **\$10.00**

Join instructor Bill Scheff on Tuesday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime.

Drop-in Line Dancing**Fridays, 1:00 - 3:00 pm****\$3.00**

This class consists of beginner and high beginner dances for those who **have some line dance experience**. Dances are done not just to country music but to many genres including pop, rock, oldies, Latin and Irish music. So come and join our line dance family for some fun and great exercise. Your body and mind will thank you for it! **NO BOOTS. MUST HAVE SOME EXPERIENCE.** Instructor-Jeannette Forster

Social Square Dance**Mondays, 1:00 - 3:00 pm****Drop-in, \$7.00 per class, CASH ONLY**

This growing group continues led by Walt Zatorski, is gaining participation with each week they are here at the M/M Center. They have even hosted the entertainment for a dinner dance! No partner needed, professional caller Walt will make you laugh, dance, and make new friends. All skill levels welcome. New to square dance? The advanced dancers will help you learn. Please no hard sole boots that will mark the flooring.

**Self-Guided DVD Workouts****Monday & Friday, 9:30 am****FREE**

Come in for a DVD workout without the cost or commitment of a class! Pop in the DVD yourself and enjoy an exercise routine with Richard Simmons, Jane Adams or Curtis Adams!

Gentle Yoga**Mondays, 10:00 - 11:00 am****Sept. 11 - Oct. 30****\$48 / 8 weeks****Nov. 6 - Dec. 18****\$42 / 7 weeks****Mondays, 1:00 - 2:00 pm****Sept. 11 - Oct. 30****\$48 / 8 weeks****Nov. 6 - Dec. 18****\$42 / 7 weeks****Thursdays, 1:00 - 2:00 pm*****Sept. 14 - Nov. 2****\$48 / 8 weeks****Nov. 9 - Dec. 21****\$36 / 6 weeks**

No class Nov. 23

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please preregister. Instructor Noreen Daly.

**Please note, there is no Thursday morning Gentle Yoga class in the fall.*

Tai Chi Chen Style with Han**Thursdays, 9:15 - 10:00am****Sept. 7 - Nov. 30****\$56 / 8 weeks** No class Nov. 23

Tai Chi Basic exercises are for beginner and continuing students. The class will include Tai Chi warm-up, gentle stretching, Tai Chi walking and silk reeling, and section one of Chen Style Tai Chi old form.

Zumba Gold Toning®**Fridays, 12:00 - 1:00 pm****Drop-in, \$6 CASH ONLY**

Join Debbie as your instructor for a group class with lots of positive body movements. Wear comfortable clothing, athletic shoes and bring a bottle of water. On pleasant weather days the class is held outdoors. She will entertain you with her personality, get your blood pumping and teach you with the beat stomping music of Zumba routines. Beginners to advanced Zumba dancers are welcome, modifications can be made to keep students comfortable but remain involved. All abilities will gain health benefits. Weights are available for purchase with the instructor, but not required.



Fitness with Josh

All classes are drop-ins for \$10.00 each (cash only) and held at M/M Community Center (3500 Marias Ave.)

Josh has a B.S. in Kinesiology from Kansas State University. He can be found offering classes five days a week at the M/M Community Center. The beauty of these drop-in classes is no commitment if your schedule gets hectic and no worries about missing the first class then joining late into the session. However, the regular attendees are addicted and attend multiple classes a week!

All ages are welcome! Equipment is supplied. In pleasant weather, classes may be held outside so dress accordingly. **Questions?** Email Josh at GPCfitnessstudio@gmail.com.



Morning Warm Up

Monday and Friday, 9:30 - 10:00 am

Two sessions for \$10.00!

Start the day with a short 30-minute session to wake up the body. Josh helps you personalize your time by focusing on strength, mobility, cardio, and balance. Or work on all of them! This is an easy commitment since it is only 30 minutes.

Full Body Circuit (4 days a week)

Tuesday and Thursday, 8:30 - 9:30 am

Monday and Wednesday, 5:30 - 6:30 pm

A staple class to incorporate most of your major muscle groups in a variety of challenging ways. A great way to gain exposure to a wide variety of fitness styles. Josh tries to surprise class members with new and interesting things every round of reps. Josh introduces the challenges in a low-pressure context, always focusing on YOU! Perform at your optimum best!

Senior Circuit (5 days a week)

Monday - Friday, 10:00 - 11:00 am

A group class of loyal followers with a laid-back mentality. Everyone has limitations such as injuries from wear, tear, or mobility issues, but that doesn't mean we can't improve! Use Bosu balls, resistance bands, body weight static moves, and much more.

Stability & Balance

Tuesday and Thursday, 11:15 am - 12:15 pm

The focus of this class is conditioning your body to stabilize and move more effectively. Joints in the ankles, hips, and back are points of instability that can be strengthened through challenging movements and static holds.

Total Strength

Tuesday and Thursday, 6:30 pm - 7:30 pm

One hour dedicated to building strength in muscles, tendons, ligaments, and bones in our bodies. Kettle bells, dumbbells, weighted bars, and resistance bands are supplied. Get ready to look strong and feel better in your own skin!

Mat Work

Wednesday, 8:30 - 9:30 am

Excellent opportunity to become grounded using bodyweight strength, balance, flexibility, and mobility. Thick mats are provided.

Cardio & Core

Tuesday and Thursday, 5:30 - 6:30 pm

There are two major goals in this class: elevate your heart rate, and develop strength, mobility, and endurance in your core. Work is focused on abs, back, glutes, obliques, and hips. Improve your posture, reduce chronic back pain and build a healthier shape.



Garden Club

1st Mondays of each month, 7:00pm

Garden enthusiasts meet new friends, share ideas, attend lectures/workshops and social events! All are welcome. Dues are collected upon regular membership. For more information, contact Barb Bolton at brbolton88@gmail.com or 248-399-8545.

Garden Club Biannual Perennial Plant Exchange

Saturday, Sept. 23, 9:00 - 11:00 am

M/M Community Center

Bring labeled plants in containers to exchange with others. Plants are free to good homes and enjoy great conversations with other gardeners!

Golf at Royal Oak Golf Course

Coordinate your fall tee-times directly with the course at 3417 Don Soper Dr. Nine holes, carts available, practice putting area, affordable rates, beautiful 19th hole patio for a bite to eat and refreshments. Visit www.royaloakgc.com/ or call 248-554-0019 for more information.

Senior Coffee Group

Wednesdays, 1:00 - 2:30 pm

Affirmations Community Center

290 W. 9 Mile in Ferndale

Fridays, 1:00 - 2:30 pm

M/M Senior Community Center

3500 Marais in Royal Oak

A discussion and networking group for LGBTQ+ community ages 45 and over. The twice-weekly meetings are open to any discussion topics brought by those who attend. In addition, various social outings and potlucks are held throughout the year. Full vaccination is required to attend, and masks are currently optional in the meetings except when drinking (non-alcoholic) beverages.

Drop-In Sports at the Salter Center

Pickleball

Pickleball has moved outdoors for May through October at Whittier and Upton Parks. Courts are open daily from 9:00 am to 8:00 pm.

Visit www.southeastmichiganpba.com for lessons, leagues, mixers, and court locations.



Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.



Drop-In Pinochle

Wednesdays & Fridays, 12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Senior Pilates

Tuesdays, 12:00 - 1:15 pm

August 29 - Oct. 17

SA2302

Oct. 24 - Dec. 19

SA2303

No class Nov. 7

Jan. 2 - Feb. 20

SA2301

\$36 / 8 weeks

Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor: Cherie Baugh, ACSM, Certified Fitness Instructor.

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Fall 1

Mondays: Sept. 11 - Oct. 30 SA6001

Wednesdays: Sept. 13 - Nov. 1 SA6002

Fridays: Sept. 15 - Nov. 3 SA6003

\$48 / 8 weeks

Fall 2

Mondays: Nov. 6 - Dec. 18 SA6004

Wednesdays: Nov. 8 - Dec. 20 SA6005

\$42 / 7 weeks

Fridays: Nov. 10 - Dec. 22 SA6006

\$36 / 6 weeks *No class Nov. 24*

Drop-in any Monday, Wednesday or Friday for \$6 per class.

Drop-ins available Sept. 11 - Dec. 22.

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Yoga

Tuesdays, 1:30 - 2:30 pm

August 29 - Oct. 17

SA2322

Oct. 24 - Dec. 19

SA2333

No class Nov. 7

Jan. 2 - Feb. 20

SA2344

\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase strength, flexibility, alignment and balance. Instructor - Cherie Baugh. Preregister.



R.O.S.E.S. - Royal Oak Senior Essential Services

Are you in need of light home chores, minor repair work or temporary personal aid? If so, R.O.S.E.S. is here to assist! R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents aged 62 and older and qualify for subsidy. You must live in your own home – alone, with a spouse, or with a disabled adult child. Seniors living with able-bodied adult children do not qualify for the subsidy assistance. However, R.O.S.E.S. will provide those who don't qualify for subsidy with service referrals, if requested.

To determine if you qualify, please submit a copy of either your most recent Home Heating Credit, Michigan Homestead Property Tax Credit, or your Individual Income Tax Return form. If you live in one of the senior high rises, you will need to submit the HUD Tenant Eligibility & Rent Procedures Form. The following subsidy scale will apply:

Income-One	Income-Two	Rate/ Hour
Below \$18,800	Below \$21,500	\$3
\$18,801-\$31,350	\$21,501-\$35,800	\$5
\$31,351-\$50,150	\$35,801-\$57,300	\$7

- Home Chores
- Home Repairs
- Personal Care

This service is sponsored by the City of Royal Oak. For questions and concerns, contact a R.O.S.E.S. specialist Monday-Friday at 248-246-3919.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Hospital, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The M/M Community Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at 248-246-3917.

Alzheimer's Association Caregiver Support Group

1st Mondays, 3:00 pm FREE

May 1, June 5, July 3, August 7

Facilitator - Theresa Neu

Alzheimer's Association caregiver support groups, conducted by trained facilitators, are a safe space for caregivers, family, and friends of persons with dementia to build support system with people who understand. It allows participants to exchange practical information on caregiving challenges and possible solutions, talk through issues and ways of coping, share feelings, needs and concerns, as well as learn about community resources. The support group meets each month to encourage caregivers to maintain their own personal, physical, and emotional health, as well as optimally care for the person with dementia.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Low Vision and Blind Support Group

2nd Thursday, 10:00 am FREE

Sept. 14, Oct. 12, Nov. 9, Dec. 14

Royal Oak Senior Community Center offers a Low Vision and Blind Support Group, **hosted by Henry Ford Health and the Detroit Institute of Ophthalmology.**

Through support groups, the Detroit Institute of Ophthalmology seeks to help those who suffer from vision loss by providing a comfortable environment to discuss the successes and challenges of living fully with visual impairment. Attendees will engage in open discussion and will hear from speakers on a variety of topics.

Preregistration is required. Contact Ashley Livshiz, Support Group Coordinator, at 313-936-1969.

PAL (Positive Attitude Living) Fridays, 10:30 am FREE

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Grief Support – Living On

Hosted by Hospice of Michigan

1st and 3rd Fridays, 10:30 - 11:30 am

Sept. 1 (tentative; call first) and 15,

Oct. 6 & 20, Nov. 3 & 17, Dec. 1 & 15

Living On is a series of ongoing groups where grief and loss topics are addressed as they arise, depending on the interests of those attending the group. The focus of this group is to express feelings and experiences related to the loss in a supportive caring and non-judgmental environment.

Registration required. Contact Cindy Palmer, Grief Counselor, at 248-334-1323 or email cpalmer@hom.org.

Legal Consultations

3rd Wednesday No Fee

May 17, June 21, July 19, August 16

By appointment only

Soren Andersen has completed 40 years of law practice. Most of those years have been as a sole practitioner private attorney. His practice included consumer and small business issues, debtors' rights and creditors remedies, real estate transactions, probate administration, and estate planning. Provided free 20-minute consultations to Senior Citizens. Consultations will be in person. A fee will be charged for additional services. Please call ahead to register.

Medicare/Medicaid Assistance Program

MMAAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

Tim's Kitchen

The current month's meal calendar will be available in the *Times* Newsletter and online at romi.gov. Menu is subject to change without notice due to availability. All meals are \$5.00 each and payment is due upon placing order either by phone with a credit card OR in person with cash, credit card or check. Ordering DEADLINE is by 11:30am THREE BUSINESS DAYS PRIOR to the date you want to purchase. Closure may affect cut off dates. There is no same-day purchase, punch cards, or walk-ins. DINE IN ORDERS CANNOT BE CHANGED TO CARRY-OUT. Carry-out lunches will be refrigerated in compliance with food safety protocols. There are NO REFUNDS if you are not able to come in to eat or pick up your lunch.

Meals on Wheels

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Western Oakland Meals on Wheels at 248-223-9160 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults with permanent disabilities. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. You are limited to six grocery bags and must handle them yourself. **Call 248-246-3914 between the hours of 9:30 am-12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. Be ready for your pickup 15 minutes before and after your scheduled time. Drivers cannot always accommodate exact scheduled times. All buses are equipped with lifts. Prepaid tickets are available: \$19 /5 round-trip tickets and \$14 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.

Rentals at M/M Community Center*

3500 Marais Ave., Royal Oak, MI 48073

Rentals require a **\$200 security deposit** which will be returned after the event or meeting if the room is left in the same condition it was given to the group – this includes taking trash to the dumpster, sweeping tiled floors, arranging tables and chairs as they were upon arrival. Rentals are Monday - Saturday based on availability. Sorry, no Sundays. Bookings by phone only: 248-246-3900.

Your deposit holds the room and time of your event. **Full payment is taken at booking.** Cancellations are allowed 48 hours in advance for a full refund. After 48 hours, the deposit will be forfeited. (No alcohol, no bounce houses.)

	Per Hour (w/o food)	Per Hour (w/ food)	Fire Code Occupancy	Room Details
Lounge (608 sq ft)	\$25	N/A	12 -just meeting space	Couches & armchairs
Billiards (1088 sq ft)	\$25	N/A	20 - just meeting space	Rectangular tables; pool tables not for use by renters
Room 1 (400 sq ft)	\$30	\$35	20 chairs with tables/ 25 tables	Rectangular boardroom tables; mounted TV; DVD
Room 2 (416 sq ft)	\$40	\$45	20	Pull-down screen for projector
Room 3 (638 sq ft)	\$40	\$45	43	Plain wall for use of projector; grease board
Rooms 4 & 5 (4416 sq ft)	\$50	\$60	120 chairs & tables + add'l 170 chairs	Wall of windows; 12 ft ceiling; tile floor; 13-5' x 6' oval tables; plastic chairs
Room 6 (1034 sq ft)	\$45	N/A	80 chairs + add'l 100 chairs	Card tables; plastic chairs; 12 ft ceiling
Room 7 (280 sq ft)	\$20	\$30	12	Square tables; chairs
Rooms 8 & 9 (1040 sq ft)	\$40	\$50	40	Rectangular tables; two sinks w/ Formica tops
Patio (2275 sq ft)	\$25	\$35	N/A	Cement pavers; tree-lined
Parking Lot (128 spaces)	\$75 per hr	\$75 per hr	N/A	Call for details; must provide own Limited Liability insurance

* Remodeling of the M/M Community Center may alter room sizes and rates when complete. Please call in early fall for updates.

Mayor

Michael Fournier

Melanie Macey, Mayor Pro Tem
Sharlan Douglas

City Commission

Kyle DuBuc
Monica Hunt

Brandon Kolo
Pat Paruch

Residents Can Help Make Leaf Collection Go Smoothly

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

No Street Parking

Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to **park their cars off the streets** because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It's important to be considerate of your neighbors. A parked car left on the street doesn't just affect one house. The trucks have to go around and sometimes they can't pick up the neighbors' leaves. Temporary no-parking signs are available at the DPS office at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am - 4:00 pm.

When

Schedules are available at the DPS, on Cable Comcast (channel 17) and WOW (channel 10), and on the city's web page, www.romi.gov. Schedules and updates are also available by calling the DPS during business hours, Monday-Friday, 7:30 am - 4:00 pm, at 248-246-3300 and selecting option 2 then option 1.

Please Help

Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

Where They Go

Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority's (SOCRRA) compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

Other Ways of Disposal

Leaves or any soft yard waste including woody material up to 2" in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags. They will be picked up on your regular rubbish day (until the third week of December) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

Reminders:

- Residents are requested to rake leaves into the edge of the roadway in windrows.
- Do not make the piles larger than 3 feet high and 4 feet wide.
- Please keep all sticks, rocks and other debris out of leaf piles.
- Do not park your car on or near the leaves (Trucks need at least a "house length" after a parked car to get near the curb.)
- It is important not to wait until your scheduled day to rake out your leaves. Do not rake leaves just ahead of the crews and expect them to wait for you.
- If by chance the City does run ahead of schedule, a truck will be by on your scheduled day.
- Residents may call the DPS at 248-246-3300, option 2 then option 1, to get any updates.
- Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City's control.
- Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

After Leaf Pickup

Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After the third week of December, leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 4, 2024 or residents will be allowed to take a limited number of bags to SOCRRA between December 18, 2023 and March 30, 2024 for disposal. Please call (248) 288-5150 for more information.



Tentative 2023 Fall Curbside Leaf Collection Schedule

Residents should note that schedules are **subject to change** due to weather conditions, mechanical breakdowns or other factors beyond the City's control. If collections are **ahead of schedule**, a truck will be down your street on the scheduled day of pickup. **Please note clear/colored plastic bags are no longer acceptable for yard waste, including leaves. Please use the appropriate container.**

WEEK 1

10/30/23 11 Mile to 12 Mile – Woodward to Main
 10/31/23 11 Mile to 12 Mile – Main to Campbell
 11/01/23 Lincoln to 11 Mile – Woodward to Campbell
 11/02/23 10 Mile to Lincoln – West City Limits to Campbell
 11/03/23 10 Mile to 12 Mile – Campbell to Stephenson

WEEK 2

11/06/23 12 Mile to 13 Mile – Main to Campbell
 11/07/23 13 Mile to North City Limits – Main to Campbell
 11/08/23 12 Mile to 13 Mile – Crooks to Main
 11/09/23 12 Mile to 13 Mile – Woodward to Crooks
 11/10/23 13 Mile to Normandy – Woodward to Main
 11/11/23 Webster to Normandy – Greenfield to Woodward (**Sat.**)

WEEK 3

11/13/23 Normandy to North City Limits – Greenfield to Crooks
 11/14/23 Catalpa to 12 Mile – Woodward to Main
 11/15/23 11 Mile to Catalpa – Woodward to Main
 11/16/23 11 Mile to Gardenia – Main to Campbell
 11/17/23 Gardenia to 12 Mile – Main to Campbell **and**
 11 Mile to 12 Mile – Campbell to Stephenson

WEEK 4

11/20/23 10 Mile to 11 Mile – West City Limits to Main
 11/21/23 Lincoln to 11 Mile – Main to Campbell
 11/22/23 10 Mile to 11 Mile – Campbell to Stephenson
11/23/23 HAPPY THANKSGIVING - No collection
 11/24/23 10 Mile to Lincoln – Main to Campbell

WEEK 5

11/27/23 12 Mile to 13 Mile – Rochester to Campbell
 11/28/23 12 Mile to North City Limits – Main to Rochester
 11/29/23 12 Mile to 13 Mile – Crooks to Main
 11/30/23 12 Mile to Webster – Woodward to Crooks
 12/01/23 Webster to 13 Mile – Greenfield to Crooks

WEEK 6

12/04/23 13 Mile to 14 Mile – Greenfield to Woodward
 12/05/23 13 Mile to 14 Mile – Woodward to Coolidge
 12/06/23 Normandy to North City Limits – Coolidge to Crooks
 12/07/23 13 Mile to Normandy – Coolidge to Main
 12/08/23 13 Mile to North City Limits – Rochester to Campbell

Every attempt will be made to make a third pick up, however this is **strictly dependent upon the weather**. After December 15, 2023 leaves and yard waste will **NOT** be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 4, 2024 or residents will be allowed to take a limited number of bags to SOCRRA between December 18, 2023 and March 30, 2024 for disposal. Please call (248) 288-5150 for more information.

Is the water in your home delivered by a lead or galvanized steel service line?



Because ingestion of lead is known to be hazardous to health, the Department of Public Services is committed to finding and removing all lead/galvanized water services connected to the city's water system. In that effort, DPS staff is reviewing its records to determine the material type at each home. Our records, however, only indicate what material was used on the publicly-owned portion of the water line – typically between the property line and the water main. The other section of

pipe – often referred to as the 'private side' of the water service, was installed with the construction of the home and choice of water line materials was that of the contractor and/or homeowner. Our records do not reliably indicate what materials were used on the privately-owned portion. That's where you come in.

If you **know** that the water service pipe coming into your home is made of lead and/or galvanized steel, please tell us about it. And if you'd like to be included in a future replacement project, visit **www.romi.gov/gettheleadout** to learn about the program and to get on the replacement list.

Lead and/or galvanized service lines will be replaced at no cost to the homeowner.

For more information on reducing exposure to lead from drinking water, visit **www.michigan.gov/mileadsafe**.



Road Millage Renewal Ballot Proposal

To update major roadways in the City of Royal Oak, there will be a proposal on the November 2023 ballot to renew the 2015-2024 road millage for another 10 years.

The road millage renewal is 2.5-mills, which will begin in 2025 and end in 2034, and will focus on major roadways, including Catalpa Drive, N. Main Street and 11 Mile Road, among others. In addition to major roadways, funding from this millage will be set aside each year to continue maintenance work on local roads and sidewalks. A full list of major roadways can be found at: romi.gov/roadmillagerenewal.

With the 2.5-mill renewal, Royal Oak will improve approximately 33.6 miles of major roadways. The City plans to resurface an average of 3 miles of major roads each year, which costs, on average, \$7.6M. Additionally, the City will spend roughly \$550,000 to \$2M on local roads and roughly \$1M on sidewalks each year.

Typically, road improvements are funded through state and federal grants. Based on previous grant funding allocations the city has received, it would take more than 25 years to repair the 33.6 miles of major roadways. With the local funding through the proposed millage it will take approximately 10 years.

Current funding for major roads includes:

1. **Act 51 Funding:** Funded through vehicle registration fees and fuel tax, these funds are guaranteed annually and distributed to all communities in Michigan. Royal Oak receives approximately \$5.5M per year, of which about half is used for maintenance activities including snow plowing, salting, pothole repairs, and traffic signals. The other half is used for capital improvements on roads to enhance the safety for vehicles, pedestrians, bicyclists, water supply systems, etc. This funding is typically used to improve roadways that would not qualify for typical grants such as Gardenia Avenue, Normandy Road, Lincoln Avenue, etc.
2. **Transportation Improvement Program (TIP) funding:** This program provides federal funding for road projects, and the distribution of funds to Royal Oak is administered by the Oakland County Federal Aid Committee (OCFAC). The OCFAC will receive \$31 - \$33M each year for road improvements across Oakland County, with approximately 70 percent directly awarded to the Road Commission for Oakland County. Communities in Oakland County apply for use of the remaining balance, which is approximately \$9 - \$10M per year. Royal Oak has been awarded funding for roughly 1 to 1.5 miles of road work each year for 2023 to 2027. Part of the ranking process to win funding is based on roadway traffic volumes and truck traffic, and many of the lower volume major roads in Royal Oak cannot compete with other communities because of this requirement.
3. **Infrastructure Investment and Jobs Act (IIJA):** Of the \$550 billion in new spending, approximately \$110 billion is assigned for roads and bridges. This funding is allocated to the various federal aid communities, including the OCFAC, which resulted in roughly 10.5 percent more funding for the TIP in 2023 - 2026. The IIJA has allowed for a few additional projects to be awarded through the TIP process, and as noted above, Royal Oak has a TIP project programmed for each year through 2027.

With the approximate \$7M in funding each year from the millage, and roughly \$2.5M from Act 51 funding, Royal Oak would have a budget of approximately \$9.5M per year to dedicate to roadway enhancements.

The current millage, which is nearing completion (2015 - 2024), funded improvements on 163.5 miles of the city's local and residential streets.

FAQ

How much will the 2.5-mill cost property owners annually?

2.5-mill equals \$2.50 for every \$1,000 of the assessed value of the property, which is used to calculate the amount of property tax. For example, a home with a taxable value of \$100,000 would pay \$250 for the road millage portion of your taxes each year. Use the millage calculator to determine your cost: romi.gov/1748/Road-Millage-Renewal-2025-2034.

How long has it been since the roads (that are part of the millage) have been repaired?

Based on available records (that go back to the 1990s), many of these streets have not been improved for more than 20 years.

If the millage renewal is not approved, how will road repairs be funded, and how long would it take to repair the more than 30 miles of roadway?

Road funding comes from Act 51 funding (guaranteed), TIP funding (competitive grant process), and miscellaneous grant opportunities that could arise. With the funds from the road millage, Act 51 and TIP, it will take approximately 10 years. Without the road millage it will take over 25 years to complete.

What roads will be improved and when?

A preliminary schedule for major road improvements is mapped at the following link: romi.gov/roadmillagerenewal. The schedule was outlined based partly on geography to avoid significant construction congestion. The city also used PASER (romi.gov/224/Road-Performance-Dashboard) ratings to help determine the priority of streets.

What work will be performed if the millage is renewed?

The proposed major road projects are primarily asphalt resurfacing improvements with varying amounts of curb replacement. Some of the concrete roads are proposed to either be fully reconstructed or patched. Projects would incorporate green infrastructure where feasible. Roads that have been recently improved are also shown on the map, which can be viewed here: romi.gov/roadmillagerenewal, and these roads would continue to be joint sealed to extend their pavement life.

The city also plans to continue maintenance and upgrades on local roads and to perform sidewalk ramp upgrades to install ADA-compliant ramps.

Once the current 6-year sidewalk program is complete in 2026, the city would also plan to use the millage funds to continue cyclical sidewalk maintenance repairs throughout the city for the remaining years of the millage.



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to help qualified homeowners repair their homes. The Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs. Eligible applicants must be the owner and occupant of a single-family home in the City of Royal Oak with a household income within the established guidelines.

INSTALLMENT LOANS/FORGIVABLE LOANS: Regular monthly installment loans up to \$50,000 with 0% interest require applicants to be the owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$50,150	4	\$71,600
2	\$57,300	5	\$77,350
3	\$64,450	6	\$83,100

DEFERRED LOANS: Homeowners may be eligible for a deferred loan up to \$50,000. These loans have a interest rate of 3%, interest starts when payment begins. The loan becomes due for a period of time as determined by the Loan Committee. Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$31,350	4	\$44,750
2	\$35,800	5	\$48,350
3	\$40,300	6	\$51,950

Forgivable loans are available for qualified exterior work up to \$15,000, the income qualification is the same as the installment loan.

The City assists determining the work necessary to selecting a contractor. Applicants are not required to put money down or pay fees usually charged by private lenders. Mortgages and Liens are placed on the property.

Home improvements are to correct health and safety violations, provide for structural preservation, energy conservation or handicapped access. The program is also equipped to address lead-based paint hazards. These are some eligible improvements:

ROOF	PLUMBING/SEWER
SIDING	FURNACE/ AIR CONDITIONING
WINDOWS	ELECTRICAL UPDATE
INSULATION	KITCHEN UPDATE
PORCH REPAIR	BATHROOM UPDATE
DRIVEWAY	BASEMENT WATERPROOFING

The City maintains a list of qualified general contractors who are responsible for all of the trades involved in residential construction. The program will provide a loan or grant up to the amount of the lowest, viable bid.

For more information call (248) 246-3292 or visit www.romi.gov

Non-English speaking or hearing impaired and disabled persons wishing to arrange translation or interpretive services may inform the City Clerk's Office. The City Clerk may be reached at (248) 246-3050 or (248) 246-3010 for telecommunications device for the Deaf (TDD).

At Your Service

Emergency Calls Only Police, Fire & Ambulance	911
General Information	248-246-3000
Animal Complaint	248-246-3500
Animal Shelter 1515 N. Edgeworth.	248-548-3058
Assessor	248-246-3110
Building Inspection	248-246-3210
Building Inspection Requests	248-246-3234
Building Inspection Fax	248-246-3006
Cable TV (WROK) 203 S. Troy St.....	248-246-3040
Questions regarding Comcast	800-934-6489
Questions regarding WOW	866-496-9669
City Attorney	248-246-3240
City Clerk	248-246-3050
City Manager	248-246-3200
Code Enforcement	248-246-3210
Code Enforcement 24-hour Hotline	248-246-3238
44th District Court	248-246-3600
Probation, 400 E. 11 Mile	248-246-3670
Engineering	248-246-3260
Farmers Market 316 E. 11 Mile.....	248-246-3276
Finance	248-246-3030
Fire Department 215 E. Sixth St.	
Emergency	911
Non-Emergency.....	248-246-3800
Fire Prevention Bureau	248-246-3810
Housing Assistance - Rehabilitation Loans	248-246-3130
Human Resources	248-246-3070
Ice Arena 1403 Lexington Blvd.....	248-246-3950
Information Systems	248-246-3080
Landlord Licensing Program	248-246-3210
Library 222 E. 11 Mile Rd.	248-246-3700
Mahany-Meininger Sr./Community Center 3500 Marais.....	248-246-3900
Mayor	248-246-3200
Orson Starr House 3123 N. Main St.....	248-588-0170
Parks & Forestry	248-246-3300
Planning & Zoning	248-246-3280
Police Department 450 E. 11 Mile Rd.	
Emergency	911
Non-Emergency.....	248-246-3500
Community Policing.....	248-246-3524
Detective Division	248-246-3515
Record Division	248-246-3530
Snow Emergency Announcement	248-246-3442
Public Service Department 1600 N. Campbell	
Highway Maintenance	248-246-3300
Parks & Forestry.....	248-246-3300
Recycling & Refuse Collection	248-246-3300
Sewer Maintenance	248-246-3300
Water Maintenance	248-246-3300
Emergencies between 4:00 pm - 7:30 am & weekends	248-246-3500
Purchasing	248-246-3030
Recreation 1600 N. Campbell.....	248-246-3180
Royal Oak Golf Course 3417 Don Soper Dr.	248-554-0019
Salter Community Center 1545 E. Lincoln.....	248-246-3180
Senior Citizen Programs 3500 Marais	248-246-3900
Street Lighting Outage - DTE Energy	800-477-4747
TDD (Hearing Impaired)	248-246-3010
Treasurer	248-246-3140
Voter Registration	248-246-3050
Water Bills	248-246-3160
Youth Assistance 1601 N. Campbell.....	248-546-8282
Website	www.romi.gov



Memorial Trees

Want a great way to honor someone you care about? Grandparents you can plant a tree in a Royal Oak park for your grandchildren and watch them grow together. How can you do this? Consider purchasing a Memorial Tree. Planting and a wooden stand (which will be installed flush to the ground next to the tree) is included with the purchase of your Memorial Tree (you would need to purchase the plaque and install yourself). Please call the Department of Public Service at 248-246-3300 to be added to the spring sale list to receive a form that will be mailed in January. There are several species of trees to choose from and they vary from year to year as does the cost. Memorial Trees are planted in any City park of your choosing, unless the arborist feels it won't survive, then an alternate sight is chosen. What a wonderful way to honor a loved one for years to come.



Reporting Streetlight Outages

The City of Royal Oak continues to work with DTE Energy to expedite the repair and maintenance of streetlight outages, please call the City of Royal Oak Department of Public Service at 248-246-3300, Monday - Friday, 7:30 am - 4:00 pm with the following information:

1. The specific streetlight location (i.e. the nearest cross streets, nearby address, etc.).
2. Whether the pole is wooden or metal.
3. The streetlight pole number (if possible).
4. Details about the outage (i.e. light out, light turns on and off, light stays on during the day, etc.)

Please be aware that DTE policy allows a two-week response time once the problem has been reported to DTE. In cases where a pole has been knocked down or if there is any other emergency, please call DTE Energy at 800-477-4747.

Refuse and Recycling Directory

Department of Public Services (DPS)..... 248-246-3300
(Calls regarding garbage and recycling pickups)

SOCRRA MRF/Drop-off Center 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive and household batteries; paperback and hardcover books; all paper (except carbon); used clothing; screw-off lids/caps; styrofoam (no peanuts).

Please visit www.socrra.org/recycling-drop-off for accepted drop-off recyclables.

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Monday-Friday, 8:00 am -3:00 pm; Saturday, check website for limited hours.

BY APPOINTMENT ONLY. Visit socrra.org for more information.

Hazardous Waste – To dispose of: automotive products, lawn/garden products, cleaning products, fluorescent light bulbs, insulin syringes (in rigid container), oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned. NOT ACCEPTED: unlabeled containers with unknown contents, radioactive, explosives or hazardous waste from businesses.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc. **Residents must remove sensitive or personal information from ALL devices.**

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; newspaper; magazines, catalogs, paper, mail, paperback books, food/beverage/drink/juice boxes, paper cups; phone books; (flattened) corrugated cardboard; paperboard. Place everything loose in recycling bin/toter and set at curb on refuse day before 7:00 am. Material cannot stick out of the toter/bin.

No styrofoam or batteries at curb. These items must be dropped off at SOCRRA by appointment.

Regular Refuse – Put household materials in the blue 64 gallon city issued trash can. You may continue to use 20 to 32 gallon containers (max. size) or in 20 to 30 gallon plastic bags. Put all trash at curb by 7:00 am. Non-city issued cans and bags cannot weigh over 40 lbs. Containers under 20 gallons will be considered expendable and may be thrown out with the trash. **Yard waste cannot be mixed with trash at any time due to state law.**

Yard Waste – Picked up curbside from April 1 through third week of December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 50 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash after third week of December to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb by 7:00 am of refuse day until third week of December. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact a private tree company (the city's recommended chipping contractor is JH Hart, 586-795-5581).

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid and mark as broken glass. Put with regular refuse NOT in recycling bin/toter.

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side (state law).

Carpeting & Padding – Roll and securely tie no longer than 4' in length and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for more info.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, engines, transmissions, rear axles, construction items, loose items such as bricks or concrete (even if it's attached to something). These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



Dispose of Hazardous Materials Year-Round

Is your basement or garage filled with unwanted chemicals, paints and other hazardous materials? According to the Environmental Protection Agency, the average home can accumulate as much as 100 pounds of HHW (Household Hazardous Waste) in the basement, garage and storage closets!

Drop Off Hours:

Monday - Friday: 8:00 am - 3:00 pm

Saturday: Check socrra.org for limited Saturday hours

APPOINTMENT REQUIRED.

What is Household Hazardous Waste?

Many common household products can pose a hazard to human health, groundwater and the environment if they are not handled properly for disposal. Placing items such as paint, automotive products, car batteries, pesticides and more in our trash is NOT the most environmentally sound way to get rid of them.

HOUSEHOLD HAZARDOUS WASTE: Items collected through the program include toner and ink jet cartridges, paints, solvents, garden chemicals, household cleaners, insulin syringes (in rigid containers), medications (in unmarked zip-top baggies), most automotive products, large amounts of cooking oil, rechargeable batteries and compact fluorescent light bulbs. Please note: containers should be clearly marked and will NOT be returned. SOCRRRA may refuse if containers are unlabeled, radioactive, explosive or from a business. For a complete list, please visit www.socrra.org – **APPOINTMENT REQUIRED.**

ELECTRONIC EQUIPMENT is also collected through this program. SOCRRRA accepts computer monitors, CPUs, printers, TVs (no wooden TV cabinets) radios, telephones, cell phones, copy machines, fax machines, stereos, VCR/DVD/CD players. For a complete list please visit www.socrra.org.

Please note: residents must remove sensitive or personal information from ALL devices.
APPOINTMENT REQUIRED.



As a member of SOCRRRA, the regional recycling authority, Royal Oak residents may take advantage of these programs offered daily, year-round. The collection site is located at 995 Coolidge (about 1/4 mile north of 14 Mile, across from the Meijer gas station). This program offers residents a convenient and effective means of disposing of those materials that should not be placed in the trash.



What's Lost in a Leak?

Water is Precious – Use It But Don't Waste It

One of the more common causes of water waste is the leaky faucet. Though it can be seen, the amount of water that can be wasted by such a leak is seldom appreciated. Toilet leaks are common too, and they are a little more difficult to detect. The escape of water from tank to bowl is often so slow that the movement of the water is not discernable. A quick check can be made by dumping some laundry bluing in the tank after it has filled and become quiet, and watching for its appearance in the bowl. Even if no leak is detected, the test should be repeated, as such leaks are often intermittent.

Outside the house, too, leaks often remain undetected because the water they waste soaks into the ground. Outside fixtures or underground pipes are often guilty of such undetectable leaks, as are garden hoses and similar equipment when left attached.

If you have reason to suspect a leak, your meter furnishes you with an excellent checking device. To make a leak test, turn off all faucets and other water outlets, and keep watch on the hand of the one-cubic-foot or a flashlight on the meter face for ten or fifteen minutes. If the hand continues to move or there is water use recorded on the meter face, you will know there is a leak. You can measure the size of the leak by timing the hand or taking a timed beginning and ending reading from the meter to see how long it takes to waste a given quantity. If a hidden leak is indicated, call your plumber immediately. You will save money by having the wasted water stopped at once. If the leak is wasting a considerable quantity, you may want to consider shutting off the water at the meter while you are waiting for repairs.



1/32" leak wastes 25 gallons in 24 hours





Help Protect Our Environment: Keep Drains Clear of Fat, Oil & Grease (FOG) and Flushable Wipes (FW)

Fat, oil and grease (FOG) and Flushable Wipes (FW) in sewer pipes can create severe pollution and sewer problems in our City. FOG & FW enters sewer pipes through restaurant, residential and commercial drains. Once in the sewer, FOG sticks to the pipes and thickens which can build up and eventually block the entire pipe. FW can easily get stuck on FOG and other items within the sewer pipe compounding the problem. Blockages can send sewage backward – out of manholes into streets, rivers or into homes.

Impact of FOG & FW

Preventing sewer backups from FOG & FW blockages saves residents money and protects the environment. When sewer pipes on private property back up, the homeowner is responsible for the cleanup. If you regularly pour grease or FW down the drain, it will form a blockage in the sewer pipe which then backs up through floor drains, toilets and/or at the lowest point in the house. A plumber will have to be hired to clean the sewer and possibly repair plumbing inside the home.

Sources of FOG

Fat, oil and grease are by-products of cooking found in: food scraps, meat fats, lard, cooking oil, butter, margarine or shortening, etc.

“Flushable” Products

Wet wipes, which are used for everything from wiping babies’ bottoms to removing makeup to quick house cleaning are labeled “flushable.” The problem is they’re really not ~ at least not the way toilet paper is. They may be flushable, but they are not biodegradable (like toilet paper) and are clogging sewer systems across the state and country. The phenomenon, which local officials call ragging, is causing major clogging problems. All it takes is one wipe to catch on a tree root or any other debris in the sewer system and then wipes or other items pile on each other causing a blockage. If residents think “out of sight, out of mind, it’s not my problem” they are mistaken. If a main sewer line gets dammed by a pile of wipes, then eventually it will back up into private sewer lines which will cause a back-up in people’s homes.

Unfortunately, the most frequently found items in sewer systems are paper towels/napkins, baby wipes, feminine hygiene products and household wipes which don’t deteriorate like toilet paper does. The only items that should be flushed is toilet paper and human waste; please throw everything else in the garbage.

Keep Drains Clear by Following These Tips

1. Pour or scrape greasy or oily food waste into a container or jar.
2. Allow grease to cool/freeze in a container before throwing in the trash.
3. Mix liquid vegetable oil with an absorbent material such as cat litter or coffee grounds in a sealable container before throwing in the trash.
4. Keep drains clean by pouring ½ cup baking soda down the drain followed by ½ cup vinegar. Wait 10 – 15 minutes and then rinse with hot water.
5. Do not put any flushable products down the drain, please throw in the trash.

Drinking Water: We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner’s sewer line, it is the homeowner’s responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City’s website at www.romi.gov.

Residential Cross Connection Control Program

The City of Royal Oak is required under Public Act 399, Part 14, to maintain a cross connection control program to identify and eliminate any possible connections that could contaminate the public water system.

To fully comply with this state mandate, the city has contracted with HydroCorp of Troy, MI to assist with facilitating a Cross Connection Control Program.

Inspectors from HydroCorp will be in Royal Oak neighborhoods reviewing exteriors of homes for connections that could possibly contaminate the water distribution system. A typical site visit lasts approximately five minutes and the inspector will be looking at exterior garden hose connections, lawn sprinkler systems, and any other water sources.

There are no fees for the inspection; however, in circumstances where cross connections exist, any costs associated with the replacement, modification, installation and/or testing of backflow prevention assemblies remain the obligation of the homeowner.

The city’s website has answers to frequently asked questions regarding the Cross Connection Control Program at www.romi.gov/cccp. Informational brochures may also be picked up at the Royal Oak Public Library and at City Hall.

Additionally, residents may call HydroCorp directly at 1-800-690-6651 or email residential@hydrocorpinc.com. You can visit HydroCorp’s website at www.hydrocorpinc.com/resources/faq.

City Clerk's Office

Boards and Committees

Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line at www.romi.gov/308/Commissions-Boards-Committees or visit the city clerk's office for an application.

Dog Licenses

Dog Licenses are available in the clerk's office. All dogs must be licensed by their owner (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three-year license is \$20 for dogs that are spayed or neutered. A three-year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses. You may now apply for dog licenses online at www.romi.gov/179/Licensing-Dogs

Mark Twain Dog Park FOBS

Dog Park applications are available on our website at www.romi.gov/542/Dog-Park-Membership-Renewal or in person at the city clerk's office. The application and waiver must be filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordetella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.

Upcoming Elections

We have one election scheduled for this year to be held on **Tuesday, November 7, 2023**. If you are interested in serving as an election inspector, please send an email to cityclerkvote@romi.gov to have an application emailed or mailed to you. Training is provided to all workers prior to election day.



Royal Oak
MASTER PLAN

planroyaloak.com

WE WANT TO HEAR FROM YOU!

The City of Royal Oak is in the process of developing a new Master Plan.

The Master Plan, which serves as the guiding policy document for development within the city, will be created during 2023 with a robust process of community engagement, technical analysis, and formulation of proposed policies. City leaders seek your participation and input throughout this planning effort.

Please visit planroyaloak.com for opportunities to participate!



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 40 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - Thanksgiving
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm, All year

Calendar of Events at the Market:

August

18 Thurs South Asian Food Festival (4:00 - 9:00 pm)

September

13 Wed **Food Truck Rally & Community Wellness Expo (4:00 - 8:00 pm)**

30 Sat Margarita Fest (6:00 - 10:00 pm)

October

4 Wed Senior Expo (10:00 am - 1:00 pm)

11 Wed **Food Truck Rally (4:00 - 8:00 pm)**

26 Wed Rock Your World Psychic & Holistic Fair (3:00 - 9:00 pm)

November

11 Sat Royal Oak Vodka Fest (6:00 - 10:00 pm)

16 Thurs Royal Oak Art Fair (11:00 am-9:00 pm)

17 Fri Royal Oak Art Fair (11:00 am-9:00 pm)

30 Thurs **Holiday Magic Marketplace, Community Tree-Lighting & Visit with Santa (4:00 - 9:00 pm)**

December

9 Sat Whiskey and Wine (6:00 - 9:00 pm)



Like us on Facebook!



Royal Oak ENVIRONMENTAL ADVISORY BOARD

The Environmental Advisory Board makes recommendations to the city commission on all issues concerning city efforts related to energy waste reduction, air quality, water, waste, resilience, and/or other sustainability issues that improve quality of life and protect the environment.

The board meets on the fourth Wednesday of Sept., Oct., Nov., Jan., Feb., March, April, and May at 7:00 p.m. at the Mahany / Meininger Senior Center. Questions? **Email: roeab@romi.gov**



Royal Oak Environmental Advisory Board



@roenvironmental



roenvironmentalboard

Solarize Royal Oak

Interested in rooftop solar?



Solarize Royal Oak brings friends and neighbors together to learn about solar and participate in group buy-ins to save money! Visit **Solarize Royal Oak** (on Facebook) or email **roeab@romi.gov** for more details.



Check out the City's Sustainability Efforts Here:
www.romi.gov/sustainability



Royal Oak PUBLIC LIBRARY

Royal Oak Public Library News & Updates

The Royal Oak Public Library has a lot to offer! Take a look at our step-by-step instructions below to take advantage of these resources.

New Comic Book Database

Are you a comic book fan? Do you enjoy reading graphic novels? Look no further than our new database, ComicsPlus! ComicsPlus has thousands of comics and graphic novels to choose from, available to read on any of your devices. To access them:



1. Visit login.librarypass.com or download the **LibraryPass app** from the App Store or the Google Play Store.
2. Search for Royal Oak Public Library.
3. Enter your library card number and PIN (the default is the last 4 digits of your phone number)
4. Start reading!

The collection is for all ages, from early readers to adults. We are excited to offer this amazing collection to our community!

Checkout a Michigan Activity Pass (MAP)



The Michigan Activity Pass (MAP) is a statewide collaborative program between Michigan's public libraries and participating partner destinations. MAP provides Michigan library cardholders the opportunity to discover and learn more about participating cultural destinations, parks, campgrounds, and recreation areas in the state at a discounted rate. The program is designed to enhance the learning experience for people of all

ages through books and other library materials, and to provide reduced cost or complimentary access to arts and cultural organizations across the state of Michigan. Your library card can get you access to Michigan's finest parks, museums, and activities throughout the state.

Try it with 2 easy steps:

1. Visit miactivitypass.org
2. Choose your activity and date to get a pass!

Library Cards

You will notice that both Map and ComicsPlus require a library card. To learn more about what you need to apply, visit ropl.org/1053/Apply-for-a-Library-Card.

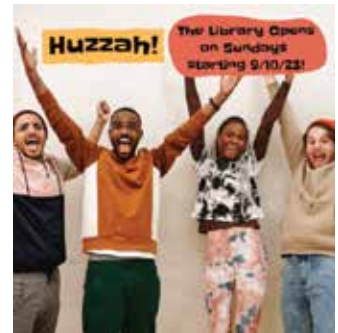


Royal Oak PUBLIC LIBRARY

222 E 11 Mile Road • Royal Oak, MI 48067
248.246.3700 • www.ropl.org

Open on Sundays Starting September 10

Just in time for the new school year, the library will re-open on Sundays starting on September 10. Hours are 1:00 - 5:00 pm.



Sign Up for Electronic Newsletters

A timely and convenient way to learn about what is happening at the Royal Oak Public Library as well as information about new book releases is through our electronic newsletters. We provide a variety of topics for different ages groups. Visit our website at ropl.org, hover over "I Want to..." and select "Sign Up for Our Monthly Newsletters."

3 TOURS. 2 PURPLE HEARTS. 1 EVICTION NOTICE.



When my landlord found out I had Post-Traumatic Stress Disorder (PTSD), I received an eviction notice. That's when I called HUD for help. If you feel that you've been discriminated against because of a mental or emotional injury or disability, report it to HUD or your local fair housing center.

Visit hud.gov/fairhousing or call the HUD Hotline **1-800-669-9777** (English/Español)

FAIR HOUSING IS YOUR RIGHT. USE IT!



A public service message from the U.S. Department of Housing and Urban Development in partnership with the National Fair Housing Alliance. The Federal Fair Housing Act prohibits discrimination because of race, color, religion, national origin, sex, familial status or disability. For more information, visit www.hud.gov/fairhousing.

City Of Royal Oak
203 S. Troy St., P.O. Box 64
Royal Oak, MI 48068-0064



PRSRT STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

2023 Fall Curbside Leaf Collection Schedule

Week 1

10/30/23 11 Mile to 12 Mile – Woodward to Main
10/31/23 11 Mile to 12 Mile – Main to Campbell
11/01/23 Lincoln to 11 Mile – Woodward to Campbell
11/02/23 10 Mile to Lincoln – West City Limits to Campbell
11/03/23 10 Mile to 12 Mile – Campbell to Stephenson

Week 2

11/06/23 12 Mile to 13 Mile – Main to Campbell
11/07/23 13 Mile to North City Limits – Main to Campbell
11/08/23 12 Mile to 13 Mile – Crooks to Main
11/09/23 12 Mile to 13 Mile – Woodward to Crooks
11/10/23 13 Mile to Normandy – Woodward to Main
11/11/23 Webster to Normandy – Greenfield to Woodward **(Sat.)**

Week 3

11/13/23 Normandy to North City Limits – Greenfield to Crooks
11/14/23 Catalpa to 12 Mile – Woodward to Main
11/15/23 11 Mile to Catalpa – Woodward to Main
11/16/23 11 Mile to Gardenia – Main to Campbell
11/17/23 Gardenia to 12 Mile – Main to Campbell **and**
11 Mile to 12 Mile – Campbell to Stephenson

Week 4

11/20/23 10 Mile to 11 Mile – West City Limits to Main
11/21/23 Lincoln to 11 Mile – Main to Campbell
11/22/23 10 Mile to 11 Mile – Campbell to Stephenson
11/23/23 HAPPY THANKSGIVING - No collection
11/24/23 10 Mile to Lincoln – Main to Campbell

Week 5

11/27/23 12 Mile to 13 Mile – Rochester to Campbell
11/28/23 12 Mile to North City Limits – Main to Rochester
11/29/23 12 Mile to 13 Mile – Crooks to Main
11/30/23 12 Mile to Webster – Woodward to Crooks
12/01/23 Webster to 13 Mile – Greenfield to Crooks

Week 6

12/04/23 13 Mile to 14 Mile – Greenfield to Woodward
12/05/23 13 Mile to 14 Mile – Woodward to Coolidge
12/06/23 Normandy to North City Limits – Coolidge to Crooks
12/07/23 13 Mile to Normandy – Coolidge to Main
12/08/23 13 Mile to North City Limits – Rochester to Campbell

See page 28 for more details.