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Register for Youth Dance!

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A COMMUNITY COLLABORATION:



Royal Oak RECREATION



Browse through the variety of programs offered for youth and adults.

Youth Dance

Appropriate levels of dance will be offered to students age 3 through teens. Students will work towards performing in a spring dance recital complete with costumes and lighting. **This year's Dance recital will be the afternoon of Saturday, May 6, 2017.** (Dress rehearsal will be Wednesday, May 3.) This complete school-year program will be offered in two sessions. You will receive a registration form for the second session by mail in early December. Classes are held at the Salter Community Center. Class sizes will be a minimum of 8 and a maximum of 16 dancers. **Classes will begin Monday, September 12, 2016. The second session starts January 9, 2017.**

Dance Payment schedule is as follows:

1st Session

Resident: \$75 (30 & 40 min. classes) / \$95 (55 min. class)

Non-Resident: \$80 (30 & 40 min. classes) / \$100 (55 min. class)

Payment due at Registration

Costume Deposit: \$30. Due week of Nov. 7, 2016 (pay instructor)

2nd Session

Resident: \$75 (30 & 40 min. classes) / \$95 (55 min. class)

Non-Resident: \$80 (30 & 40 min. classes) / \$100 (55 min. class)

Payment due by January 9, 2017

Costume Balance: Amount varies. Due early Feb. 2017 (pay instructor)

Note: Costume prices will range from \$50-\$65 each.

BOGO: Sign up for 2 classes, second (lowest priced) class half price (same dancer only).

Registration

Returning students: August 4 - 16

New students: Aug. 17 - Sept. 16

**You may register on-line, in-person, by mail, or fax
(see pages 14-15).**

On-line registration: www.royaloakrec.com



Class Descriptions

PRESCHOOL DANCE & PRESCHOOL TAP: Clapping and counting, singing and skipping, enjoying the music and making new friends, this is what our preschool classes are about. We work on improving large motor skills, listening to directions, learning to take turns and cooperating as a group. Learning and fun go together with these classes.

INTRO TO DANCE: K-2nd graders enjoy learning basic terminology, body positions and beginning dance combinations with music designed to be familiar and fun for their age group. This class covers ballet, stylized jazz, Broadway style song and dance, plus a little tap if you take a combo class.

BALLET: This class will build strength and improve student's technique with a ballet barre and center. Strength, grace and coordination are the ultimate goals for this class.

TAP: Traditional terms and rhythms. We will cover finding the beat, tapping along, counting the measures and adding some personality. This is a great class for all ages.

HIP HOP: Students will enjoy an energetic warm up, isolation and pop'n'lock hip hop moves, traditional jazz turns, jumps, floor work and progressions. We pay special attention to ensure that our music selection and choreography is appropriate for our students at each age level.

EXCEL: Students should have 3 years of dance training and be serious about working hard and improving. These classes move faster and the choreography is certainly challenging. The instructor will always have the final say as to a student's readiness for the level of class.



Youth Dance Class Schedule

Monday	Instructor: Miss Julia			
4:30 pm	Preschool Dance, 3 year olds	YD1006	30 min.	\$75
5:00 pm	Preschool Dance, 4 & 5 year olds	YD1007	40 min.	\$75
5:45 pm	*Intro to Dance/Tap Combo. K-2nd grade	YD1008	55 min.	\$95
6:45 pm	Hip Hop I, 1st-3rd grade	YD1009	40 min.	\$75
Tuesday	Instructor: Miss Stephanie			
5:00 pm	*Hip Hop /Tap Combo, 3rd grade & up	YD1010	55 min.	\$95
6:00 pm	Ballet, 3rd grade & up	YD1011	40 min.	\$75
6:45 pm	Excel, 5th grade & up	YD1012	55 min.	\$95
Wednesday	Instructor: Miss Robin			
9:30 am	Preschool Dance, 3 & 4 year olds	YD1013	30 min.	\$75
Wednesday	Instructor: Miss Tiffany			
5:30 pm	*Intro to Dance/Tap Combo. K-2nd grade	YD1014	55 min.	\$95
6:30 pm	Hip Hop I, 1st-3rd grade	YD1015	40 min.	\$75
7:15 pm	Hip Hop II, 4th-6th grade	YD1016	40 min.	\$75
Thursday	Instructor: Miss Robin			
9:30 am	Preschool Dance, 4 & 5 year olds	YD1017	40 min.	\$75
10:15 am	Preschool Tap, 4 & 5 year olds	YD1018	30 min.	\$75
Thursday	Instructor: Miss Kim			
5:15 pm	Preschool Dance, 3 & 4 year olds	YD1019	30 min.	\$75
5:45 pm	Preschool Dance, 4 & 5 year olds	YD1020	40 min.	\$75
6:30 pm	Intro to Dance, K-2nd grade	YD1021	40 min.	\$75
7:15 pm	Hip Hop II, 2nd-4th grade	YD1022	40 min.	\$75

*These classes will dance in two numbers in recital.



This introductory program to traditional Tang Soo Do has been commended by many communities, law enforcement personnel, teachers and parents for the positive impact it has on children. It is a 20-year proven program that is positive, fun, exciting and educational. There is no better program for kids!



Little Ninjas – Ages 4-5

The Little Ninjas Karate Program is an introductory karate class specifically designed for children ages 4 and 5. It focuses on teaching children 8 important main life skills: Focus, Memory, Teamwork, Discipline, Self-Control, Fitness, Balance and Coordination. All this is achieved through exciting and fun games and activities! Wear loose fitting clothes. A responsible adult must remain in attendance during class.

Tuesday, 6:00 - 6:30 pm at Senior/Community Center

Sept. 20 - October 25 **YA2011**

Fee: Res. \$39; Non-Res. \$44 / 6 weeks

Kids Power – Ages 6-12

The Kids Power Karate Program offers traditional martial arts training to children ages 6 through 12 and emphasizes self-defense, physical fitness, conflict resolution, team work and anti-kidnapping techniques. This program is designed specifically for children and teaches prevention first. It does not promote active aggressiveness but teaches children to respect themselves, others and the skills they learn. Wear loose fitting clothes. A responsible adult must remain in attendance during class.

Tuesday, 6:45 - 7:30 pm at Senior/Community Center

September 20 - October 25 **YA 2012**

Fee: Res. \$42; Non-Res. \$47 / 6 weeks

Learn to Skateboard at Clawson Skate Park!

Ages 5 - 15

Clawson Skate Park is located on West Elmwood at N. Custer Ave. in the Clawson City Park (between Main and Crooks, north of 14 Mile Road).

Whether you're just getting started on your skateboard or already have been skating, let Modern Skate & Surf's **experienced skateboard instructors** help you take your skills to the next level. Groups will be divided by each individual's skill level to learn anything from how to step on a board to intermediate skating tricks.

Locally owned Modern Skate & Surf has been servicing Michigan with quality skate products since 1979. They operate the third largest indoor skate park in the United States. You can find them at www.modernskate.com.

Saturday, Sept. 17, 9:30 am - 12 noon at Clawson Skate Park

\$25 / 1 day **YA5005**


LEISURE
unlimited

West Bloomfield, Michigan -- (248) 682-6587

Sports Starters (ages 3 - 5)

A fun introduction to individual sports skills. Various balls, bean bags and hula hoops will be used to help your toddlers understand and execute the skills of running, catching, throwing, and kicking. Class emphasis is on participation, effort, and FUN! Wear gym shoes and bring a water bottle. Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

Wednesday at Salter Community Center

Sept. 21 - Oct. 26, 4:00- 4:45 pm **YA 2001**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks

Wednesday at Salter Community Center

Nov. 2 - Dec. 14, 4:00-4:45 pm **YA 2004**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks
No class 11/23

Kiddie Sports and Games (ages 4 - 6)

Introduce your youngsters to a variety of sports including soccer, lacrosse, floor hockey, tee-ball, volleyball, pickleball, kickball, football and a few surprises! We teach sports fundamentals with fun, progressive drills and games. Children improve their individual skills and work at their own pace. Our emphasis is on teamwork, cooperation and effort. Bring a water bottle and wear gym shoes. Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

Wednesday at Salter Community Center

Sept. 21 - Oct. 26, 5:00-5:55 pm **YA 2002**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks

Wednesday at Salter Community Center

Nov. 2 - Dec. 14, 5:00-5:55 pm **YA 2005**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks
No class 11/23

Youth Basketball (ages 7-11)

Jump into the fast-paced game of basketball. For the beginning and intermediate player. Using progressive drills and games, players will learn dribbling, passing, positions, shooting techniques, offenses and defenses. Kids will scrimmage during class time. Emphasis is on effort, teamwork and sportsmanship. Wear gym shoes, bring a water bottle and a ball (ball is optional). Instructor: Leisure Unlimited (www.leisureunlimited.net), minimum 9 students.

Wednesday at Salter Community Center

Sept. 21 - Oct. 26, 6:00-6:55 pm **YA 2003**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks

Wednesday at Salter Community Center

Nov. 2 - Dec. 14, 6:00-6:55 pm **YA 2006**
Fee: Res. \$66; Non-Res. \$71 / 6 weeks
No class 11/23

TumbleBunnies Gymnastics

www.tumblebunnies.com

Itty Bitty Bunny – ages 18 months - 2 years

This fun, energetic class has parents working with their child that is filled with a variety of activities such as gymnastics focused warm-ups, movement to music, many activities on a ton of equipment such as octagons, wedge mats, trampoline, bars and much more. Comfortable clothing is all that's required. Minimum of 8 students.

Saturdays at Salter Community Center

Sept. 24 - Dec. 10, 9:30 - 10:00 am **YA3001**
Fee: \$120 / 10 weeks
No class 11/12, 11/26

Tuesdays at Salter Community Center

Sept. 27 - Dec. 6, 9:30 - 10:00 am **YA3009**
Fee: \$120 / 10 weeks
No class 11/8



TumbleBunnies Gymnastics – ages 3 and older

Students will be introduced to the wonderful world of gymnastics by using equipment such as balance beams, bars, trampoline, vault, octagons, wedge mats and so much more. Our classes are fun, fast moving and challenging. Our enthusiastic instructors will make each child feel special and encourage them to do their very best. Each session is non-repetitive throughout the session and filled with all new skills and drills. Comfortable clothing is all that is required. Minimum of 8 students per session.

Saturdays, Sept. 24 - Dec. 10 at Salter Community Center

Fee: \$120 / 10 weeks No class 11/12, 11/26

Bizy Bunnies, 3 - 4 year olds, 10:00-10:30 am **YA3002**

Happy Hoppers, 5 - 7 year olds, 10:30-11:00 am **YA3003**

Gymnastics Development, 8 - 12 year olds, 11:00-11:30 am **YA3004**

Tuesdays, Sept. 27 - Dec. 6 at Salter Community Center

Fee: \$120 / 10 weeks No class 11/8

Bizy Bunnies, 3 - 5 year olds, 10:00-10:30 am **YA3010**

Storytime & Crafts with Cowboy ALEX

Kids ages 3-8 years old will enjoy 45 minutes of stories, puppets, magic, crafts and fun with Cowboy ALEX. Sign up for one or all of the classes!

On select Saturdays, 11:00 am at Senior/Community Center

Fee: \$5 per child, per class:

Kewl Cruiser Storytime & Crafts

Saturday, August 27 **YA4008**

Terrific Trains Storytime and Crafts

Saturday, September 24 **YA4009**

Happy Halloween Storytime and Crafts

Saturday, October 22 **YA4010**

Tasty Turkey Storytime and Crafts

Saturday, November 19 **YA4011**

Rockin' Reindeer Storytime and Crafts

Saturday, December 17 **YA4012**





Young Rembrandts

Drawing with Young Rembrandts – Ages 6-12

Experience the colorful magic of fall in the Young Rembrandts classroom. Kick off the fall season with a cute Bear dressed and ready for school. Drawings of a video game favorite Pixel Block Character and the architecturally famous Notre Dame Cathedral are also in the line-up. Students will also immerse themselves in the seasonal spirit as they learn still life technique of by drawing vibrant pumpkins using the exciting medium of oil pastels. A drawing of a detailed scarecrow will encourage laughter as well as creativity. YR unique drawing methods improves core art as well as core learning skills needed by today's students in order to be competitive. All this and more awaits our fall drawing students. Sign up today! ALL MATERIALS SUPPLIED. Minimum 6, Maximum 15 students.

Saturday at Salter Community Center

Sept. 24 - Oct. 22, 9:30 - 10:30 am **YA2022**

Fee: \$67 / 5 weeks

Cartooning with Young Rembrandts – Ages 6-12

Eating broccoli may not sound appetizing to some. But, in a Young Rembrandts cartoon class, we will surely chuckle and enjoy creating a sequence of drawings featuring a very funny character eating veggies. The never ending rivalry rages on when we draw cats and dogs hilariously settling disputes. Weirder is definitely better and we will not be able to contain the laughter as we draw unusual pets putting pedal to the metal as they race to the finish line in our cartoon car expressions drawings. YR students will have so much fun drawing cartoons while enhancing creative and critical thinking skills today's students need in the classroom and in the life-long learning process. Enroll today! ALL MATERIALS SUPPLIED. Minimum 6, Maximum 15 students.

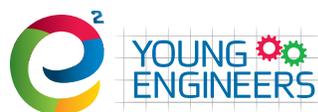
Saturday at Salter Community Center

Nov. 5 - Dec. 17, 9:30 - 10:30 am *No class 11/12, 11/26* **YA2024**

Fee: \$67 / 5 weeks

Who to Contact

John Lindell Ice Arena	248-246-3950
Swimming (see page 43)	248-435-8500 ext. 1148
Boys & Girls Club of SOC	248-544-4166
RO Sandlot League	www.royaloaksandlot.com
ROYSA (Youth Soccer)	www.roysa.com
Royal Oak Youth Football	www.royaloakchiefs.com www.royaloakchargers.com
Royal Oak Hockey	www.royaloakhockeyclub.com



e² Young Engineers is an educational company that currently caters to thousands of children worldwide. **For more information visit their website at www.youngeng.net.**



Big Builders – Ages 4-6

This program enables children to have FUN learning by integrating K'Nex with general knowledge in nature, space, science, transportation and day-to-day physics. The program illustrates theoretical knowledge in these fields through the use of stories, thinking, social games and model building – and HAVING FUN! Instructors also emphasize personal interaction and building a sense of self-confidence among all children participating. Min. 8, max. 12 students.

Session 1 – Saturday at Salter Community Center

Sept. 17 - Oct. 22, 10:45 - 11:30 am **YA2030**

Fee: \$69 / 6 weeks

Session 2 – Saturday at Salter Community Center

Oct. 29 - Dec. 17, 10:45 - 11:30 am *No class 11/12, 11/26* **YA2031**

Fee: \$69 / 6 weeks

LEGO® Challenge: Transportation & Aviation Grades 1-5: For new and returning participants

This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way! Each lesson includes building, enhancing and playing with a custom, moving LEGO® model, such as a helicopter, a Jeep and other vehicles that you see every day. **e² Young Engineers** programs implement an Edutainment (Education + Entertainment) approach, transforming the learning process into a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM).

Thursday at Senior/Community Center

Sept. 22 - Oct. 27, 4:00 - 5:15 pm **YA2032**

Fee: \$96 / 6 weeks

LEGO® Challenge: Physics in Motion Grades 1-5: For new and returning participants

This program integrates LEGO® with scientific and mathematical principles in a FUN and EXCITING way! Each lesson includes building, enhancing and playing with a custom, moving LEGO® model that demonstrates various concepts in the exciting world of Physics. **e² Young Engineers** programs implement an Edutainment (Education + Entertainment) approach, transforming the learning process into a game while introducing children to theoretical and practical knowledge in the fields of science, technology, engineering, art and mathematics (STEAM)..

Thursday at Senior/Community Center

Nov. 3 - Dec. 15, 4:00 - 5:15 pm **YA3035**

Fee: \$96 / 6 weeks

No class 11/24



Royal Oak FITNESS

PLEASE REGISTER EARLY
to ensure your spot in class. Any
classes not meeting minimum
enrollment requirements one
business day prior to start date may
be subject to cancellation.

Low-Impact Workout to Oldies Music

GREAT FOR BEGINNERS!

Need to restart your exercise program? Perform simple low-impact, joint-friendly moves to burn calories, condition your body, and improve balance and functional fitness. Get a motivating workout to the songs you love to hear – without complicated choreography. Bring a mat for floor work (chairs are available for modified floor work) and water. Light hand weights are optional.

Thursday, 7:00 - 8:00 pm Instructor: Angie M

Sept. 15 - Dec. 8 at Salter Community Center **FF2002**

No class Nov. 24

20/20/20

This class includes 20 minutes each of three essential components of fitness: cardio, strength and flexibility. Cardio portion includes warm-up, aerobic drills and combos. Hand weights are used during strength segment. Core work followed by a series of controlled, static stretches in the final flexibility section will enhance range of motion and release stress. Bring a mat, hand weights and water.

Monday, 5:50-6:50 pm Instructor: Karen B

Sept. 12 - Dec. 12 at M/M Senior/Community Center **FF2005**

No class Oct. 17, 31

Wednesday, 5:50-6:50 pm Instructor: Karen B

Sept. 14 - Dec. 14 at M/M Senior/Community Center **FF2006**

No class Oct. 19, Nov. 23

Circuit Interval Training

Short circuit the calories in this fun yet challenging cross-training class in which aerobic segments designed to burn fat alternate with muscle reps using weights and bands to tone and strengthen. Ever-changing intervals of cardio, body sculpting and core conditioning will keep you moving without fancy choreography. This effective, heart-smart combination will put you on the road to a powerful, supple body. Bring 3 to 5 lb. weights, mat, towel and water.

Monday, 7:00-8:00 pm Instructor: Brannon W

Sept. 12 - Dec. 12 at M/M Senior/Community Center **FF2004**

No class Oct. 17, 31

Zumba

Are you ready to party yourself into shape? Set to Latin and other international music with exotic rhythms, this fun dance fitness workout class is extremely effective in burning calories and keeping the heart rate up. The steps are easy to learn and follow and will get you moving in an exhilarating new way for a high-energy workout to tone and shape your entire body. Bring a water bottle and towel, and leave your inhibitions behind!

Thursday, 7:30-8:30 pm Instructor: Joli P

Sept. 15 - Dec. 15 at M/M Senior/Community Center **FF 2017**

No class Oct. 20, Nov. 24

Fit Yoga

This class will consist of warm-ups and sun salutations followed by a flowing sequence of poses designed to build strength and improve balance and flexibility. By focusing on connected breath and movement, energy blockages are released in both the body and mind, resulting in an overall sense of peace and relaxation. Some experience is recommended but not required, as modifications will be offered. Bring a mat and any other optional props needed to help facilitate your practice (e.g., blanket, yoga blocks, strap).

Wednesday, 7:15 - 8:15 pm Instructor: Jennifer M

Sept. 14 - Dec. 14 at M/M Senior/Community Center **FF 2003**

No class Oct. 19, Nov. 23

Mat Pilates

Pilates, a non-impact deep muscle conditioning method, strengthens the body's "powerhouse" – the abdominal, gluteal and back muscles – by redressing unbalances and altering movement patterns. This mat-intensive workout enhances posture, flexibility, endurance and balance while toning and firming your core and can be modified from gentle to challenging, depending on fitness level and goals. Bring a mat and light weights.

Monday, 6:20-7:20 pm Instructor: Ginger V

Sept. 12 - Dec. 5 at Salter Community Center **FF 2013**

No class Oct. 31

Wednesday, 6:20-7:20 pm Instructor: Tammy R

Sept. 14 - Dec. 7 at Salter Community Center **FF 2014**

No class Nov. 23

Fees on page 7



Total Body Conditioning

Build muscle strength and endurance and burn more calories for safe, fast results with this joint-friendly training set to energetic music. Whether you are a beginner with new fitness goals or an experienced exerciser looking for a cross-training body toning workout, this fun class is for you. The cardio warm-up leads into weight training geared to sculpt and strengthen muscles, ending with a series of refreshing stretches. Bring a mat, hand weights, towel and water.

Tuesday, 6:20-7:20 pm Instructor: Angie M

Sept. 13 - Dec. 6 at Salter Community Center **FF 2010**
No class Nov. 8

Thursday, 6:20-7:20 pm Instructor: Christine E

Sept. 15 - Dec. 15 at M/M Senior/Community Center **FF 2011**
No class Oct. 20, Nov. 24

Saturday, 8:45-9:45 am Instructor: Angie M

Sept. 10 - Dec. 10 at Salter Community Center **FF 2012**
No class Nov. 12, 26

Fees for "Royal Oak Fitness" classes on pages 6 & 7 only:

	Res.	Non-Res.	
1 class per week	\$ 84	\$ 89	12 weeks
2 classes per week	\$156	\$161	12 weeks
3 classes per week	\$216	\$221	12 weeks
4 classes per week	\$264	\$269	12 weeks

Note: You must indicate which days you will be attending; no make-ups or substitutions will be allowed.

Ladies Learn to Curl Beginner – Detroit Curling Club

Ladies, come learn the game of curling in an instructional and fun program that will teach you the skills to become ready to play on our Ladies Monday Night Curling/Social League. You will learn the basic skills (delivery & sweeping) of curling in our beginner program. Learn to Curl graduates will then be invited to play on our Ladies Monday Night Social Curling League (additional fee for continued play beyond the class). Maximum of 8 students. www.DetroitCurlingClub.com

Monday, 6:00-8:00 pm at Detroit Curling Club

Nov. 7 - 21 **AF2301** Fee: \$30 / 3 weeks

Monday, 6:00-8:00 pm at Detroit Curling Club

Dec. 5 - 19 **AF2302** Fee: \$30 / 3 weeks

Detroit Curling Club, Martin Road Park, 1615 E Lewiston, Ferndale (east off Hilton between Woodward Heights and 9 Mile).

Hatha Yoga

Rejuvenate your mind and body. Improve your mental concentration, body alignment, and learn to enjoy deep relaxation. Join our basic Hatha Yoga class. Everyone is welcome regardless of age, flexibility, or fitness level. Postures can be modified to make the practice as gentle or challenging as each individual needs. We practice without competition or judgement. Yoga is especially beneficial for people leading stressful lives as it promotes centering, balance, and relaxation which enhances our quality of life.

Classes are for all skill levels. Beginners are welcome.

Wear comfortable, loose clothing and **bring a mat, blanket and strap.** Do not eat 1½ to 2 hours prior to class. Instructor: Christine Walbridge.

Monday at Senior/Community Center

Sept. 12 - Dec. 19, 5:40 - 6:55 pm **AF2007**

Sept. 12 - Dec. 19, 7:00 - 8:15 pm **AF2008**

Fee: Res. \$98; Non-Res. \$103 / 14 weeks

No class Nov. 21

Wednesday at Senior/Community Center

Sept. 7 - Dec. 14, 7:00 - 8:15 pm **AF2009**

Fee: Res. \$98; Non-Res. \$103 / 14 weeks

No class Nov. 23

Thursday at Senior/Community Center

Sept. 8 - Dec. 15, 7:00 - 8:15 pm **AF2010**

Fee: Res. \$98; Non-Res. \$103 / 14 weeks

No class Nov. 24



Line Dancing

Welcome to the fun world of LINE DANCING! It's as easy as saying 5, 6, 7, 8 and you don't need a partner. Line dancing is terrific exercise for mind, heart and body. Learn to dance to Rock, County, 50s & 60s, and Fun Dances. Bring your friends and join us.

Instructors: Joe and Penny Barker, County Cuzzins Dancin.

Session 1

Basic Beginner - Single Dancer

Monday, 6:30-7:20 pm at Addams Small Gym

Sept. 19 - Oct. 24 **AE 2003**

Fee: Res. \$30; Non-Res. \$35 / 6 weeks

EZ Intermediate - Single Dancer

Monday, 7:30-8:30 pm at Addams Small Gym

Sept. 19 - Oct. 24 **AE2004**

Fee: Res. \$30; Non-Res. \$35 / 6 weeks

Session 2

EZ Intermediate - Single Dancer

Monday, 7:00-8:00 pm at Addams Small Gym

Nov. 14 - Dec. 19 **AE2005**

Fee: Res. \$30; Non-Res. \$35 / 6 weeks



Tai Chi

An ancient Chinese discipline designed to enhance the body, mind and spirit and leave you feeling refreshed. You will gain better muscle tone, improve joint flexibility, and increase circulation. Wear comfortable, loose-fitting clothing. The instructor, Han Hoong Wang, is licensed to instruct through the Chinese government and has been teaching more than 30 years.



Churchill Community Education Center: Please park and enter at the south main entrance off Girard only.

Yang Style Section 1 of 103 Form - Beginner

Monday, 6:30-7:30 pm **AF2001**

Sept. 12 - Dec. 12 at Churchill Community Education Center

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Sept. 26, Nov. 7

Yang Style Section 3 of 103 Form - Continuing

Monday, 7:30-8:30 pm **AF2002**

Sept. 12 - Dec. 12 at Churchill Community Education Center

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Sept. 26, Nov. 7

Yang Style Sword – Beginner/Continuing

Must know hand form

Monday, 8:30-9:30 pm **AF2003**

Sept. 12 - Dec. 12 at Churchill Community Education Center

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Sept. 26, Nov. 7

Yang Style Push Hands – Beginner

Class taught by Brian Buchanan. Must hand form.

Thursday, 6:00-7:00 pm **AF2006**

Sept. 15 - Dec. 15 at Churchill Community Education Center

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Sept. 22, Nov. 24

Long Staff Basic Form & Long Pole Basic Energies

Must know hand form

Thursday, 7:00-8:00 pm **AF2004**

Sept. 15 - Dec. 15 at Churchill Community Education Center

Fee: Res. \$96; Non-Res. \$101 / 12 weeks

No class Sept. 22, Nov. 24

Yang Style Push Hands Continuing

Must know hand form

Thursday, 8:00 - 9:00 pm **AF2005**

Sept. 15 - Dec. 15 at
Churchill Community
Education Center

Fee: Res. \$96;

Non-Res. \$101/12 weeks

No class Sept. 22, Nov. 24



Insanity Live

Insanity Live is a cardio-based total body conditioning program. Based upon the moments from fitness expert Shaun T, this instructor led workout brings the intense interval training workout to group fitness. The incredible fat burn and total body transformation Insanity produces has made it one of the top selling fitness programs of all time, and now certified instructors are bringing it to gyms and fitness clubs around the country. Instructors are trained to help participants modify the movements so that the workout is suitable for all levels of fitness. Let go of your limits and change your I can't to I will! Instructor: Melissa Thueme.

Tuesday at M/M Senior/Community Center

Sept. 13 - Dec. 13, 7:00 – 8:00 pm **AF2603**

Fee: Res. \$84; Non Res. \$89 / 12 weeks

No class Oct. 18, Nov. 8

Water Aerobics

You do not need to know how to swim. A challenging aerobics workout that is fun, safe and effective. Increase flexibility, tone and strengthen muscles utilizing the support and massaging effect of the water. Locker room available, bring your lock, towel and suit. Leave your valuables at home.

Wednesday at Royal Oak Middle School (Dondero) Pool

Sept. 14 - Dec. 7, 7:00 - 7:55 pm **AF2011**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

No class Nov. 23

Aqua Zumba

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling, and getting fit to make-you-want-to-move Latin Music! Zumba Workout in the Water! No dance or Zumba experience necessary. All levels welcome. Bring water shoes, a towel and a smile! No Sweat!

Wednesday at Royal Oak Middle School (Dondero) Pool

Sept. 14 - Dec. 7, 8:00 - 8:55 pm **AF2012**

Fee: Res. \$84; Non-Res. \$89 / 12 weeks

No class Nov. 23

Our Department receives federal funds from the US Department of the Interior. Accordingly, all activities must be operated free from discrimination, on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against or who would like further information regarding the prohibition of discrimination should write to:

Director, Equal Opportunity Program

National Parks Service

PO Box 37127

Washington DC 20013-7127

Tactical Self-Defense "TSD"



In today's increasingly violent world, the ability to defend yourself is critical. Men, women, and teens need time proven self protection skills now more than ever. Our unique program will teach you those skills quickly, effectively, and safely while learning about important elements

such as awareness and strategy – all while having a ton of fun. You will learn how to deal decisively with any form of assault, grabs, punches, kicks, lock, or even armed attackers. The self-defense and martial arts skills you will learn at Tactical Self Defense are based on ancient techniques, designed and taught for a modern world. We know each individual is just that, and individual with different strengths and weaknesses. Martial arts is not a team sport, the only person that you are competing with is yourself. Students come to us from age 15 to 70. Some students are in shape while others are overweight. Some come for self defense, fitness, and others for pure fun. Each person is treated as an equal and is trained to the best of their own ability and potential. At Tactical Self Defense our instructors are there to guide, instruct, and motivate you to be the best you can be. Instructor Jeff Danuloff of Michigan has over 31 years of training in traditional and contemporary martial arts. He has taught students of all ages from Police Officers, to business executives, to youth groups – for the past decade in the Metro Detroit Area.

Wednesday at Salter Community Center

Sept. 21 - Nov. 9, 7:30 - 8:45 pm **AF2401**

Fee: Res. \$72; Non-Res. \$77 / 8 weeks

Wednesday at Salter Community Center

Nov. 16 - Dec. 14, 7:30 - 8:45 pm *No class Nov. 25* **AF2402**

Fee: Res. \$36; Non-Res. \$41 / 4 weeks

No Class Nov. 23

Water Color Painting

Beginning through Experienced Students

Noted Bloomfield Hills artist, Karen Halpern, will guide beginning through experienced students in working effectively with watercolor. While learning about color, design, shading and painting techniques, you will enjoy the brilliance of the paint, the sparkle of its transparency, and the pleasure of color mixing. Supply list is available.

Monday, 1:30 - 3:30 pm at Senior/Community Center (Room 3)

Sept. 19 - Nov. 21 **AE 2006**

Fee: Res. \$116; Non-Res. \$121 / 9 weeks

No Class Oct. 3

Mini-Class

For continuing students only

Monday, 1:30 - 3:30 pm at

Senior/Community Center (Room 3)

Dec. 5 - Dec. 12 **AE 2007**

Fee: Res. \$26; Non-Res. \$31 / 2 weeks



Just ONCE Guitar for Busy Adults and Teens

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. **Bring your acoustic guitar.** Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com. Fee includes a workbook and practice DVD.

Topics include:

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

Monday, Nov. 21 at Salter Community Center **AE2013**

6:30 - 9:00 pm

Fee: Res. \$54; Non-Res. \$59 / 1 class (includes \$29 materials fee for the book and CD)



Royal Oak Symphony Orchestra

Celebrating its 21st season, the orchestra is a cultural offering to Royal Oak and our neighboring communities. Formed specifically for area musicians who desire to continue making music a life-long avocation, the orchestra is comprised of adults of all ages and professions. ROSO meets every Wednesday evening from 7:30-9:30 at Royal Oak Middle School and performs four concerts each season. Musicians interested in joining should call 248-549-0262 to schedule an audition. Website: www.royaloakorchestra.org

Royal Oak Concert Band

Organized in the mid-1960s, it is the oldest community band in southeastern Michigan. The band meets each Monday, 7:00-9:00 pm from September through May at Royal Oak Middle School. The ROCB is always looking for new members. If you are interested in joining, please visit their website at www.royaloakconcertband.org.

Perfect Pierogies

In this fun, hands-on class you'll work on your own and make about 2 dozen fresh and delicious pierogies from scratch overstuffed with fillings YOU get to choose! Learn how to flavor and season your dough, and ways to create endless varieties of savory or sweet fillings. Once you've made homemade pierogies you'll never buy store brands again! Send an email to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring. Min. 6, Max. 25 students. Class runs 2.5 hours. Instructor: Andrea Janssen

Friday, October 21
at Senior/Community Center
 7:00 - 9:30 pm **AE2210**
 Fee: Res. \$30; Non-Res. \$35 / 1 class

Fresh Handmade Sausage

Make 1-2 pounds of your choice of fresh Polish or Italian sausage or Bratwurst - mild, spicy and/or hot (links and patties). Links will be made with casing. Learn endless ways to create your own scrumptious varieties of sausage too! Send an EMAIL to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring to the class. Minimum 6 students.

Friday, November 4
at Senior/Community Center
 7:00 - 9:30 pm **AE2211**
 Fee: Res. \$30; Non-Res. \$35 / 1 class

Savory Meat & Veggie or Chicken & Veggie Pasties

Create six hearty butter-crust pasties overstuffed with delicious fillings (you can even make "Michigan Pasties"! Learn ways to make endless varieties of fillings and how to flavor/season your crust too! Send an EMAIL to supplylist@gmail.com or call 586-731-4681 for a list of supplies to bring to the class. Minimum 6 students.

Tuesday, December 6
at Senior/Community Center
 7:00-9:30 pm **AE2212**
 Fee: Res. \$30; Non-Res. \$35 / 1 class

DISCRIMINATION IS RARELY THIS OBVIOUS, BUT IT'S JUST AS REAL. AND JUST AS ILLEGAL.

If the landlord gives you the runaround or says:

- "We don't take kids."
- "The apartment you asked about on the phone has been rented."
- "We only take people who speak English clearly."
- "We don't take teenagers."
- "The ad was wrong – the rent is really \$50 more."
- "I can't assign you a handicap parking space."

THAT COULD BE HOUSING DISCRIMINATION.

The only way to stop housing discrimination is to report it, so we can investigate it.

Visit www.hud.gov/fairhousing or call HUD's Housing Discrimination Hotline **1-800-669-9777** (voice) **1-800-927-9275** (TTY)

  The federal Fair Housing Act prohibits discrimination because of race, color, religion, national origin, sex, family status or disability. 

Activity Cancellation
Due to bad weather
248-246-3187
When Royal Oak Schools are closed,
Recreation Department classes held
in school facilities are cancelled.

Gymnasium Rentals
 There are a few remaining time slots for gymnasium rentals at the Salter Community Center. The cost of renting the gym is \$60 per hour. For more information and available times, please call 248-246-3180.

Special Thanks
A special thanks to the Royal Oak School District for the excellent City-School cooperation which allows us to provide numerous activities in school facilities.



FOUR SEASONS PRESCHOOL

Four Seasons Preschool offers a wonderful learning environment for children ages three and four years old.

We are currently full for the 2016-2017 school year. Our 33-week school year begins September 6, 2016.

Our preschool is located at the Senior/Community Center at 3500 Marais (1 block north of 13 Mile Road and 3 blocks east of Crooks).

Our program offers the following:

- **Story Time**
- **Physical Education**
- **Music**
- **Computers**
- **Hands-on activities that promote pre-reading, pre-math, thinking and reasoning skills, and language development.**
- **Science**
- **Art**
- **Free Play Time**

2016 - 2017 Class Schedule and Pricing

Tues/Thurs Morning, 8:30 - 11:00 am
PRE2016-R3

FULL

Tuition for our morning 2-day a week program is \$988. This includes a non-refundable registration fee of \$100 and three installments of \$296.

Mon/Wed/Fri Morning, 8:30 - 11:00 am
PRE2016-R1

FULL

Tuition for our morning 3-day a week program is \$1,483. This includes a non-refundable registration fee of \$100 and three installments of \$461.

Mon/Tues/Wed/Thurs Afternoon, 12:15 - 2:45 pm
PRE2016-R2

FULL

Tuition for our afternoon 4-day a week program is \$1,978. This includes a non-refundable registration fee of \$100 and three installments of \$626.

Four Seasons Preschool is licensed by the State of Michigan

www.fourseasonspreschoolonline.com



Royal Oak Nature Society Protecting Our Nature Parks and Educating the Community

The Royal Oak Nature Society is a volunteer group working with the city to protect and promote the usage of Royal Oak's two nature preserves, Cummington Park & Tenhave Woods. They are also developing an arboretum behind the Senior Center on Marais. If you are interested in joining the conservation effort or just need more information, please phone us at 248-246-3380 & leave a message, e-mail us at naturesociety@romi.gov, send by regular mail to: 1600 N. Campbell Rd, Royal Oak, 48067 or check out our website at www.romi.gov/nature. You can also find us on Facebook. Park trail maps and maps showing the location of Tenhave Woods, Cummington Park can be found on our website. There is no pre-registration or cost for our speaker programs and public nature walks.

Speaker Program Schedule

Held on Wednesdays at the Royal Oak Middle School unless otherwise noted (709 N. Washington between 11 Mile Rd. and Catalpa) starting at 7:30 pm.

At our monthly meetings, September to May, we present speaker programs. Usually, they are slide shows focusing on various natural history topics. If you watch nature programs on PBS or the Discovery channel, this is better, as you can meet afterwards and ask the speakers questions.

DATE TOPIC & SPEAKER

- Sept. 7 "Evening at the Arboretum" will begin in the Senior Center (3500 Marais) & then will move outside to the arboretum.
- Oct. 5 "A Naturalist's Look at the Great Texas Coastal Birding Trail" with Faye Stoner with the Washtenaw County Parks and Ron Gamble with the Huron Clinton Metro Parks
- Nov. 9 "The Migratory Bird Treaty Act Centennial" with Holly Vaughn from the Michigan DNR



Nature Walk Schedule

Meet at the park/arboretum

There is at least one naturalist lead walk per month with additional ones added during the spring wildflower and fall color seasons. An emphasis is put on understanding the different forest types found in our parks. Further information is given on individual plant and animal species, geology and human history of the area. Dogs are not allowed inside either Tenhave Woods or Cummington Park. Wearing boots while in the parks is recommended during the winter and spring months. Dressing appropriately for bugs and using insect repellent is advised from late spring through the end of summer. To learn more about the parks, please come to our naturalist led nature walks listed below.

For Cummington, park and meet at Torquay and Leafdale (just east of Meijer). For Tenhave Woods (just east of RO High School), park at the Marais/Lexington lot and walk about 300' east to the entrance. For Tenhave Owl Hoots, Mushroom Walks and Full Moon Walks, park and meet at Marais/Lexington lot. For the Arboretum, park and meet at the Senior/Community Center (3500 Marais) lot-north end.

DATE	TIME & PLACE	TOPIC
Sept. 17 (Sat)	2:00 pm at Arboretum	Late Summer Meadow
Sept. 24 (Sat)	10:00 am at Cummington	Mushroom Walk
Oct 22 (Sat)	10:00 am at Cummington	Fall Color Walk
Oct. 22 (Sat)	10:00 am at Tenhave	Mushroom Walk
Oct. 30 (Sun)	2:00 pm at Tenhave	Fall Color Walk
Nov. 5 (Sat)	2:00 pm at Tenhave	Fall Color Walk
Nov. 6 (Sun)	2:00 pm at Tenhave	Geological Features of Tenhave Woods and Royal Oak

Friends of Fungi Mycology Club

The **Friends of Fungi Mycology Club** will meet on **Wednesday, November 16, 2016** at the **Royal Oak Senior Center** (3500 Marais) beginning at **7:00 pm**. Taylor Lockwood's film "Mushrooms of America," will be shown.

City of Royal Oak



-  **School Buildings**
- 1 Addams, 2222 W. Webster
- 2 Churchill Community Education Center, 707 Girard Ave.
- 3 Helen Keller, 1505 N. Campbell Rd.
- 4 Northwood, 926 W. 12 Mile Rd.
- 5 Oakland, 2415 Brockton Ave.
- 6 Oak Ridge, 506 E. 13 Mile Rd.
- 7 Royal Oak High, 1500 Lexington Blvd.
-  8 Royal Oak Schools Administrative Offices, 800 Devillen
- 8 Royal Oak Middle, 709 N. Washington Ave.
- 9 Upton, 4400 Mandalay Ave.
-  Maintenance & Transportation Center, 1601 N. Campbell
-  **Government Buildings**
- 10 Mahany/Meininger Senior Community Center, 3500 Marais
- 11 Department of Public Service, 1600 Campbell
- Location of the Recreation Department**
-  Royal Oak Animal Shelter, 1515 N. Edgeworth
- 12 John Lindell Ice Arena, 1403 Lexington
- 13 Royal Oak Golf Course, 3417 Don Soper Dr.
- 14 Jack & Patti Salter Community Center, 1545 E. Lincoln
- 15 Orson Starr House, 3123 N. Main
-  **City Hall Complex**
- 16 City Hall, 211 Williams St.
Public Library, 222 E. 11 Mile
Police Department, 221 E. Third
44th District Court, 400 E. 11 Mile
Farmers Market, 316 E. 11 Mile
- 17 Royal Oak Historical Society Museum, 1411 W. Webster
-  **Parks**
- 18 Kenwood Park, Kenwood & Forest
- 19 Memorial Park, Woodward & 13 Mile
- 20 Red Run Park, Girard & Vermont
- 21 Starr/Jaycee Park, 13 Mile & Marais
- 22 VFW Park, Campbell & E. Lincoln
- 23 Worden Park, Lexington & Crooks
- 24 Upton Park, Nakota at Mandalay
- 25 Whittier Park, E. Farnum & N. Alexander

Picnic Shelter Rental

Groups may reserve the picnic shelters at Starr/Jaycee Park, Memorial and VFW Park. Royal Oak residents and businesses have priority to reserve a shelter January 3 through March 31 for summer 2017; starting April 3, non-residents may apply. Please call 246-3180 for rental fees and a copy of the Park Shelter Reservation/Rental policy. All rentals must be processed in person at the Recreation Department offices in the Department of Public Services building at 1600 N. Campbell, Royal Oak; 8:30 am - 4:30 pm, Monday - Friday.

Registration Information

How to Register for Programs and Classes

Registration begins on August 17 for in-person, mail, fax and online submissions.

Mail-In Registration

You may send a completed registration form (or reasonable facsimile) with payment to:

**Royal Oak Recreation
PO Box 64
Royal Oak, MI 48068-0064**

Do not send cash. Make checks payable to **Royal Oak Recreation**. Use separate checks for different classes in case one of your desired classes is filled. **Returned check fee is \$35.** To receive a receipt, please include your e-mail address.

Fax Registration

Fax registrations are accepted 24/7 at **248-246-3007**. Fax payment by credit card only – please include credit card number, security code, expiration date, and your signature on registration form. To receive a receipt, please include your e-mail address.

In Person Registration

Walk-in registrations are accepted at the Recreation Office Monday through Friday, 8:30 am to 5:00 pm. The Recreation Office is located at the Dept. of Public Service, 1600 N Campbell Road, Royal Oak MI 48067. We accept payment in person by cash, check, Visa, M/C or Discover.

Refunds

Refunds will be granted up to one week prior to the start of a class or camp, less a \$5 service fee. Refunds will be granted after the first week of class less a \$10 service fee. **NO REFUNDS WILL BE GRANTED AFTER THE SECOND WEEK OF CLASS. NO REFUNDS ONCE A CAMP HAS STARTED.** No refunds on one-day classes. Allow 3 weeks for refund check. Fees charged on credit cards must be credited back to your credit card, **LESS SERVICE FEES INDICATED.**

NOTE: Children should not accompany their parents to classes designated for adult participants only.

Senior Center classes are open to adults of all ages who are available for daytime activities.

How to Register for Programs Online

www.royaloakrec.com

For additional information, click on “answers to frequently asked questions” on the home page.

Open Online Registration August 17

General Guidelines

If anyone in your family has taken a Recreation or Senior Center class since 2012, your household account may already be set up. Be sure to check for an existing account before attempting to create a new one. If you are not sure, you can call the office to check. You will need to obtain a temporary password (which you should change) from the office to log into an existing account. Your account login is your e-mail address.

If you have never registered for class with Royal Oak Recreation or the Senior Center, you will need to “create a new account” through the website. You cannot register for classes as a “guest”.

Online registration will only be available for some programs. You can only register your own family. For transfers, corrections or questions, please call the Recreation Office at 248-246-3180, Monday through Friday, 8:30 am to 5:00 pm.

Low Enrollment

Royal Oak Recreation and the Senior Center reserves the right to cancel classes due to low enrollment. Full refunds will be given if a class/camp is cancelled by Royal Oak Recreation. Please register early so we don't cancel your class!

Insufficient Funds

There will be a \$35 Returned Check Charge to all accounts for checks that are returned by the bank.

Royal Oak Recreation **248-246-3180**
8:30 am to 5:00 pm, Monday - Friday

Royal Oak Senior Center **248-246-3900**
9:00 am to 4:30 pm, Monday - Friday

No Telephone Registrations

Registration for all Day Trips and Extended Trips should be done at the Mahany/Meininger Senior Community Center, 3500 Marais.

Registration Information

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

Signature of Cardholder _____

I hereby voluntarily release and hold harmless the City of Royal Oak, City of Royal Oak Contractors/Independent Contractors and the Royal Oak School District from all liability for all types of damages or injuries, whether foreseeable or not, sustained by myself, my child and other family members while participating, watching and traveling to or from this activity.

Signed _____ Date _____

(If youth, parent or guardian must sign)

Registration Form

Student Name _____ Date of Birth _____ Male/Female _____

Address _____ City, Zip _____

Telephone - Home _____ Work _____

E-mail _____

Class _____ Day _____ Time _____ Start Date _____

Class _____ Day _____ Time _____ Start Date _____

Amount enclosed: \$ _____

Payment Method: Check Cash



Visa/Discover # _____ 3-digit Security Code _____

Mastercard # _____ 3-digit Security Code _____

Cardholder Name _____ Expiration Date _____

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Signed _____ Date _____



@RO_Ice_Arena



facebook.com/Lindell.Ice.Arena

1403 Lexington BLVD.

Royal Oak MI 48073

248.246.3950

ROYALOAKICEARENA.COM

**JOHN LINDELL
ICE ARENA
ROYAL OAK**

LEARN TO

SKATE

LEARN TO SKATE

Where it all begins.

Classes offered all year round. Ages 3 & Up. Introduction to figure skating and hockey.

OPEN SKATING

Skate at your own leisure. Bring friends and family to share the fun. GENERAL, ADULT and PRESCHOOL sessions offered. Check schedule for days and times.

SK8 JAMZ FRIDAYS

8:15 – 10:05 pm

OPEN SKATE WITH A LIVE DJ.

ALL AGES ARE WELCOME.

Skate rental is included in the admission price

OPEN SKATE

sk8 Jamz



ROYAL OAK FREESTYLE

Choose from a range of Professional coaches that will guide you to your goals in a motivational environment.

NEW EDGE

FIGURE SKATING CLUB

The New Edge Figure Skating Club offers a variety of opportunities for skaters to test and compete. As well as many opportunities for skaters to have fun and make new friends.

BIRTHDAY CELEBRATIONS

BIRTHDAY PARTIES AVAILABLE

Call for more information

ADULT HOCKEY LEAGUE



Fall/Winter League:
SEPTEMBER - MARCH

Leagues available for teams of all skill levels



DROP IN HOCKEY

18 and up-full equipment come in a play a competitive game of hockey with fellow adult skaters.

STICKS & PUCKS

Open to all ages. Full equipment required. Open practice session, pucks provided



- Lil Eagles Learn to Play – ages 4-10
- 8 & under youth hockey program
- House hockey for all youth age divisions
- Travel A & AA Hockey

SUBURBAN HOCKEY SCHOOLS



Instructional experience that improves skills, knowledge of the game, and overall self-confidence as it relates to the game through a "positive" learning experience.

PRE-SEASON, THANKSGIVING & HOLIDAY CLINICS

For more information on any of these programs, please visit

ROYALOAKICEARENA.COM

Leo Mahany / Harold Meininger Senior Community Center

3500 Marais • (248) 246-3900

Jack & Patti Salter Community Center

1545 E. Lincoln

We are a team that values integrity, approaching all situations with a positive attitude, and creating an environment of respect, fairness, and empathy.

Code of Conduct

- **Live the Golden Rule**
- **Embody Honesty**
- **Act with Patience**
- **Take Responsibility**
- **Listen Attentively**
- **Communicate Effectively**
 - **Lead by Example**
 - **Be Proactive**

Live Royal Oak

Drop in either community center Monday through Friday. Pick up our monthly newsletter, *Times*. Start enjoying opportunities for lifelong education, fitness, and leisure activities. Try a great meal at **Tim's Kitchen** (M/M Center) for \$3. The staff is committed to working with and for seniors to develop activities and services that support their efforts to remain healthy, active and independent.

Mission Statement:

The City of Royal Oak offers mature adults opportunities for lifelong education, fitness, nutrition and leisure activities. Supportive services that promote independence and quality of life are available for residents who are 62 and over or permanently disabled adults.

The City of Royal Oak's Recreation Department does not discriminate against any program participant or applicant for participation because of actual or perceived race, color, religion, national origin, sex, age, height, weight, condition of pregnancy, marital status, physical or mental limitation, legal source of income, family responsibilities, sexual orientation, gender identity, or HIV status of person, that person's relatives, or that person's associates or for any other reason (s) prohibited by law. The City of Royal Oak will take affirmative action to insure that all practices are free from such discrimination.

Royal Oak Seniors Resource Center

Stop by the Senior Resource Center for brochures from businesses with products and services for older adults. If you are a business owner and would like to display your brochures at the Resource Center, please call (248) 246-3900 for an application form. The fees to display brochures are \$10 monthly or \$100 yearly.

Rental Information

The use of the Leo Mahany/Harold Meininger Senior Community Center shall be available to nonprofit organizations and groups engaged in educational, cultural, civic or charitable activities or private functions (birthday parties, wedding receptions, baby and wedding showers, graduation parties, etc.). Room set-up and take-down is the responsibility of the requesting organization. Please call (248) 246-3900 for rental fees and room availability.

Special Events and Workshops

September

2	BINGO	12:30 pm
8	Pool Tournament	9:00 am
9	Movie	12:30 pm
12	Welcome, Newcomers	10:30 am
16	Kerry Price \$2.00	12:30 pm
17	Perennial Plant Exchange	9:00-11:00 am
19	Salter Center Book Club	10:00 am
19	Creative Coloring \$2.00	10:30 am
23	Movie	12:30 pm
23	Dinner Dance \$13.00	6:00 pm

October

3	Welcome, Newcomers	10:00 am
3	Creative Coloring \$2.00	10:30 am
4	Lunch and Learn	11:30 am
7	BINGO	12:30 pm
14	Movie	12:30 pm
13	Pool Tournament	9:00 am
17	Salter Center Book Club	10:00 am
17	Creative Coloring \$2.00	10:00 am
20	Lunch and Learn	11:30 am
28	Movie	12:30 pm
28	Dinner Dance \$13.00	6:00 pm

November

1	Lunch and Learn	11:30 am
4	BINGO	12:30 pm
7	Creative Coloring \$2.00	10:30 am
7	Welcome, Newcomers	10:30 am
8	MSU Talk	10:00 am
10	Pool Tournament	9:00 am
10	Art Show	9:15 am
11	Movie	12:30 pm
14	Memory Screening	10:00 am
18	Kerry Price \$2.00	12:30 pm
21	Salter Center Book Club	10:00 am
21	Creative Coloring \$2.00	10:30 am

December

2	BINGO	12:30 pm
5	Welcome, Newcomers	10:30 am
5	Creative Coloring \$2.00	10:30 am
8	Pool Tournament	9:00 am
9	Movie	12:30 pm
13	MSU Talk	10:00 am
16	Kerry Price free	12:30 pm
19	Salter Center Book Club	10:00 am
19	Creative Coloring \$2.00	10:00 am
28	Dinner Dance \$16	7:00 pm

Medical Equipment Loan Closet

Senior Center has walkers, wheelchairs, bath stools and such available for loan. There is no charge to borrow an item, keep them as long as necessary and return clean. Clean, working durable medical equipment donations are also accepted. Please call (248) 246-3900 prior to bringing in equipment.

Extended Trips

Coast of Maine \$1399 pp/dbl
September 17 - 23, 2016 T1000SU
Shoreline Tours

A land of scenic byways, historic light-houses, covered bridges, stunning sunsets, water adventure, dramatic coastlines, historic sites and interesting attractions awaits us on our extended trip to the beautiful coast of Maine. See Kennebunkport, Portland, Camden, Boothbay Harbor and much more. Cost includes transportation via motor coach, 9 meals, accommodations and all tours. \$100 deposit; balance due August 1, 2016. **This trip requires a Passport, Passport Card or Enhanced Drivers License for travel through Canada.**

Odawa Casino Resort \$149 pp/dbl
September 28 - 29, 2016
Rybicki Tours

The hotel overlooks Little Traverse Bay and downtown Petoskey, and boasts an indoor pool, hot tub, fitness center and lounge. It's only a few minutes to the casino on the complimentary shuttle. Cost includes transportation via motor coach, accommodations, \$35 slot play and \$10 food voucher.

Stratford Festival \$449 pp/dbl
October 13 - 14, 2016
Rybicki Tours

There's too much here for a day trip! Two performances – *A Chorus Line* and *A Little Night Music* – are included, as well as a fascinating Archives Tour and free time in Stratford! Cost includes transportation via motor coach, accommodations, and two meals. \$50 deposit; balance due August 30, 2016.

Ark Encounter \$339 pp/dbl
October 22 - 23, 2016 T1004SU
Shoreline Tours

Be among the first to experience the full-sized replica of Noah's Ark, located in northern Kentucky. It has three levels of world-class, life-impacting exhibits that will answer questions on the historicity of Noah's Ark in an experiential way. Cost includes transportation via Motor Coach, accommodations and entry to Ark Encounter. \$100 deposit; balance due Sept. 9.



Chicago: China's Terra Cotta Warriors \$599 pp/dbl
October 28 - 30, 2016
Rybicki Tours

Chicago's Field Museum is the only place in North America to see this blockbuster exhibit this year! You will have time on your own for the exhibit and the rest of the fabulous museum; visit the tallest building in the Western Hemisphere, the Willis Tower; enjoy a fun dinner theatre event at Tommy Gun's Garage and shop on the Magnificent Mile! Cost includes transportation via motor coach, accommodations, three meals. \$50 Deposit; balance due Sept. 14, 2016.

Nashville \$999 pp/dbl
October 30 - November 2, 2016 T1001SU
Shoreline Tours

Enjoy 3 nights' lodging downtown Nashville, right in the middle of all the action! You'll be two blocks away from the pubs, honky-tonks, shops, museums and more. Tour and witness the Grand Ole Opry in Ryman Auditorium, tour Nashville and discover why it's called Music City. Cost includes transportation via motor coach, 5 meals and all tours. \$100 deposit; balance due Sept. 15, 2016.

Branson \$1199 pp/dbl
November 16 - 21, 2016 T1002SU
Shoreline Tours

Starting out this entertainment-packed trip is a night's stay in St. Louis, along with a ride up the famous Gateway Arch. Take a morning tour of the Ozark Mountains, and enjoy top-notch entertainment by Presley's Country Jubilee, Daniel O'Donnell, the Osmond Family and the Lennon Sisters Christmas Variety Show! Don't forget the Sight & Sound Theatre's production of "Moses", one of the most fascinating sagas in the Bible. Cost includes transportation via motor coach, accommodations, shows, 8 meals, and much more! \$100 deposit; balance due Oct. 1, 2016.

Washington D.C. \$748 pp/dbl
November 30 - December 3, 2016
Bianco Tours

Stay three nights in Old Town Alexandria, Va., on this lovely holiday adventure. You'll tour the White House, the Basilica of the National Shrine of the Immaculate Conception, Arlington National Cemetery as well as an illuminated sightseeing nighttime tour of Washington's monuments, including the National Christmas Tree. Don't forget the candlelit tour of Mount Vernon! Cost includes transportation via motor coach, accommodations, three dinners and much more! \$20 deposit; balance due Nov. 2, 2016.

Niagara Falls \$229 pp/dbl
December 5 - 6, 2016 T1003SU
Shoreline Tours

Canada's foremost illumination festival in spectacular Niagara Falls captures the magic of the Holiday Season. The Falls turn into a winter wonderland, with over 3 million sparkling lights along a 3-mile route. Featured is a dinner at the Skylon Tower's Revolving Dining Room! Cost includes transportation via motor coach, accommodation and 2 meals.

Winter Warm-Up Vacations Coming Up – See Below!

Florida Vacation \$2299 pp/dbl
January 11 - 21, 2017
Shoreline Tours

Clearwater Beach \$2499 pp/dbl
February 18 - March 3, 2017
Rybicki Tours

Riviera Maya, Mexico \$2480 pp/dbl
February 20 - 26, 2017
Bianco Tours

Southwest Explorer \$1899 pp/dbl
February 22 - 28, 2017 T1000F
Shoreline Tours

Day Trips

Detroit Symphony Orchestra
CLASSICAL Coffee Concerts 2016-17
Fridays, 9:15 am - 1:30 pm
Price per concert to be announced
Mid-Balcony

October 7, 2016 T1026F
Rhapsody in Blue – Slatkin conducts; Garrick Ohlsson on piano. Also featuring Copland's *Piano Concerto*, and Respighi's *Pines of Rome*.

November 18, 2016 T1027F
Tchaikovsky's 1st Piano Concerto – Yu Long conducts; Kirill Gerstein on piano. Also featuring Bartok's *Concerto for Orchestra*.

Detroit Symphony Orchestra
POPS Coffee Concerts 2016 -17
Fridays, 9:15 am - 1:30 pm
Price per concert to be announced
Dress Circle

December 16, 2016 T1028F
Home for the Holidays
 Share Detroit's favorite, best-selling holiday musical tradition with family and friends and thrill to the spectacle of the season. It's a sparkling celebration with carols and classics – and yes, Virginia, there will be a Santa Claus!

Detroit Institute of Arts Series \$5 each
Thursdays, 12:15 - 3:45 pm
 The DIA's Senior Thursdays program continues! Come to one or come to all of them. Board the coach at the Senior Center and have a great day at our world-class museum. You may skip the presentation and explore the museum on your own if you wish. Cost includes transportation via motor coach, lecture and reception.

September 8, 2016 T1016F
 Lecture: *Photography and the American Road Trip*

October 13, 2016 T1017F
 Lecture: *Ordinary People by Extraordinary Artists*

November 17, 2016 T1018F
 Art-Making: Printmaking-Notecards

December 1, 2016 T1019F
 Guided Gallery Tour

Rybicki Travel Show

Thursday, August 25, 10:30 - 11:30 am

Come on over to hear all about the upcoming Rybicki Tours travel opportunities! They've been working hard to bring you the best trips around.

Senior Day at the Detroit Zoo \$4
Wednesday, September 7 T1020F
9:45 am - 2:15 pm

Residents of the tri-counties age 62 or better, along with a caregiver, are invited to enjoy a free day at the Detroit Zoo! There will be live music, bingo, zookeeper talks, free tram rides and a senior resource area. Cost includes transportation via Senior Bus.

Historical Houses of Worship Tour \$51
Monday, September 12 T1014 F
9:00 am - 4:30 pm

The Detroit Historical Museum's tours of Detroit-area churches are always the most popular trips of the year! The churches scheduled are: St. Raymond–Our Lady of Good Counsel, Immanuel United Methodist, St. Mark Lutheran, St. Matthew and St. Albertus. Cost includes transportation via Senior Bus (for the entire tour), tours and lunch at one of the stops. Don't wait to register – trip maximum is 12.

Comerica Park Senior Days \$45
Thursday, September 15 T1013SU
11:30 am - end of game

Come cheer on our Detroit Tigers as they take on the Minnesota Twins! Cost includes transportation via Senior Bus, ticket, hot dog and soft drink. No residency requirements, but only two tickets per person/couple. You must be age 62+.

Model T \$84
Friday, September 16 T1021F
9:30 am – 5:30 pm Rybicki Tours

Tour the Ford Piquette Plant, now a National Historic Landmark. Experience the original Ford factory and see Henry Ford's office. Lunch at Traffic Jam and Snug, then cruise out to Stahl's Auto Museum in Chesterfield, MI. Every one of their cars was chosen based on the engineering achievements that made it an important part of the evolution of the automobile. Cost includes transportation via motor coach and lunch.

Johnny Cash Tribute at \$85
Bavarian Inn, Frankenmuth T1017SU
Wednesday, September 21 T1017SU
Bianco Tours

Enjoy a fantastic tribute of Johnny Cash by Terry Lee Goffee, who totally immerses himself in the character. Over 30 songs will be performed including classics such as "I Walk the Line" and "Ring of Fire." Stroll the winding cobblestones of the Castle Shops to find that something special, and enjoy a tasty lunch at Bavarian Inn, too! Cost includes transportation via motor coach, lunch and performance.

Historical Houses of Worship Tour \$51
Monday, October 3 T1015 f
9:00 am - 4:30 pm

The Detroit Historical Museum's tours of Detroit-area churches are always the most popular trips of the year! The churches scheduled are: Dearborn First United Methodist, Christ Episcopal Church, Dearborn Islamic Center of America and St. Cunegunda, Detroit. Cost includes transportation via Senior Bus (for the entire tour), tours and lunch at one of the stops. Don't wait to register – trip maximum is 12.

A Laid-Back Look at Trader Joe's \$6
Wednesday, October 5 T1012F
10:30 am - 2:00 pm
OR

Thursday, October 6 T1013F
10:30 am - 2:00 pm

Explore the Bloomfield Hills store with a guided tour of everything T Joe's has to offer. You'll have some shopping time, too! Goods are limited to what you can hold on your lap in the bus. Cost includes transportation via Senior Bus.

Curwood Castle \$90
Tuesday, October 11 T1023F
7:15 am - 6:30 pm Rybicki Tours

We're off to Owosso, MI to tour the 1920's castle built by author James O. Curwood. It's right on the Shiawassee River and is a beautiful sight! Following a sit-down lunch in Owosso we'll tour Montrose Orchards cider mill and enjoy cider and a donut. Cost includes transportation via motor coach, lunch and tours.

Day Trips continued on page 20

Day Trips continued from page 19

Sandhill Cranes **\$84**
Wednesday, October 19 **T1011F**
8:15 am - 6:00 pm **Bianco Tours**
 See a great variety of woodland areas that offer fall colors unmatched in Southeast Michigan and enjoy watching for flocks of Sandhill Cranes feeding in the area's farm fields. A step-on guide will provide narration and identify the best viewing areas. Lunch and wine tasting is next up, at Sandhill Crane Vineyards. Finally, there is a visit and tour of St. Demetrius Orthodox Church, with baklava and coffee afterwards! Cost includes transportation via motor coach, lunch and snack, tour admissions.

Ann Arbor Adventure **\$83**
Wednesday, October 26 **T1022F**
8:00 am - 5:30 pm **Bianco Tours**
 Tour the "Big House", U of M Stadium! Enjoy lunch in the beautifully restored 1886 Michigan Central Depot at the popular Gandy Dancer restaurant, take a 2-hour narrated tour of Ann Arbor, and finish up with a little shopping time at Zingerman's Deli and the Kerrytown shops. Cost includes transportation via motor coach, tours and lunch.

Firekeeper's Casino **\$41**
Wednesday, November 9
9:45 am - 8:00 pm **Bianco Tours**
 Travel to Battle Creek and try your luck today! Cost includes transportation via motor coach, \$20 Slot Credit and \$5 for food, slot play or gift shop!

Zehnder's Christmas **\$104**
Tuesday, November 29 **T1024F**
Time TBA **Rybicki Tours**
 It's Zehnder's of Frankenmuth's Holiday Lunch and Show! Enjoy their famous chicken plate lunch and then the sounds of "3 Guys / 30 Instruments". Cost includes transportation via motor coach, lunch and show, a stop at Bronner's and free time on Main Street.

The Oakridge Boys Christmas Show
@ Soaring Eagle **\$47**
Monday, December 5 **T1010F**
9:00 am - 10:00 pm **Bianco Tours**
 Theirs in one of the most distinctive and recognizable sounds in the music industry. Their string of hits includes *Elvira*, *Bonnie Sue*, *Dream On*, *American Made*, *Gonna Take A Lot of River* and many others! Cost includes transportation via motor coach, performance, \$10 slot play and \$5 food voucher.

"A Christmas Carol" at Meadow Brook Theatre **\$47**
Wednesday, December 7 **T1025F**
1:00 - 5:00 pm
 Everyone's favorite holiday classic captivates audiences for the 35th year with the tale of a mean-spirited miser and the ghosts that haunt him. Cost includes transportation via Senior Bus and performance.

Huckleberry Railroad at Crossroads Village **\$74**
Saturday, December 10 **T1030F**
2:45 - 9:30 pm **Bianco Tours**
 Crossroads Village is an authentic town from the turn of the last century, with more than 34 historic structures and a thriving community to welcome you. We will have a Holiday Buffet Dinner there, then board the Huckleberry Railroad for a festive nighttime ride through a holiday fantasyland of over 400,000 lights. There's also a Holiday Show at the Colwell Opera House! Cost includes transportation via motor coach, dinner, and train ride.

"Beautiful – The Carol King Musical"
Wednesday, December 21 **\$ TBA**
12:00 - 4:00 pm
 The blockbuster musical comes to the Fisher Theatre! It's the inspiring true story of King's remarkable rise to stardom, becoming one of the most successful solo acts in popular music history. She wrote the soundtrack to a generation! Featuring a stunning array of beloved songs such as "I Feel the Earth Move", "One Fine Day", "A Natural Woman" and "You've Got a Friend". Cost includes transportation via Senior Bus. Call in September for pricing: 248-246-3900.

Restaurant of the Month

Join us once a month as we travel near and far, seeking out both familiar and new cuisines. Look for announcements in our monthly Newsletter, or call the Center at (248) 246-3900 for more information.



Fall Perennial Plant Exchange

September 17, 2016, 9:00 - 11:00 am
Senior/Community Center

Here is a great way to add to your collection of perennials. Held inside at the Senior/Community Center, so come rain or shine! Open to the public. Tables will be provided. No trees or woody shrubs. No selling allowed. You can trade or give away plants. This is one of the best times of the year to divide perennials. Dig them now while they're small enough to handle. They'll adjust to their new location faster with growth just starting.

Bring your extra healthy plants LABELED and in pots or plastic baggies. It helps move things along if you make a list of the plants you have, and a list of some of the plants you would like to get (wear your list around your neck for better visibility).

Sponsored by the Royal Oak Garden Club and Royal Oak Recreation.

Welcome Newcomers

1st Monday, 10:30 am

Sept. 12, Oct. 3, Nov. 7, Dec. 5

Here's your chance to acquaint yourself with the programs and services available at the Mahany/Meininger Senior Community Center. Learn how to register for classes, trips, programs, and meet the staff. Receive a complimentary lunch. Call 246-3900 to reserve. Need a ride from your R.O. home? Call 246-3914.

Billiards

Three pool tables are located in the game room at the Mahany/Meininger Senior Community Center. Pool may be played Monday through Friday from 9:00 am to 4:30 pm. There is a 50 cent daily charge or \$3.00 monthly fee for use of the tables. Drop-in Pool Tournaments are held monthly.

Monthly Pool Tournament

Thursdays, 9:30 am

Sept. 8, Oct. 13, Nov. 10, Dec. 8

Enjoy a luck-of-the-draw singles tournament for fun and cash prizes. Men and women are welcome. Refreshments served. \$2 fee payable at the door.

Drop-In Cards

Rubber Bridge

Mondays, 12:15 pm

Drop in with a partner to play Rubber Bridge, \$1.00. Come early if you have no partner, will try to pair.

Pinochle

Tuesdays, 12:30 pm

Drop in for pinochle, meet new friends, \$1.00.

Duplicate Bridge

Wednesdays, 12:30 pm

Drop in with a partner to play Duplicate Bridge, \$2.00.

Euchre

Thursdays, 12:30 pm

Drop in to join experienced players who like to play Euchre. Play 8 rounds of cards, \$1.00.

Mahjongg Drop-In

Wednesdays, 9:15 am -12 noon

Fridays, 1:00 - 3:00 pm

Experienced players may drop in and play on Wednesdays and Fridays. No charge.

Crochet Creations

Thursdays, 12:15 pm

Join this group for an afternoon of stitching your personal work in progress; pattern discussion; and/or help reading a pattern or learning a new stitch. Beginners are welcome, we will teach you how to crochet. Several times a year, the group jointly creates projects to give back to the community. No charge.

Helping Hands

Tuesdays and Thursdays, 9:30 am

Do you like to knit or crochet? Drop by and become a part of this worthwhile group that makes blankets and other items for charity. They are currently working with CareNet, Veterans and Beaumont Hospitals, Project Linus and other local organizations. Donations of yarn are needed. Drop off yarn on the days the group meets.

Senior Sew

Tuesdays at 10:00 am

Come join us for a day of hand quilting, machine piecing quilt tops and socialization. If you're new and just getting started, we are happy to help. Bring sewing machine and your project. Drop-ins welcome. No fee.

Sit 'n Knit

Tuesdays, 1:00 - 3:00 pm

Come join in as we knit and visit! Share work in progress, tips and "show and tell" finished projects. A relaxing visit with others who share your love of knitting or a little knitting help. All knitters welcome, beginners and experienced.

Monthly Matinee

2nd & 4th Friday, 12:30 pm

Enjoy movies but don't like watching them alone? Join us as we show the latest and greatest releases on DVD each month projected on a larger screen. Titles are announced in the *Times*. Suggestions and donations are welcome.



Kerry Price on Piano

3rd Friday, 12:30 pm

Sept. 16, Nov. 18, Dec. 16 (FREE)

Don't miss these musical programs written and performed by **Kerry Price**, sure to be both entertaining and educational. Ms. Price, a popular vocalist and pianist, has delighted audiences with her one-woman programs since 1976! \$2 per program, payable at the door.

Dinner Dances

Tickets available six weeks before dances (table reserved for singles).

Friday, September 23 D1006F

6:00 - 9:00 pm

Enjoy a delicious dinner and dancing to *The Mike Wolverton Trio*. \$13.

Friday, October 28 D1007F

6:00 - 9:00 pm

Enjoy a delicious dinner and dancing to *Dennis James Band*. \$13.

Wednesday, December 28 D1008F

7:00 - 10:00 pm

Begin your New Year celebration with dinner and dancing to *The Mike Wolverton Trio*. \$16.



Handbells

Fridays, 12:45 pm

Experience the fun of ringing handbells with a group to create beautiful music. According to director Sylvia Hartsoe, playing handbells keeps the mind sharp and leads to excellent eye-hand coordination. This is not a "class" to learn about Handbells, but it is a Handbell Choir which began in September 1988. The best time to join the group is in early September to learn the music which will be performed in late November and early December, or in January for performances from late April to mid-July. No previous Handbell ringing experience is necessary, but some music background with music reading skills is very helpful. Anyone is welcome to come to a rehearsal to observe and see if it is something you would like to join. Giving performances in the community will showcase your skills.

Financial/Investment Aide

3rd Thursdays, 10:00 am

Sept. 15, Oct. 20, Nov. 17, Dec. 15

Hantz Financial will provide financial and tax advice and offer a complimentary review of your current investment portfolio. Call (248) 246-3900 to reserve your free 30-minute appointment.

Focus on the News

1st & 3rd Tuesdays, 10:30 am

Tired of talking back to your TV set? Join a fun and lively discussion of local, national and international news issues. Visitors encouraged. We're always looking for new people.

Foot Doctors

2nd Wednesday, 9:00 - 11:00 am

Sept. 14, Oct. 12, Nov. 9, Dec. 14

Dr. Robert Adas and Dr. Larry Wexler will see patients at the Center for your convenience with an office in Huntington Woods. Most services will be covered by insurance. Please pre-register.

Genealogy 101

Thursdays, 1:00 - 4:00 pm

Sept. 15 - Oct. 20

C1001F

Nov. 3 - Dec. 15 No class Nov. 24 C1002F
\$88 / 6 weeks

Learn how to do genealogy and you'll make fascinating new discoveries about your ancestors and their lives! This six-week course series is designed with all the fundamentals necessary for beginners and amateurs who want basic instruction, tools, and reference guides to help you begin your successful genealogical journey. Your new passion awaits you with the joys of genealogy! Bring \$5 syllabus fee and note taking materials to first class.

Jan Morgenstern is an experienced genealogist of twenty years, who researches for clients, teaches genealogy instruction, and is a longtime member of the National Genealogical Society and DAR. Pre-registration is required.

Veterans Day Lunch

Friday, Nov. 11, 11:45 am

Join us for lunch this day as we commemorate and introduce all our Veterans! Vets, please pre-register by November 7 at (248) 246-3900 for your free lunch! Free transportation available for RO residents who come for lunch.

Healthy Back Class

Wednesdays, 1:30 pm

Sept. 14 - Oct. 26 No class Oct. 19 C1017F

Nov. 2 - Dec. 7

C1018F

\$25 / 6 weeks

If you have ever experienced acute or chronic back pain, you are in the majority. This class, based on the YMCA's Way to a Healthy Back, is designed to strengthen and stretch back and core muscles in order to prevent back injuries that can often result from everyday activities; to improve posture; and to increase awareness of body mechanics to promote safety in everyday movements. Class is 45 minutes; please bring a mat and water. Wear comfortable clothing and shoes. Instructor - Cindy Erlandson. Pre-register. Call (248) 246-3900 for more information. Active adults get great results.

Manicures

By Licensed Nail Technician

Every 2nd Tuesday of the Month

Sept. 13, Oct. 11, Nov. 8, Dec. 13

Between 9:30 am and 4 pm

By appointment only

\$10.00

Andrea Weiss will be here the second Tuesday of each month to offer manicures. Treat yourself or someone else to this wonderful service.

Massage Therapy

By appointment only

Sept. 15, 16 & 20; Oct. 20, 21 & 25;

Nov. 17, 18 & 22; Dec. 15, 16 & 20

Licensed Massage Therapist Heidi provides therapeutic massage using the holistic approach. All of these massages provide benefits; help in reducing muscular and nerve pain and aids relaxation. She provides 35-minute massage sessions for \$30, or 75-minute sessions for \$60. Call the Center for an appointment, 246-3900

"Star-Grabbers"

Amateur Astronomy Club

2nd & 4th Wednesdays, 10:00 am

Bill hosts an amateur astronomy club. His enthusiasm for astronomy compels him to share this interesting hobby and instruct individuals on the use of telescopes. Star Grabbers meet to discuss current astronomical events, view interesting lectures, and share personal viewing experiences. Donations accepted.

Boom Not Bust

Career Reinvention after 50

Wednesday, Oct. 12, 6:00 pm

C1000

\$10.00

This interactive session is designed to help those that are not yet ready to throw in the towel on their career. Time will also be spent exploring how your purpose, passion and proficiencies help you to achieve career success. Pre-registration required.

Find Your Way to Writing: Memoir, Fiction, Creative Non-Fiction

Wednesdays, 2:00 - 4:00 pm

Sept. 14 - Nov. 2

C1012

\$55/8 weeks

Do you have a vague feeling you'd like to write something? Or, perhaps, a nagging feeling you should be writing? What would you write if you were to write? Do you know? And if you do, do you have enough support to make your dream a reality? Few writers get much writing done without support. This prose writing workshop will provide the support to help you identify what you want to write, to help you get started writing it, and to keep you writing until you've accomplished your writing goal. Preregister.

Maureen Dunphy teaches "Getting There from Here" and "Going Farther" writing workshops for Springfed Arts and, through Dunphy Consulting Services, coaches individual writers and provides editing services for individuals and institutions.

Removing the Mysteries of Probate Court

Friday, Nov. 18, 1:00 - 3:00 pm

FREE SEMINAR

The Oakland County Probate Court will conduct this FREE seminar designed to enlighten and educate senior citizens and their families so that they may make informed decisions regarding their estate planning and understand the probate process.

The seminar will provide attendees with information on wills, trusts, Powers of Attorney, how to begin probate proceedings, when to consider use of guardianships and conservatorships and how "avoiding probate" could cause more harm than good. Materials will be provided and ample time will be given to answer questions. Call to reserve your space prior to November 5th, (248) 246-3900.

Art of Basket Making: A Lifelong Skill

Fridays, 9:30 - 11:00 am

Oct. 7 - Nov. 11

C1023

\$53.00 / 6 weeks

Interested in crafting but wanting to learn different crafting techniques from the beginning up?

Knowledgeable and patient instructor, will teach the time honored technique of basket weaving . Six week Class , you will complete Two Baskets. This Class is Fun and an Exceptional Value. Cost includes materials to make two baskets; one napkin basket with handle, one roll basket. Tool list will be provided at registration, student responsibility . Registration deadline: September 23.

Evola Music Keyboarding Class

Wednesdays, 9:30 - 11:30 am

Sept. 14 - Nov. 16

C1025

\$45.00 / 10 weeks

Learn to play songs you love in 10 short weeks! No musical experience needed. It's easy and it's fun! Keyboard provided at Center. Additional \$15.00 for class book, payable to instructor. Deadline to register: September 12.

Creative Coloring for Grown-Ups

Mondays, 10:30 - 11:15 am

Sept. 19; Oct. 3 & 17;

Nov. 7 & 21; Dec. 5 & 19

\$2.00 drop-in material fee/per class

Creative Coloring for Grown-Ups is coming to Royal Oak Senior Center. Make coloring your NEW hobby. Choose from large Patterns and designs, on professional card stock. Challenge your brain in fine motor movement and detail. Socialize and connect with other color artists, in a relaxed atmosphere, and create a Masterpiece. Studies have shown hobbies like coloring:

- Reduce stress
- Improve concentration and eye to hand coordination
- Boost Self Esteem

Relax, play, and indulge in an activity which will take you back to carefree days.

Delightful Drawing Primer Class

Tuesdays, 12:30 - 2:00 pm

Sept. 6 - 13

C1027F

\$30 / 2 weeks

Have you ever wanted to learn how to draw? In this informative and educational class, instructor Petra E. Boham from PetrArt LLC takes you on a journey of creativity learning the basics of drawing using drawin pencils and your creativity. This class is great for a beginner. All materials provided. Class meets in Room 3.

Painting – All Media

Thursday, 9:15 - 11:45 am

August 25 - Oct. 13

C1020F

Oct. 20 - Dec. 15 No class Nov. 24

C1021F

\$55 / 8 weeks

Mike Byrne is past vice president of the South Oakland Art Association and past president of the Royal Oak Arts Council. Mike is a working artist in many mediums and accepts students from beginner to expert. Supply list is given at sign-up for those without their own supplies. Preregister.

Painting Class Art Show

Thursday, November 10

9:15 - 11:45 am

Come to the Center and see what our talented Art Students have been up to! You will be amazed at the talent displayed!

Pen and Ink Stipple Drawing Class

Fridays, 9:15 - 11:30 am

Oct. 21 - Dec. 16 No class Nov. 25

C1024 F

\$48 / 7 weeks

Join Mike Byrne in stipple drawing your favorite subjects. Stipple is a drawing technique using only dots applied with a pen or brush in a single color. It's a fun and rewarding art form that will return you to a time when handcrafts were prevalent, and artists would take time to make a piece of art that becomes a family heirloom. Supply list given at registration; you must pre-register. Minimum of 8.

Portraits in Pencil

Tuesdays, 12:30 - 2:00 pm

Sept. 20 - 27

C1026F

\$30 / 2 weeks

Come explore how to make portraits using drawing pencils. Instructor Petra E. Boham from PetrArt LLC will guide you on this exciting two week journey. All materials provided. Meets in Room 3.

Watercolor Painting

Fridays, 9:15 - 11:30 am

August 26 - Oct. 14

C1023F

\$55 / 8 weeks

Explore the exciting world of watercolor painting! Beginners through advanced artists will work in wet-on-wet through to finishing with techniques that include dry brush. Supply list is given at sign-up for those without their own supplies. Pre-register. Instructor: Mike Byrne.



Ballroom Dance Class**Mondays, 1:00 pm**

Join instructor Bill Scheff on Monday afternoons to learn all the fancy footwork involved in Ballroom dancing. No partner is needed for participation. Feel free to drop in and watch anytime. \$5.00

Round Dance**Discontinued until further notice.**

Please call the Center in September for any new information.

Line Dancing**Fridays, Intermediate, 1:00 pm**

Line dancing is not only fun but good exercise as well. And you don't need a partner. Learn the hot country line dances. \$2 payable at each lesson. NO BOOTS.

Chair Yoga Exercise (DVD)**Mondays, 10:30 am**

This session is of a "gentle" nature for those of you who are just starting on a fitness program, or those who must not do strenuous exercise.

Chair Exercise with Cindy**Fridays, 10:30 am**

Sept. 16 - Oct. 21 C1030F
Oct. 28 - Dec. 9 No class Nov. 25 C1031F
\$25 / 6 weeks

Improve your aerobic capacity, strength, balance and flexibility, doing a variety of fun exercises to music you will love! This class is designed to work gently but effectively on every area of the body, as well as emphasizing posture, coordination, and fall prevention, in a 45-minute workout. It is appropriate for those who have joint limitations, as well as for anyone who prefers a mostly-seated workout. Wear comfortable clothing and shoes, and bring a water bottle and hand-held weights if you wish. Pre-registration is requested.

Tai Chi Basic & Chen Style**Thursdays, 9:15 am**

Sept. 15 - Dec. 15 C1003F
No class Sept. 22, Oct. 20, Nov. 24
\$66 / 11 weeks

Tai Chi Basic exercises are for beginner and continue. The class will include: Tai Chi warm-up, gentle stretching. Tai Chi walking and silk reeling and Tai Chi Ball Qigong (the Ball in the Mind), and section one of Chen Style Tai Chi old form.

Kuratomi Stretching**Wednesdays, 10:30-11:30 am**

Sept. 14 - Nov. 9 No class Oct. 19 C1010F
\$64 / 8 weeks

Nov. 16 - Dec. 21 C1011F
\$48 / 6 weeks

New to the U.S.A.! Heal yourself. Balance your muscular and nervous system! Use the power of your own Ki/Chi to correct and naturalize internal organ functions! The Kuratomi Method is inspired by ancient Japanese forms of Shindo, Sonkyo, and Jumon to open the body, mind, and spirit gently and naturally. The student can grow into the stretches, yet they are immediately effective, and all poses are adaptable to all personal needs. Wear comfortable clothing and bring a mat. Pre-register.

**Senior Pilates/
Core Body Conditioning****Mondays, 10:30 am**

Sept. 7 - Oct. 31 C1087F
Nov. 12 - Jan. 9 C1037F

\$36 / 8 weeks
Pilates is a neuro-muscular resistance control method of exercise designed to help develop strong, flexible muscles and better posture. This is a basic class with emphasis on gradual progression and strict body alignment and exercise form. Wear loose comfortable clothes and bring a mat. Instructor Cheryl Baugh, ACSM Certified Fitness Instructor.

Silver Foxes

**Monday, Tuesday,
Wednesday & Friday, 9:30 am**

Low impact aerobic classes for the intermediate exerciser. Increases flexibility and works the heart – all to a Richard Simmons video tape. No fee.

Sit Down & Tone Up**Tuesday, 10:30 am**

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

**Chair Yoga****Wednesdays, 12:30 - 1:15 pm**

Sept. 14 - Oct. 26 No class Oct. 19 C1032
Nov. 2 - Dec. 7 C1033
\$25 / 6 weeks

Fridays, 11:30 am - 12:15 pm

Sept. 16 - Oct. 21 C1050
Oct. 28 - Dec. 9 No class Nov. 25 C1051
\$25 / 6 weeks

It's amazing how much yoga can be done in a chair! This 45-minute class consists of three fifteen-minute sections, the first and last of which are done seated in the chair. The middle section is done standing using the chair for balance. We focus on breathing and relaxation, stretching for flexibility, and balance practice which also increases muscular strength. The class is accompanied by soothing, stress-relieving music. You will leave feeling rested and rejuvenated.

Gentle Yoga

Mondays, Sept. 12 - Oct. 31, 9:15 am
\$40 / 8 weeks C1004

Mondays, Sept. 12 - Oct. 31, 1:00 pm
\$40 / 8 weeks C1005

Mondays, Nov. 7 - Dec. 19, 9:15 am
\$35 / 7 weeks C1006

Mondays, Nov. 7 - Dec. 19, 1:00 pm
\$35 / 7 weeks C1007

Thursdays, Sept. 15 - Nov. 3, 1:00 pm
\$40 / 8 weeks C1008

Thursdays, Nov. 10 - Dec. 22, 1:00 pm
\$30 / 6 weeks No class 11/24 C1009

Yoga creates many benefits in your overall health and wellness. Improve your strength, flexibility and sense of well-being with breath awareness and movement. Relax and rejuvenate to look and feel better. Please pre-register. Instructor Noreen Daly.

Yoga

Tuesdays, 1:00 pm
Aug. 30 - Oct. 25 No class Oct. 18 C1074F
Nov. 1 - Dec. 27 No class Nov. 8 C1034F
\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase, strength, flexibility, alignment and balance. Instructor – Cheryl Baugh. Preregister.

Aqua Zumba

Thursdays, 8:30 am

Sept. 8 - Oct. 27

C1046F

\$36 / 8 weeks

Come and join the Ultimate Pool Party. Have fun exercising, dancing, wiggling and getting fit to make-you-want-to move-to Latin music! Zumba workout in the water! All levels welcome, no experience necessary. Pool located at Royal Oak Middle School.

Water Aerobics

Wednesdays, 8:30 am

Sept. 7 - Oct. 26

C1045F

\$36 / 8 weeks

Get a great workout with water exercises that are fun, safe and effective, led by certified instructors. Included is a cardiovascular segment lasting 15-20 minutes, along with toning and stretching exercises. You do not need to know how to swim. Locker room available, but bring your own lock, towel and suit. Leave your valuables at home. Instructor – Cheryl Baugh. Pre-register.

Zumba Gold

Fridays, 10:20 am

Sept. 16 - Nov. 11

C1008F

\$40 / 8 weeks

Nov. 18 - Dec. 16 No class 11/25 C1009F
\$20 / 4 weeks

Here's your chance to "Dance with the Stars!" Be ready for a low-impact aerobic workout, some chair work, great music and fun! Take salsa, cha-cha, samba, tango, meringue, add hits of flamenco, calypso, hip-hop and belly dancing, put it all in a workout routine, and you have Zumba Gold! Dress comfortably, wear dance sneakers or tennis shoes. Bring water. Pre-register. Drop-in available, \$8 per class.



MSU Food Safety and Nutrition Speaker

Tuesdays, 10:00 am

FREE

Michigan State University Extension Oakland County will visit the Mahany/Meininger Senior Community Center to share valuable information concerning food safety and nutrition. Each presentation will have a food demonstration. Don't miss out on hearing what Robin Danto has to say and teach us. Preregister at (248) 246-3912.

November 8 - Vegetarian Cooking

December 13 - Eating at the Holidays

SilverSneakers FLEX Comes to Royal Oak!

Challenge Your Core

Thursdays, 10:30 am

Beginning September 15

Did you know that your core – muscles in the abdomen, pelvis, lower back and hips – are stabilizers for your entire body? If any of these core muscles are weakened, it could result in lower back pain or a protruding waistline. This fun class in core training does two really important things – it helps you look thinner, and it supports your spine and helps balance and stability. (Please check www.silversneakers.com/tools/eligibility to determine eligibility, or call Sharon Claye at 586-770-0038.)

SilverSneakers members may attend at no cost. Non-SilverSneakers attendees: \$4.00 per class. Must be able to get up from the floor. Bring water bottle and mat.

Rejuvenate Your Retirement

Thursday, Oct. 6 and 13

9:30 - 11:30 am

C1016

Tuesday, Oct. 11 and 18

1:30 - 3:30 pm

C1015

\$39/person, bring a spouse or guest at no additional charge

This class provides you with easy-to-understand information on important lifestyle and financial issues often faced during retirement. Learn how to plan fun and fulfilling activities to stay mentally, physically and socially active; calculate IRS-required minimum distributions from retirement plans; examine how investment returns are taxed; and plan for health care, long-term care, incapacity and end of life decisions. Call (248) 246-3900 to register.

Computer Club

Wednesdays, 12:30 pm

Calling all beginners to experienced computer enthusiasts. All levels join our growing club for computer networking and guest speakers discussing "cyber" topics of interest. Guest speakers are listed in the monthly newsletter, *Times*. Donations accepted.

Ask the Computer Lady!

Tuesdays through December 27

9:15- 9:45 am

C1097F

12:45 - 1:15 pm

C1098F

\$20 / 30 minutes OR \$35 for one hour in the afternoon (12:45 - 1:45 pm)

Have your questions ready for Marta and be ready for an informative one-on-one session. Bring your laptop or Kindle, your Mac, Tablet, Android or iPhone, learn how to check your email, or make sure your security is up to date. Call ahead to register and pay: (248) 246-3900.

"Get" your Gadget

Tuesdays, 11:15 am - 12:00 pm

Sept. 6, 13, 20

C1092F

Sept. 27, Oct. 4, 11

C1093F

Oct. 18, 25, Nov. 1

C1094 F

Nov. 8, 15, 22

C1095 F

Dec. 6, 13, 20

C1096 F

\$60 / Three 45-minute One-on-One Sessions on consecutive Tuesdays

This one-on-one class will clear up the mysteries of your tablet, e-reader, cell phone, laptop or camera! You may also use the time for learning basic computer skills on our desktop computers. Remember to bring all cables and power cords along. Call to register for your choice of dates: 248-246-3900.

Laptop Computer Class

Tuesdays, 10:00 am - 11:00 am

Sept. 6 - 27

C1088F

Oct. 4 - 25

C1089F

Nov. 1 - 22

C1090F

Dec. 6 - 27

C1091F

\$40 / 4 weeks

Set up for beginners and advanced students to bring your own laptop to class and learn to safely use Windows. Pre-registration required. A \$5 materials fee due is to instructor at first class. Class size limited to 4. If only one student registers, the class will be shortened to two sessions, effectively becoming a one-on-one.

Lunch and Learn Series

11:30 am - 1:00 pm

Receive a free lunch from Tim's Kitchen for all whom pre-register and attend a presentation. Presentation last from 11:30 am to 1:00 pm. Out of respect for presenter, please remain for full presentation and silence all phones during workshop. Please, no carry-outs.

If you sign-up for a Lunch and Learn and fail to show up or call to cancel two times in a calendar year, you will not be permitted to sign-up for any Lunch and Learn sessions for the remainder of that year.

Tuesday, October 4 A1000

Debt, Budgeting, and Credit

Presenter: Budget Credit Consulting, Berkley Michigan
www.budgetcreditconsulting.com

Saving for that next big expense? Do you know where your money needs to go? Confused about how your credit works? Join Brandon Croud, owner of Budget Credit Consulting and a workshop about debt, budgeting, and credit.

- 15 years management experience in the mortgage/financial industry
- 10 years experience in credit underwriting, evaluating individuals credit situations to determine credit worthiness
- Currently pursuing PhD in Political Science, Mr. Croud has earned a Bachelor and Masters Degree, and has presented topics on consumers credit policy at the Michigan Political Science Association Conference .

Budget Credit Consulting's mission is to increase the knowledge of our clients and to assist our clients in their understanding of the role that credit and proper budgeting play in their daily lives. Don't miss this very informative Lunch and Learn about debt, budgeting, and credit. Registration deadline is September 29.

Tuesday, November 1 A1002

Attention Veterans, and Family of Veterans:

Navigating Veterans Benefits for Home Health Care

Presented by: Home Care Assistance

To Honor our nearly 1 in 3 seniors who are veterans or spouses of veterans. Home Care Assistance is presenting on the Veterans Assistance, Aid and Attendance benefit. We will discuss what it is, who it is for and how to apply.

Join Speaker Karen Bhagwat, BSN for lunch and an informative discussion on a unique program offered through Home Care Assistance. Registration deadline is October 28.

Thursday, November 10 A1001

Pain, Pain, go Away

Presented by: HealthQuest

Join HealthQuest for Lunch and Learn effective strategies for pain relief: while taking back your life. HealthQuest Doctor will educate you on the latest technology used in Healing and Pain Relief. Registration deadline is November 4.



Fall Grief Support Group

1st and 3rd Fridays, 10:30 – 11:30am

Beginning September 16

This service is offered at no charge to anyone mourning the loss of a loved one. Offering a safe and supportive environment for participants to express their feelings and better understand the grief process.

Group will be facilitated by Claudia Been, MA, Greif Support Manager at Hospice of Michigan, Oakland County. State of Michigan Licensed Counseling & Social Worker.

For more information, call (248) 246-3900

Memory Screening Day!

Monday, Nov.14, 10:00 am -2:00 pm

Contact (248) 246 3900 for appointment

- Am I becoming more forgetful?
- Do I have trouble concentrating?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Do I sometimes forget where I am or where I am going?
- Have family or friends told me that I am repeating questions or saying the same thing over and over again?
- Am I misplacing things more often?
- Have I become lost when walking or driving?
- Have my family or friends noticed changes in my mood, behavior, personality, or desire to do things?

Royal Oak Senior Community Center is offering Free Memory Screening using the Alzheimer's Foundation of America Memory Screening Advisory Board testing, conducted by a certified health care specialist. these effective screening are sensitive and specific, validated by research and confidential.

Solutions to Hunger

SNAP (Supplemental Nutrition Assistance Program)

Benefits Coordinator - Lynn Davey

Call (248)246-3900 for appointment

Solutions To Hunger benefits coordinator is available for assistance with online registration process of government food assistance program, SNAP or Bridge programs. Ages 50 years and over. For questions regarding if you are eligible, and would like to have assistance in applying for government food benefits to "spend" at the grocery store every month, call for an appointment and pre-screening. Private, in-person, one-on-one appointments only. **FREE SERVICE.**

Drop-In Sports at the Salter Center

Pickleball

- The cost is \$2.00 per session. Any individual caught not paying will be asked to leave the gym immediately
- Sign-in sheets will be made available 30 minutes before scheduled start times
- The schedule below begins Tuesday, September 6, 2016

Mondays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

Tuesdays

1:00 - 3:00 pm, All levels - East Gym
12:30 - 2:15 pm, 4.0 & higher - West Gym

Wednesdays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

11:00 am - 2:00 pm

3.5 & higher - West Gym (\$3.00)

Fridays

11:00 am - 1:00 pm or 1:00 - 3:00 pm
All levels - East Gym

5:00 - 7:15 pm

Open to ages 19 & up - East Gym

12:30 - 2:00 pm

3.5 & higher mixer - West Gym

Bounce Volleyball

Tuesdays and Thursdays

11:00 am - 1:00 pm

Bounce Volleyball, a slightly slower paced game than power volleyball, allows a wider range of skill levels to participate and enjoy this great game. \$1 per session.

Drop-In Pinochle

Wednesdays & Fridays

12:30 pm

Drop in for an enjoyable game of pinochle, meet new friends. \$1

Helping Hands

Fridays, 9:30 am

Interested in knitting, crocheting or sewing? Create blankets for chemotherapy patients at the Salter Center on Fridays, or work at home. Kits are available, or you can use your own materials to create squares that can be assembled into blankets for the patients. Stop by and get the details about the size and type of materials desired, or call (248) 246-3180. Donations of 4-ply yarn gratefully accepted.

Balance Training (50+)

Fridays, 12:30 - 1:00 pm

Sept. 16 - Oct. 21

SA 2006

Oct. 28 - Dec. 16

SA 2007

No class 11/11, 11/25

\$25 / 6 weeks

Feeling unsteady? Loss of balance often results in falling and bone fractures. This 30-minute workout is designed to build bone, strengthen core, pelvic and leg muscles while improving posture and balance. Fun and innovative exercises keep you smiling and moving! Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching fitness classes since 1994.

Let's Walk!

Monday - Friday, 8:30 - 11:00 am

Strengthen your heart, lungs and vascular system. Improve your circulation. Relieve tension and modify the aging process. How? Join **Let's Walk!** and enjoy the four seasons, briskly walking at your own pace. Walk indoors around the gym or outdoors in the park and neighborhoods, weather permitting. Track your progress by completing a mileage log sheet at the Salter Center.

Salter Center Book Club

3rd Monday, 10:00 - 12:00 noon

Are you an avid reader? Would you like to meet with people who share your passion for the written word? Join **Mary Ann DeKane**, Outreach Librarian from the Royal Oak Public Library, and members in the reading and discussing popular selections:

September 19 - *The House of Mirth* by Edith Wharton

October 17 - *Murder on the Orient Express* by Agatha Christie

November 21 - TBA

December 19 - TBA

Sit Down & Tone Up

Monday, Wednesday, Friday; 9:30 am

A lively workout without leaving your chair. You'll build strength, stimulate bone growth and improve posture and balance. Work lower body and abs by using your leg's own weight (or bring ankle weights). Work upper body with 1 - 3 lb. weights. Video workout, free!

Stretch & Strength (40+) Cardio, weights and stretching

11:00 am - 12 Noon

Fall 1

Mondays: Sept. 12 - Oct. 17

Wednesdays: Sept. 14 - Oct. 19

Fridays: Sept. 16 - Oct. 21

Fee: \$26 / 6 weeks for 1 day SA 2008

\$46 / 6 weeks for 2 days SA 2009

\$64 / 6 weeks for 3 days SA 2010

\$5 drop-in fee

Fall 2

Mondays: Oct. 24 - Nov. 28

Wednesdays: Oct. 26 - Nov. 30

Fridays: Oct. 28 - Dec. 16

Fee: \$26 / 6 weeks for 1 day SA 2016

\$46 / 6 weeks for 2 days SA 2017

\$64 / 6 weeks for 3 days SA 2018

\$5 drop-in fee

Fun exercise for the active adult and senior. Improve your stamina, strength and flexibility. All exercises are adaptable to allow you to work at your own pace and fitness level. Each class includes low-impact aerobics, strength training and stretching. Workout to great music, make new friends, socialize, laugh and have fun! Bring a water bottle and hand-held weights if you have them. Wear tennis shoes and loose, comfortable clothing. Instructor Jo Schirtzinger, from Leisure Unlimited LLC, has been teaching this popular class in Royal Oak since 1994.

No class 9/5, 11/11, 11/25, 12/26, 12/28, 12/30.

Tai Chi Chuan

Standing/Chen Style Laojia Yuile Continuing

Tuesdays at Salter Center, 10:00 am

Sept. 13 - Nov. 22 No class 11/8 SA2013

\$60 / 10 weeks

Instructor Han Hoong Wang provides this class for continuing students. *Chen Style* is the oldest form of Tai Chi Chuan from which all styles originated. Must take Silk Reeling before Chen style.

Yoga

Thursdays at Salter Center, 10:15 am

Aug. 25 - Oct. 13 SA 2014

Oct. 20 - Dec. 15 No class 11/24 SA 2015

\$36 / 8 weeks

Yoga is a great way to deal with hypertension, back pain, headaches, stress, depression and even arteriosclerosis. Through a series of movements, postures and breathing techniques, one will increase strength, flexibility, alignment and balance. Instructor - Cheryl Baugh. Preregister.

Royal Oak Senior Essential Services

R.O.S.E.S. is a program providing a variety of supportive services to Royal Oak residents age 62 and over. Payment is made directly to the contracted worker. A \$5 registration fee per year is required (assistance with payment is available to qualifying low-income seniors). The City of Royal Oak sponsors this service. Call 246-3900 Monday - Friday.



Home Chores – If you reside in Royal Oak, you are eligible to have household tasks such as yardwork, housework and gutters (first level) cleaned for you. No windows, weeding, wall washing or roofing.

Home Repairs – Repairs that do not require a licensed contractor are available to homeowners. Repairs include minor plumbing, carpentry and minor electrical.

Personal Care – Includes assistance with activities of daily living: bathing, feeding, shampoos, dressing and help with ambulating.

Adjacent Generational Exchange (A.G.E.)

Sponsored by a grant from Beaumont Health, the A.G.E. program provides assistance to the frail elderly of Royal Oak, utilizing the talents of volunteers.

Looking for a Few Good Volunteers!

The Senior Center is always looking to introduce new programs. Do you have a few hours of time to spare each month?

Have you recently retired and would like to share your on-the-job experience to help others? Or do you have a skill, a hobby or craft to share? If so, please consider volunteering and enlightening others in our community. Call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Alzheimer Support Group

**1 st & 4th Mondays, 10:00 am
Sept. 26; Oct. 2 & 24; Nov. 7 & 28; Dec. 5**

This group is an opportunity for caregivers to share information and learn from others in a supportive, caring environment. Contact the Alzheimer's Association at 800-272-3900.

Aphasia Support Group

Thursdays, 10:00 am - 12 noon

This group is for adults with communication disorders. Gain support from others on your road to recovery. For more information, call Carolyn Marsh, Volunteer Coordinator at (248) 246-3917.

Deaf Group

Wednesdays, 9:00 am

We welcome deaf adults for socialization each Wednesday.

Hearing Tests/ Clean Hearing Aids

Tuesdays, 1:00 pm

Sept. 13, Nov. 8

Zounds will provide free Hearing Tests and Hearing Aid Cleanings every other month. Call (248) 246-3900 for a 15-minute appointment.

Legal Aid

**3rd Thursday (Senior/Community Center)
Sept. 22, Oct. 20, Nov. 17, Dec. 15**

Do you have a legal issue to resolve, but are not sure you need to engage the services of an attorney? Kent Schultz, Attorney at Law, will provide free 15-minute consultations to senior citizens each month. A fee will be charged for additional services. Call (248) 246-3900 for an appointment. Can't make it to the Center? Call Mr. Schultz at (248) 541-2567 to schedule a complimentary home visit.

Medicare/Medicaid Assistance Program

MMAP counselors are available for assistance in choosing the right health plan for you. For questions regarding Medicare, Medicare Part D prescription plans and Medicaid, call Carolyn Marsh at (248) 246-3900. In-person assistance by appointment only.

Outreach

Our Outreach Administrator is available to help residents aged 62 and over through the sometimes overwhelming process of obtaining needed services. Please call (248) 246-3900 with your concerns about personal care, housing or other independent living requests. An in-home visit to assess needs is available through this service at no cost.

P.A.L.

(Positive Attitude Living)

Fridays, 10:30 am

Your attitude determines your life! Join this group to enrich your life and meet new friends. Bring your ideas for positive change to share with the group. Newcomers welcome.

Tim's Kitchen

Enjoy meals, \$3.00, prepared from scratch in the Mahany/Meininger Center kitchen Monday - Friday. Chef Tim Campbell's old favorites and new creations are nutritious, filling, and delicious! Call for monthly menus.

- Call (248) 246-3900, at least 1 day in advance to reserve a meal.
- Call to cancel reservations if unable to attend.
- Purchase meal vouchers (5 or 10 meals) at any time. Great gift idea!
- Bus fee is waived if you ride the bus to the Center for lunch!
- Menu subject to change based on availability of food supplies.

Carry-outs now available \$3.50

Meals on Wheels are available to home bound residents unable to travel to the Center. Call Emerald Food Services at (248) 689-0001 for hot meals delivered daily. The menu for homebound meals differs from the meals served at the Senior Center.

Transportation

This service provided by the City of Royal Oak promotes independence for residents aged 60 or older, and adults who are permanently handicapped. Door-to-door service is available to those with mobility problems who need to be personally escorted to the buses. The driver will assist with bags of groceries. **Call (248) 246-3914 between the hours of 9:30 am - 12:30 pm** to arrange your transportation needs. Call up to two weeks before your appointment so that we may assure you of a ride. All buses are equipped with lifts for the handicapped. Prepaid tickets are available: \$19.00 / 5 round-trip tickets and \$14.00 / 5 one-way tickets.

The Royal Oak Transportation service is sponsored by the City of Royal Oak; funded by Beaumont Health, SMART Municipal and Community Credit Funds, and rider donations.



Royal Oak

Life Now Playing

Mayor
Jim Ellison

Sharlan Douglas
Kyle DuBuc

City Commission
Michael Fournier, Mayor Pro Tem
Jeremy Mahrle

Pat Paruch
David J. Poulton

Residents Can Help Make Leaf Collection Go Smoothly

The large number of trees in Royal Oak makes leaf collection a major task. To make it happen, the department uses 12 dump trucks, two sweepers and a front-end loader with a clam bucket with crews working long hours to cover the 414 miles of streets twice during the pick up season.

The City has to wait until late October to begin the process to make sure most of the leaves are down. Since the schedule is very tight, we need all the help we can get from our residents.

No Street Parking

Royal Oak will post signs on neighborhood streets, just off major thoroughfares, notifying residents that leaf pickup will be in the neighborhood the following day. The signs ask residents to **park their cars off the streets** because cars at curbside can slow down the trucks and make it impossible to pick up leaves in front of and on either side of the residence where the car is parked.

It's important to be considerate of your neighbors. A parked car left out front doesn't just affect one house. The trucks have to go around and sometimes they can't pick up neighbors' leaves. Temporary no-parking signs are available at the DPS offices at 1600 N. Campbell (east side of Campbell, south of 12 Mile Rd.), Monday-Friday, 7:30 am-4:00 pm.

When

Other ways of helping: Know the leaf-vacuuming schedules and be timely in raking your leaves to the curb. The schedules are available at the DPS, in homeowner association bulletins, on Cable Comcast (channel 17) and WOW (channel 10), and on the city's web page, www.romi.gov. Schedules and updates are also available by calling the DPS during business hours at 248-246-3300 and selecting option 2 then option 1.

Please Help

Just as important as keeping cars off the streets on leaf pickup days is removing sticks, rocks, pieces of wood and other hard objects from leaf piles because they can damage propellers in the leaf vacuums which disables them and causes delays in pick up.

Where They Go

Royal Oak leaves go to the Southeast Oakland County Resource Recovery Authority's compost facility in Rochester Hills where they are turned into humus-rich compost. The compost is offered to residents in SOCRRA member communities, including Royal Oak, for use as compost.

Other Ways of Disposal

Leaves or any soft yard waste including woody material up to 2" in diameter may be placed at curbside in 32 gallon cans with a yard waste decal facing the street or brown paper landscape bags will be picked up on your regular rubbish day (until December 16) – set to curb by 7:00 am. Bags and cans must weigh less than 40 lbs.

Reminders:

- Residents are requested to rake leaves into the edge of the roadway in windrows.
- Do not make the piles larger than 3 feet high and 4 feet wide.
- Please keep all sticks, rocks and other debris out of leaf piles.
- Do not park your car on or near the leaves (Trucks need at least a "house length" after a parked car to get near the curb.)
- It is important not to wait until your scheduled day to rake out your leaves, especially the first time through your neighborhood.
- If by chance the City does run ahead of schedule, a truck will be by on your scheduled day. Do not rake leaves just ahead of the crews and expect them to wait for you.
- Residents may call the DPS at 248-246-3300, option 2 then option 1, to get an update if the schedule has changed.
- Residents should note that schedules are subject to change due to mechanical breakdowns or other factors beyond the City's control.
- Please park cars off the street. Work with your neighbors to make sure there are no parked cars on the street to get in the way of the trucks.

After Leaf Pickup

Every attempt will be made to make a third pick up, however this is strictly dependent upon the weather. After December 16, 2016, leaves and yard waste will NOT be picked up either curbside or on your regularly scheduled refuse day. Either hold onto yard waste until the program begins April 1, 2017 or residents will be allowed to take a limited number of bags to SOCRRA between December 19, 2016 and March 31, 2017 for disposal. Please call (248) 288-5150 for more information.

Leaf collection schedule on back cover

Tree Lighting Ceremony

The 35th Annual Tree Lighting Ceremony will be held **Thursday, December 1** at City Hall Plaza and the Royal Oak Farmers Market.

The festivities begin at 6:15 pm including caroling led by Stagecrafters, music by the Royal Oak Salvation Army Band, song sheets provided by The Daily Tribune and a performance by the Royal Oak Children's Choir. Plus, visit with Santa Claus after the ceremony! The Holiday Magic Marketplace in the Farmers Market from 4:00-9:00 pm will feature over 60 local crafters and artisans.

Jimi's Restaurant and McDonald's of Royal Oak will provide free hot dogs, hot chocolate, coffee and candy canes at the Farmers Market.

Volunteers from The Keystone Club of the Boys and Girls Club will be collecting donations of cash, toys and non-perishable food items. These donations will be distributed by the "Give A Christmas" and "The Christmas Classic Organization" to needy families during the holiday season.

We invite all residents to join us for a fun evening filled with Holiday Spirit!

Holiday Magic Marketplace	4:00 - 9:00 pm
Refreshments	6:15 pm
Royal Oak Children's Choir	6:30 pm
Tree Lighting Ceremony	7:00 pm

Sponsored by: City of Royal Oak and the Downtown Development Authority

Thank You Sponsors!

Horns and Hot Dogs III concert 8/13/16

THANK YOU! To all of the Royal Oak businesses for their generous support making this wonderful event possible.
Paige Gembariski - Senior Center & Activities Coordinator
 Leo Mahany / Harold Meininger Senior Community Center



Clerk's Corner

2016 November Election

The Presidential Election is scheduled for Tuesday, November 8. In order to be eligible to vote, you must be a citizen of the United States, at least 18 years of age on or before Election day, have been a resident of Michigan at least 30 days prior to the election and have registered on or before the close of registration (30 days prior) preceding the election. First time voters who have registered to vote by mail must vote their first time in person. If you are interested in serving as an election inspector and have computer experience, please visit the website at www.romi.gov/departments/city-clerk/election-inspector.



Boards and Committees

Are you looking to volunteer and make a difference within our community? How about serving on one of our committees? We are always accepting applications for those interested in serving on boards and committees. Check out our website to see a list of current vacancies and apply on-line or at the city clerk's office.

Dog Licenses

Dog Licenses are available in the clerk's office. **All dogs must be licensed by their owner** (City Ordinance § 195-10). A copy of the dog's rabies certificate is required in order for the license to be issued, as well as proof of spaying or neutering. The licenses are issued according to the expiration of the rabies vaccination. A three year license is \$20 for dogs that are spayed or neutered. A three year license for dogs that are not spayed or neutered is \$40. There is a \$20 late fee if the dog license is renewed more than 30 days after the expiration of the current license. Residents who are 60+ receive a \$2 discount on dog licenses.



Mark Twain Dog Park FOBS

Dog Park applications are available on our website at www.romi.gov/portal/general-information/forms-and-applications or in person at the city clerk's office. The application and waiver must be completely filled out and brought into the city clerk's office in order to process. Owner must show proof that all shots for their dog are current (Bordatella, Distemper, Parvovirus and Rabies) and non-residents must also show a copy of their dog's current license. The fees for first time applicants are \$50 for residents and \$75 for non-residents. If you are renewing your dog park FOB and return the old FOB, the yearly fees are \$40 for residents and \$65 for non-residents. If a FOB is lost and needs to be replaced, there is an additional \$10 fee. FOBS expire one year from the original application date. If there will be additional handlers in the household using the FOB, they must sign a waiver as well.



FARMERS MARKET

Locally grown produce and plants are in abundance at the Royal Oak Farmers Market. Every Saturday more than 30 Michigan farmers set up their booths offering everything from apples to zucchini. Most are picked within 24 hours of purchase. In addition to produce, there are several vendors selling antibiotic- and hormone-free meats, free range eggs and chicken, cheeses, freshly made salsa, baked goods, and much more. **For more information, please call (248) 246-3276.**

Open All Year!

Farmers & Specialty Food Vendors are at the market

- Fridays, 7:00 am - 1:00 pm, May - December
- Saturdays, 7:00 am - 1:00 pm, All year

Antique & Collectible Vendors are at the market

- Sundays, 8:00 am - 3:00 pm

Calendar of Events at the Market:

September

7	Wed	Rock the Veil (6:00 - 9:30 pm)
14	Wed	Food Truck Rally (5:00 - 9:00 pm)
16	Fri	Great Lakes Bacon Bash (7:00 - 11:00 pm)
18	Sun	RO Classic Bike Show, West Parking Lot (8:00 am - 3:00 pm)
23	Fri	Ashley & Jordan Siegel Scholarship Fundraiser, West Parking Lot (6:00 - 11:00 pm)
25	Sun	Aids Walk Detroit, South Parking Lot (8:30 am)
30	Fri	Mixed Cocktail (7:00 - 11:00 pm)

October

8	Sat	ROFM Ciderfest (7:00 - 11:00 pm)
10	Mon	Senior Salute (10:00 am - 3:00 pm)
12	Wed	Food Truck Rally (5:00 - 9:00 pm)

November

2	Wed	Shawarmafest (6:00 - 10:00 pm)
5	Fri	Whiskey Business (7:00 - 11:00 pm)
8	Tues	Election Day
9	Wed	Food Truck Rally (5:00 - 9:00 pm)
10	Thur	Challah Bread Blessing (6:00 - 9:00 pm)
12	Sat	Sip Savor Stomp (7:00 - 11:00 pm)
21	Mon	Chili Cook Off (7:00 - 11:00 pm)
22	Tues	Special Holiday Market (7:00 am - 1:00 pm)

December

1	Thurs	Holiday Magic Market Place (4:00 - 9:00 pm)
14	Wed	Food Truck Rally (5:00 - 9:00 pm)
16	Fri	12 Days of Christmas (7:00 - 11:00 pm)



Like us on Facebook!



Drinking Water We Need Your Help

The City of Royal Oak, along with state and federal agencies, has taken extra precautions to protect our water systems. But we need help from residents and business owners to keep our drinking water system safe.

If anyone observes someone tampering with and/or opening a fire hydrant, manhole lid, etc., who does not appear to be a City employee, please call the Department of Public Service immediately at (248) 246-3300, if the incident occurs between 7:30 am and 4:00 pm, Monday through Friday, and the Royal Oak Police Department at (248) 246-3500 any time thereafter.

Our goal is to continue to provide pure and wholesome water to our community. We know that we can do that with your help.

Residential Customers with Underground Lawn Sprinkling Systems

The City of Royal Oak's approved Cross Connection Plan by the State of Michigan Department of Environmental Quality (MDEQ), states that backflow preventers installed on residential underground lawn sprinkling systems must be tested by a certified technician every three years (see picture below). This device is usually installed on the outside of the home on the supply to the lawn sprinkling. The City of Royal Oak has contracted with HydroCorp to manage this program. This spring, letters will be addressed to home owners that are required to have their backflow devices tested. The letter will include a list of certified testers that have previously tested backflow devices in the city and a test form that will be filled out completely by the technician and returned to HydroCorp. Please contact HydroCorp at 248-250-5000 with questions pertaining to the cross connection program.



Refuse and Recycling Directory

- Department of Public Services (DPS)**..... 248-246-3300
(Calls regarding garbage and recycling pickups should call DPS at 246-3300)
- SOCRRA MRF/Drop-off Center** 995 Coolidge..... 248-288-5150
Drop-off accepts: All acceptable curbside recyclables; unflattened, unbundled cardboard; automotive batteries; paperback and hardcover books; all paper (except carbon); CDs/DVDs/VHS; floppy disks; cassette tapes (all cases recycled separately); used clothing; screw-off lids/caps; plastic bags (no twine or hard plastic handles; no frozen food bags). **NEW: styrofoam** (no peanuts).

Household Hazardous Waste Disposal & Electronic Recycling

Drop-off at 995 Coolidge: Mon.-Fri., 8:00 am-3:30 pm; Wed., 8:00 am-5:30 pm; Sat., 8:00 am-2:00 pm
NO APPOINTMENT NECESSARY Visit socrra.org for more information.

Hazardous Waste – To dispose of: Motor oil, solvents, yard chemicals, fluorescent light bulbs, insulin syringes, oil-based paint, propane tanks, etc. NOTE: Containers will NOT be returned.

Used Electronics – To recycle computer monitors, CPUs, printers, TVs (no wooden cabinets), radios, phones, cell phones, copy & fax machines, stereos, VCR/CD/DVD players, video game systems, etc.

Recyclables – All plastic as long as it is a container; all glass bottles, jars; metal cans/pie tins/empty aerosol cans; small scrap metal; newspaper; magazines, catalogs, paper, mail, paperback books, all paper (put in paper/plastic bags); food/beverage/drink/juice boxes, paper cups; phone books; corrugated cardboard; paperboard; household batteries (in clear baggies). Prepare according to instruction sheet, place loose in recycling bin, except paper, and set at curb on refuse day before 7:00 am.

Regular Refuse – Put household materials in containers 20 to 32 gallon (maximum size) or in 20 to 30 gallon plastic bags and put at curb by 7:00 am. Cans and bags cannot be over 40 lbs. Containers under 20 gallon will be considered expendable and will be thrown out with the trash. **Yard waste cannot be mixed with trash at any time.**

Yard Waste – Picked up curbside from April 1 to mid-December: Separate non-woody material as well as woody yard waste (up to 2" in diameter) from regular refuse and put at curb by 7:00 am in a 32-gallon container with a yard waste decal (decal must face street) or in a paper landscape bag. Containers/bags cannot weigh more than 40 lbs. **Yard waste cannot be mixed with trash at any time.** Plastic bags are not acceptable. Not picked up as either yard waste or trash mid-Dec. to March 31. Either hold on to until program begins April 1 or call SOCRRA for disposal (248-288-5150).

Leaf Vacuum Program begins at end-October. Rake leaves into street according to city schedule or put into acceptable containers and set at curb on refuse day. For pick-up schedule, check *Insight*, WROK Cable (Channel 17 or 10) or the city's website at www.romi.gov.

Brush, Tree Trimmings & Shrubs – Tie woody material between 2"-5" in diameter in bundles up to 4' long and 15" in diameter, weighing no more than 40 lbs. each (under 2" SEE YARD WASTE). Set at curb with trash by 7:00 am of refuse day OR contact the city's recommended chipping contractor, JH Hart 586-795-5581. Limbs over 5", the trunk and root system must be disposed of privately.

Broken Glass – Wrap in heavy paper or place in cardboard box or metal can with lid. Put with regular refuse NOT in recycling bin.

Cardboard – Flatten and tape or tie into bundles OR stuff smaller flattened boxes into larger box, **no larger than your recycle bin** (23" L x 16" W x 13" H).

Appliances (refrigerator, stove, hot water tank, etc.) – Set at curb on refuse day by 7:00 am. In apartment, cul de sac or dead end street, call DPS the day before your pickup at 248-246-3300. Remove doors on refrigerators and freezers and place to side.

Carpeting & Padding – Roll and securely tie no longer than 4' and weighing no more than 40 lbs. per bundle. Set at curb with trash by 7:00 am on refuse day.

Latex Paint – Remove lid and allow to harden or add kitty litter or sand to absorb liquid; set at curb on refuse day with lid removed for pickup with trash. Or chip out dried paint, rinse can and put in recycling with lid removed. Oil-based paint is hazardous, please take to SOCRRA for disposal. Refer to Hazardous Waste for hours.

Excluded Curbside Items – The following items are **NOT** acceptable for curbside collection: Liquids, radioactive items, flammable products, explosives, infectious materials, asbestos insulation, tires, hazardous waste, stumps, engines, transmissions, rear axles, construction items, loose items such as bricks, concrete (even if it's attached to something), root balls, dirt or sod. These materials must be disposed of privately. See www.socrra.org or call 248-288-5150 for locations, hours, rates and procedures. Limited amounts of construction items from home occupant's personal repair or remodeling are acceptable. However, items cannot be longer than 4' in length, must be bundled and weigh less than 40 lbs. per bundle.

Holiday Refuse Collection – When one of the following holidays (official not observed) falls on a weekday, collection for the remaining days of the week will be delayed one day: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas Day. Refuse collection is not affected for any other holidays or when the above holidays fall on a weekend.



City of Royal Oak Home Improvement Program

Loans and grants are available through the City's Housing Office to repair single family, owner occupied households. Royal Oak's Home Improvement Program is intended to maintain and improve the City's neighborhoods by helping low- and moderate-income homeowners make necessary repairs.

Grants are available for exterior work only, up to \$10,000. Grants are forgivable over 10 years at 10% per year. Grants may be combined with loans.

Installment loans up to \$40,000 interest charge **0%**.

Owner and occupant of a single-family home with a total household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$37,450	5	\$57,800
2	\$42,800	6	\$62,100
3	\$48,150	7	\$66,350
4	\$53,500	8	\$70,650

Deferred loans up to \$40,000 interest charge **3%** home homeowners on limited incomes require no payment for a period of time as determined by the Loan Committee.

Applicants for deferred loans must have a household income that does not exceed the following:

Family Size	Max. Income	Family Size	Max. Income
1	\$23,450	5	\$36,150
2	\$26,800	6	\$38,850
3	\$30,150	7	\$41,500
4	\$33,450	8	\$44,200

The City assists homeowners with the project from determining the work necessary, bidding the work and contracts. Applicants aren't required to pay fees or put money down. The program is required to address lead-based paint hazards.

For more information call (248) 246-3292 or visit www.romi.gov



**THE CITY OF ROYAL OAK PROVIDES
EQUAL HOUSING OPPORTUNITY**

What to Do About Sewer Problems

Residents who experience sewer problems should call the Department of Public Service immediately at (248) 246-3300 during regular working hours (7:30 am - 4:00 pm) Monday - Friday or the Police Department at (248) 246-3500 any other time. A Sewer Department representative will respond to your emergency. If the problem exists in the main sewer line, a City crew will clear the line. If the problem is in the property owner's sewer line, it is the homeowner's responsibility to call either a plumber or a sewer cleaning company. For full details on water and sewer emergency procedures, consult the City's website at www.romi.gov.

At Your Service

- Emergency Calls Only Police, Fire & Ambulance**.....911
- General Information**..... 248-246-3000
- Animal Complaint** 248-246-3500
- Animal Shelter** 1515 N. Edgeworth 248-246-3364
- Assessor** 248-246-3110
- Building Inspection** 248-246-3210
- Building Inspection Requests** 248-246-3234
- Building Inspection Fax** 248-246-3006
- Cable TV (WROK)** 222 E. 11 Mile Rd..... 248-246-3040
 - Questions regarding Comcast 800-934-6489
 - Questions regarding WOW 866-496-9669
- City Attorney** 248-246-3240
- City Clerk** 248-246-3050
- City Manager** 248-246-3200
- Code Enforcement** 248-246-3210
 - Code Enforcement 24-hour Hotline 248-246-3238
- 44th District Court** 248-246-3600
 - Probation, 400 E. 11 Mile 248-246-3670
- Engineering** 248-246-3260
- Farmers Market** 316 E. 11 Mile..... 248-246-3276
- Finance** 248-246-3030
- Fire Department** 215 E. Sixth St.
 - Emergency 911
 - Non-Emergency 248-246-3800
 - Fire Prevention Bureau 248-246-3810
- Housing Assistance - Rehabilitation Loans**..... 248-246-3130
- Human Resources** 248-246-3070
- Ice Arena** 1403 Lexington Blvd..... 248-246-3950
- Information Systems** 248-246-3080
- Landlord Licensing Program**..... 248-246-3210
- Library** 222 E. 11 Mile Rd. 248-246-3700
- Mahany-Meining Sr./Community Center** 3500 Marais..... 248-246-3900
- Mayor**..... 248-246-3200
- Orson Starr House** 3123 N. Main St..... 248-588-0170
- Parks & Forestry** 248-246-3300
- Planning & Zoning** 248-246-3280
- Police Department** 221 E. Third St.
 - Emergency 911
 - Non-Emergency 248-246-3500
 - Community Policing..... 248-246-3524
 - Detective Division 248-246-3515
 - Record Division 248-246-3530
 - Snow Emergency Announcement 248-246-3442
 - Traffic Safety Division 248-246-3505
- Public Service Department** 1600 N. Campbell
 - Highway Maintenance 248-246-3300
 - Parks & Forestry..... 248-246-3300
 - Recycling & Refuse Collection 248-246-3300
 - Sewer Maintenance..... 248-246-3300
 - Water Maintenance 248-246-3300
 - Emergencies between 4:00 pm - 7:30 am & weekends 248-246-3500
- Purchasing** 248-246-3030
- Recreation** 1600 N. Campbell..... 248-246-3180
- Royal Oak Golf Course** 3417 Don Soper Dr. 248-554-0019
- Salter Community Center** 1545 E. Lincoln..... 248-246-3180
- Senior Citizen Programs** 3500 Marais 248-246-3900
- Street Lighting Outage - DTE Energy** 800-477-4747
- TDD (Hearing Impaired)** 248-246-3010
- Treasurer** 248-246-3140
- Voter Registration** 248-246-3050
- Water Bills** 248-246-3160
- Youth Assistance** 1601 N. Campbell..... 248-546-8282
- Website**..... www.romi.gov

City of Royal Oak Scrap Metal, Electronics & Book Drive

**Saturday, September 24, 2016
9:00 am - 1:00 pm**

**Department of Public Service Yard
1600 N. Campbell Road
(Just south of 12 Mile Road on the east side of Campbell)**

A paper shredder will be available.

Books

**Please consider donating unwanted books
to the Royal Oak Public Library. There will be a
collection bin at the event.**

Scrap Metal - Nothing too big or small:

**Appliances, Tools, Patio Furniture
You name it. Even the Kitchen Sink!**

Electronics - Just a few suggestions:

**Phones, Computers, Monitors, Printers, Holiday Lights
If you're not sure, just bring it in!**

**We cannot accept propane tanks, liquids of any type,
hazardous materials or fluorescent bulbs at the event.**

**For more information, go to
www.socrra.org or call 248-288-5150**

Styrofoam Now Recycled at SOCRRA Drop-off Center

On December 1, 2014, SOCRRA began accepting styrofoam (polystyrene foam) at the Recycling Drop-off Center. You may now drop off the following styrofoam items:

- Cups
- Takeout containers
- Egg cartons
- Meat trays
- Food trays/lunch trays
- Packaging foam such as molded forms and shapes (no packaging peanuts, please)

For successful recycling, please follow these guidelines:

- Make sure all items are clean and rinsed to remove food remnants
- **Please do not place foam items in your curbside bin. This program is available only at our drop-off center located at 995 Coolidge (across from the Meijer Gas Station).**

Royal Oak Animal Shelter

The Royal Oak Animal Shelter is operated as a City service under management of the Royal Oak Police Department. Our goals are to provide a safe haven for lost animals or animals given up by their owners; to reunite lost animals with their human companions, and to provide the best possible adoptions of available animals into the home best suited to their personalities.

Contact

1515 N. Edgeworth, Royal Oak, MI 48067
(248) 246-3364
www.romi.gov/portal/community-links/animal-shelter

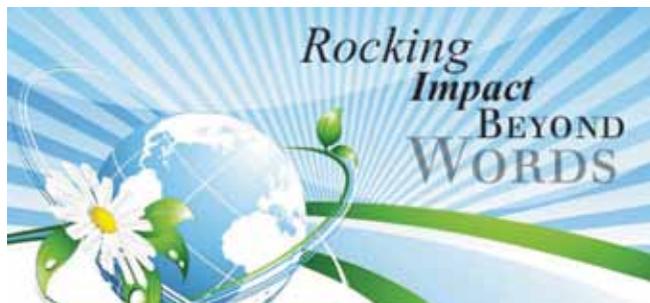
Open Hours

Monday - Friday: 4:00 - 7:00pm
Saturday: 11:00 am - 3:00 pm
Sunday: Closed



Pet Supplies Plus Hosts Litter Drive for Animal Shelter

The Royal Oak Animal Shelter and Pet Supplies Plus, 29402 Woodward, have an ongoing and successful kitty litter partnership. Here's how it works. Anyone can purchase a bag of kitty at the store and it will be held until someone from the animal shelter picks it up. You don't have to lift it; just donate it. It's an easy way to help the shelter cat population.



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WORD ARTIST/
POET/WRITER

Phone
(248) 547-2344

Email
patt@pattswordart.com

pattswordart.com



FIRE DEPT

Fire Department Open House

The Royal Oak Fire Department will be hosting its annual open house **Saturday, October 8 from 11:00 am - 2:00 pm** at the downtown fire station, 215 E. Sixth St. Every year this community event grows bigger and better. Come prepared to:

- See a live stove fire demonstration
- Watch a car torn apart with the Jaws of Live
- Watch the technical rescue team rappel down the building
- Jump in a bounce house
- Enjoy cider and donuts
- Maybe win a new bike
- Lots and lots more...



Residential Lockbox Program

The program is in full swing and has already saved several residents the cost of a new door. Residents with medical alert alarms are strongly encouraged to participate in the program.



Firefighters “train extensively on doing the least amount of damage possible but nothing beats a key,” says Firefighter Noah Cockroft. “When someone is hurt and can’t come to the door speed is of the essence. A saw works but a key is better.”

Residents who want a lock box are encouraged to call the Royal Oak Fire Department at 248-246-3800 and a packet of information will be mailed to their home.

Boxes are available at Frenz and Sons for about \$35.

Firefighter Oliverio

Hose Testing

What are they doing with all the hoses off the truck?

Every year firefighters put every foot of hose through rigorous testing. Firefighting subjects the hose to extreme pressure as well as sharp objects and unknown chemicals. Making sure they work every time requires diligence and care.

“A burst hose is very dangerous, not only because it means the firefighter inside loses water pressure but it can whip around violently, its under incredible pressure” says Firefighter Lippo “The last thing we want to worry about on a fire scene is a hose failure, its kind of important for putting the fire out.”



Firefighter Ryan Tengler



Royal Oak DOWNTOWN DEVELOPMENT AUTHORITY

September 2 - 5: Ford Arts, Beats & Eats presented by Soaring Eagle Casino & Resort – Oakland County’s Favorite Summer festival features over 200 performances on 10 stages, a highly ranked Juried Fine Arts Show, local restaurants with some of the finest cuisine in metro Detroit, a kid’s area, carnival and numerous other attractions and activities that make Royal Oak the premier destination for Labor Day weekend. Visit artsbeatseats.com for details.

October 1: Beer Stroll presented by the Royal Oak Restaurant Association invites guests to sample Michigan craft beer and food from some of the top downtown Royal Oak establishments from 12:00-5:00 pm. Tickets are \$40 in advance, for details visit dineroyaloak.org.

October 30: Spooktacular – Enjoy trick-or-treating at 75+ downtown businesses from 1:00-4:00 pm. Plus enjoy great games, sales, and specials!

November 20: Holiday Magic Parade presented by Genisys Credit Union – Kick-off the holidays with the annual parade through downtown Royal Oak at 2:00 pm with marching bands, floats, musicians and more. Visits with Santa follow the parade from 2:00 - 4:00 pm!

Veterans’ Day Service

On **Friday, Nov. 11, 2016, 11:00 am**, at the R.O. Memorial Plaza, the Royal Oak Memorial Society will have a service for our veterans. All are welcome. Please join us in honoring our veterans for all they have done for us. We will have placing of the wreaths, a guest speaker and a performance by a student choir. Please call (248) 543-8420 for more information.



You Should Know...

Library Hours

Beginning September 6

Monday - Thursday, 10:00 am - 9:00 pm

Friday & Saturday, 10:00 am - 6:00 pm

Library Closings

For Arts, Beats & Eats and Labor Day, the library will be closed Friday, September 2 through Monday, September 5.

For Thanksgiving, the library will be closed Thursday, November 24 through Saturday, November 26.

For Christmas, the library will be closed Friday, December 23 through Monday, December 26.

You can:

- Renew books online at ropl.org.
- Renew books by phone 24/7 at 888-672-8983
- Get extended checkout periods when you are going to be out of town
- Download FREE eBooks, eAudiobooks, and eMagazines
- Get free and reduced price admissions with Michigan Activity Pass

Call 248-246-3700 for details.

Library Hours Increase and Baby Size! Story Times Added

The Royal Oak Public Library will be restoring Tuesday and Thursday morning hours. **Beginning September 6**, the library will open at 10:00 AM, Monday through Saturday. **The new expanded hours will be Monday through Thursday, 10:00 AM - 9:00 PM; Friday and Saturday 10:00 AM - 6:00 PM.**



This provides opportunities to add more morning story times. **Baby Size!** will be a special program on Tuesday mornings for the youngest children, infants to 15 month olds, and their adults. Enjoy 30 minutes of language building activities for babies including songs, rhymes and play. Older siblings may attend, but these sessions are designed for babies up to 15 months of age. Join the fun **starting on September 13 at 10:15 AM.**

Story Time for Four- and Five-Year-Olds will shift from Thursday afternoons to **Thursday mornings at 10:15 AM.**

Check ropl.org/events for other morning story times, evening family programs, and many other programs for youth and teens.

Library Services Without Visiting the Library

Did you know that you can access many library services with your smart phone, home computer, and personal electronic devices? **Check the library's website, ropl.org, for details about these resources:**

- Free eBooks and eAudioBooks for all ages are available through **OverDrive**
- Free eMagazines (including back issues) through **Zinio**
- Learn a foreign language (80 to choose from) or brush up on your English with **Pronunciator**
- Check and research investments with **ValueLine Research Center**
- **Book Flix** and **TumbleBooks** provide read-to-me and electronic books for children.
- **Learning Express Library** provides academic, licensing, and certification practice tests, elementary level testing for math and reading, and skills building tools.
- **Chilton Library** provides authoritative car and truck repair information. Year, make, and model combinations from 1940 to the present. Videos, photos, wiring diagrams, diagnostics, and maintenance specifications.
- Looking for something more indepth to improve career and personal skills? Check out **Gale Courses** which are free to Royal Oak Library cardholders. Gale Courses offers access to hundreds of instructor-led online courses covering everything from health and wellness to creative writing, computer programming, GED test preparation and much more.



These courses are developed by expert instructors and have continuous enrollment dates. Courses run for six weeks with two new lessons being released weekly for a total of 12 lessons. They are entirely Web-based with comprehensive lessons, quizzes, and assignments. This is a wonderful resource which offers ROPL card holders continuing education opportunities that can accessed from home or the library's public computers.

Make use of these valuable information resources from wherever you are!

EARN REWARDS 2 WAYS!



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- Rewards Debit MasterCard®
- Combine points to earn rewards faster
- Redeem points for travel, gift cards or merchandise

Royal Oak Branch
530 N. Main Street
248-268-1557

25 Southeast Michigan branches,
find more at genisyscu.org



GENISYS
CREDIT UNION



Dear Neighbor:

As a Royal Oak resident recognized by members of the community as the superintendent of our schools, I am often asked: “Do you work during the summer?”

The answer is “YES!” Summer months in your schools are incredibly busy. During the summer we provide a host of learning opportunities for students, including:

- summer day camps & day care
- credit recovery opportunities for high school students
- targeted elementary summer school for students deemed to be at-risk
- summer enrichment programs, and
- for those students whose individual educational plans suggest it, a range of special education extended school year programming.



Staff learning over the summer includes on-site seminars, workshops and institutes, as well as attendance at off-site professional learning conferences and graduate school summer sessions.

Beyond these learning opportunities, much maintenance and construction work occurs in preparation for the coming academic year. A number of capital projects are being completed:

- Keller Elementary roofing
- Upton Elementary exterior door replacement
- Royal Oak High School’s Kimball Auditorium renovations
- Lockman School demolition (this is the final unused facility to be razed)
- High School and Middle School mechanical and HVAC control projects
- ROHS restroom renovations

(For a full list of projects, see page 48.) At every building a list of maintenance issues are addressed over the summer and every building gets a deep cleaning.

In addition to the projects being completed this summer, our school board is working on developing a fresh long-term facilities plan. Students and staff are reaching for the standard of excellence established in our vision. We want to be sure that our district facilities support excellence in academics, the arts and athletics. The board is committed to developing a plan that does not increase current tax rates and that is fully paid off within the needs assessment timeframe. Stay tuned...

School in summer has been compared to a boat at dock. There is much work that is done. There is much learning that occurs. But, the purpose of a boat is to be at sea. While summers in our schools are busy, and much learning occurs, I am excited to raise the sails and set to sea for the 2016-2017 school year. With our “A Community of Excellence” vision continuing to guide us, I am confident that the 2016-2017 school year will be the best year ever for students and student learning in Royal Oak.

Sincerely,

Shawn Lewis-Lakin
Shawn Lewis-Lakin

**2016-2017 School Year Begins
Tuesday, September 6, 2016**

All students in grades K-12 should report for a full day of school on the morning of **Tuesday, September 6, 2016.**

If you have not received specific information from your school principal, or you are new to the district, please call your school building (phone numbers listed on page 51) or Student Services at (248) 435-8400, Ext. 1232.

School Hours 2016-2017 School Year

	Start Time	Late Start Time	End Time
All Elementary Schools	8:25 a.m.	9:25 a.m.	3:30 p.m.
Royal Oak Middle School	8:00 a.m.	9:00 a.m.	2:50 p.m.
Royal Oak High School	7:55 a.m.	8:55 a.m.	3:00 p.m.
Churchill Community High School	8:00 a.m.		2:30 p.m.

Enrollment

Back-to-School Packet Information

Back-to-School packets are available on-line at the district website home page, www.royalookschools.org.

For those who do not have internet access, print copies will be available at the Board of Education/District Office, 800 DeVillen, Royal Oak, MI 48073.

Annual Registration

The completion of Back-to-School paperwork – something that occurs for all students each August – is now on-line. The MISTAR Parent Portal is the point of access for families use to complete this process. This increases the importance of making sure that you know how to log in and use the MISTAR Parent Portal. Please contact your child's school office for assistance.

Changing Residence and School Enrollment

If your family has or will be moving before the start of the school year, you must notify our Central Enrollment Office. **All address changes must be made in person with the Central Enrollment Office, 800 DeVillen, Royal Oak, MI 48073.** If your move will take you out of the Royal Oak School District, you will need to enroll your children to attend school in your new school district. **Making school enrollment changes now will help the new school your child attends obtain the information they need to best plan for your child's learning.**

Family Information Updates

Changing your e-mail address? New telephone number? Parents can edit their contact information or change their password to something easily remembered at the MISTAR Parent Portal. **Address changes, however, cannot be updated using Parent Portal.** All address changes must be made with the District Central Enrollment Office, which is located at 800 DeVillen, Royal Oak, MI 48073.

Enrollment Procedures

Parents may enroll students at our centralized location. Pre-enrollment paperwork may be completed online.

District Central Enrollment Office

800 DeVillen, Royal Oak

District Office Hours: Monday - Friday, 7:30 a.m. - 4:30 p.m.

Enrollment Office Hours:

Monday - Friday, 7:30 a.m. - 4:00 p.m.

Enrollments need to be started by 4:00 p.m. to allow time for the completion of enrollment process by 4:30 p.m. when the office closes.

Robin Newsome, Enrollment Coordinator
(248) 435-8400, Ext. 1260
Fax: (248) 280-2591

To register a child for school, parents should bring the following with them to the Enrollment Office:

Enrollment/Registration Required Documents

- **2 Proofs of Residency**
 - Lease Agreement (plus page with landlord and tenant signatures)
 - Mortgage Statement (within last month)
 - City Assessor's Tax Statement (current year)
 - Current Utility Bill or Cable Bill (within last month)
 - Notarized Affidavit of Residence if living in someone else's home/apartment
 - This person's driver's license and two proofs of his/her residency
- **Driver's License** (of parent or guardian)
- **Birth Certificate** (original or certified copy with raised seal)
- **Immunization Records**
- **Vision Screening Required for Kindergarteners**
- **Court documents**, if applicable (guardianship, foster care, etc.)
- **High School requires transcript at time of enrollment**
- **Enrollment packet paperwork must be completely filled out.** It can be downloaded at www.royalookschools.org, click "Enrollment", or it is available at the district Enrollment Office or any school building.
- **Please bring:** Emergency contact names/phone numbers, physician's name/phone number, and previous school name/address/phone and fax numbers

Kindergarten Vision Screening

Michigan law requires a vision screening for kindergarten entrance. A vision screening done by a health department technician, physician, or eye doctor fulfills this requirement.

The Oakland County Health Division offers free vision screening for Oakland County residents. Call (248) 424-7070 to schedule an appointment.

Early Childhood Center Offers Preschool Programs for Three/Four/Five-Year-Olds

The Royal Oak Schools Preschool Program offered at Addams Early Childhood Center is available to three-, four- and five-year-olds.

This program is fully licensed by the State of Michigan. We have certified early childhood teachers and also paraprofessionals, giving a student-to-teacher ratio of 18:2 for four- and five-year-olds and 14:2 for three-year-olds. Parent conferences are held so that parent(s) and teachers can work together to develop goals for each child. At the end of the school year, the teachers may interface with the Kindergarten teachers to make the transition go smoothly. Curriculum includes developmentally appropriate practices (DAP) that include gross motor skills, small group activities, songs, stories, creative arts, computer skills, and social interaction, all in a "can-do" atmosphere. Parent participation is encouraged.

The Preschool Program runs from September through May with holidays in accordance with the district calendar. Three-year-olds meet on Tuesday and Thursday. Four- and five-year-olds meet Monday, Wednesday, and Friday. The AM session meets from 9:00-11:30 a.m. and the PM session meets from 1:00-3:30 p.m.

For registration information and/or questions on these fee-based programs, please call (248) 288-3220, Ext. 3561.

Young Oaks Before and After School Child Care

Royal Oak Schools offers fee-based before and after school child care for school-aged children at each of the six elementary schools.

The Young Oaks Latchkey Program emphasizes a comfortable, supervised atmosphere that includes activities that will enhance the child's physical, social and academic growth.

The program is fully licensed by the State of Michigan and follows all of its guidelines. The staff is fully trained in CPR and first aid and receives additional appropriate in-service training throughout the year.

We offer care before and after school, as well as on most vacation days. In addition, summer camp is available during the summer break. For a nominal additional fee, parents can purchase "inclement weather" coverage in the event that schools are closed for an unpredictable reason.

For more information regarding the fee structure of the Young Oaks Program, call Evelyn Maurer at (248) 288-3220, Ext. 3561.

Great Start Readiness Program (GSRP)

The Royal Oak Schools Great Start Readiness Program (GSRP) currently offered at Addams Early Childhood Center is designed to get your four-year-old ready for Kindergarten. The program runs from mid-September to mid-May each year, following the district holiday and break schedules. The classroom is staffed with a certified K-8 teacher with ZA endorsement (early childhood emphasis) and an associate teacher. The student-to-teacher ratio is 8:1. Classes are held Monday through Thursday. This program is fully licensed through the State of Michigan.

GSRP is a state program that is funded through a grant from the State of Michigan Department of Education. For qualifying families, there is no cost to participate. GSRP is not solely based on financial need. In order to qualify, your child must meet two of eight factors that place them into the "at risk" category (as defined by the grant provided through the State of Michigan). Please contact the GSRP teacher at (248) 288-3220, Ext. 3569 for further information.

Royal Oak Named One of the "Top 10 Best Small Cities for Education in America"

Royal Oak was recently ranked among the "Top 10 Best Small Cities for Education in America". Royal Oak was one of just two Michigan cities to earn this distinction, the other being Novi. Royal Oak was tied for the fifth spot on the list with Auburn, Alabama. Movoto Real Estate, which produced the list, selected 140 small cities with populations between 50,000 and 60,000. Researchers then used the U.S. Census' American Community Survey, AreaVibes, and GreatSchools.org to collect education criteria to establish their top 10 listing. "Recognition such as this confirms what our students, their families, and the citizens of Royal Oak know: our city is a great place to learn and to live," said Superintendent of Schools Shawn Lewis-Lakin.

When You Have a Question or Concern...

1. Take your question or concern to the person closest to the problem.

Whether in the classroom, in the cafeteria, or on the playground or practice field, the quickest and easiest solution is usually found with the person most directly involved. Talk with that person first. In order to find a time that is satisfactory to both you and the individual involved, you may need to make an appointment. When you make an appointment, please state the general nature of your question or concern, so the staff member can save both of you time by researching the issue and gathering the necessary information in advance of meeting with you.

It is a good practice to establish and maintain open communication with school staff. Please contact them not only when you have a question or concern, but also when things are going well.

2. If your question or concern is not resolved, go to the next level.

The School Principals, Special Education Director, Athletic Director, Community Education Director, and Food Services

Director are all individuals who are willing to work with you to help answer questions or resolve concerns. These persons, too, may need to find a time that is appropriate for both of you to meet. When you make contact with them, to arrange a time to talk or meet, it is helpful for them to know the basic nature of your concern and the person with whom you first talked in working to resolve the concern.

3. If your concern is still not resolved, contact the Superintendent of Schools.

There are times when you may not receive satisfaction at the first two levels and need to contact the Superintendent's Office. When you do contact the Superintendent's Office, either the Superintendent or one of the Executive Directors who work closely with the Superintendent will respond to you. Please keep in mind that the Superintendent and Executive Directors are often expected to attend meetings both inside and outside of the school district, which means a meeting may require advance planning. When you make contact with the Superintendent's Office to arrange a

time to talk or meet, it is helpful for them to know the basic nature of your concern, and the persons with whom you have talked at the building or department levels to resolve the concern.

4. If your concern is still not resolved, contact a member of the School Board.

School Board members are elected to represent the interests of all parents and district residents. They do not, however, have direct authority in day-to-day operations of the school. The authority of the Board of Education is the result of official actions decided on by a majority of Board members at meetings open to the public. The Board's primary responsibility is to make policies that guide the school district.

Contact with the Board of Education is appropriate after you have attempted to resolve a question or concern at all prior levels, when a policy is being enforced but you believe it results in bad consequences, or when you believe that at the Superintendent level a policy isn't being followed or is not being followed fairly for all.

Project Find

Project Find needs your assistance to help children with special needs. Special Education Services are available for eligible children ages birth to 26 who have trouble seeing, hearing, talking, or learning.

Call about available free services for eligible children through your local Royal Oak Schools.

Jane Flarity-Gram
Special Education Director
(248) 435-8400

Residents Invited to Apply For Board of Education Committees

Applications are now being accepted for the Royal Oak Schools 2016-17 Board of Education Committees. Committees include:

- Arts & Preservation
- Communications
- Wellness
- Health/Sex Education Advisory
- Finance & Facilities
- Curriculum Advisory
- Readmission (not open to students)

Additional information regarding these opportunities may be obtained by contacting the Office of the Superintendent at (248) 435-8400, Ext. 1128. Applications are available on the district website www.royaloakschools.org, Board of Education page under the "District" tab. The deadline for submitting applications is Friday, September 16, 2016.

Activity Gold Card Available for Seniors

The Royal Oak School District presents its Senior Activity Gold Card, a complimentary pass for Royal Oak residents ages 60 and over. This complimentary pass will be renewable every three years.

Benefits

The Gold Card includes free admission to:

- Athletic Events (except state sponsored tournaments)
- Drama Programs & Dance Shows
- Vocal & Instrumental Music Concerts
- Evening Recreational Swim at Royal Oak Middle School

Applications are available at the Churchill Community Education Center, 707 Girard, Royal Oak. For additional information, please call (248) 588-5050.

Royal Oak Schools Adult Education



Churchill Community High School

Daytime Alternative High School program for students ages 16-19.

Days: Monday through Friday

School Calendar: A student can take a varying course load to earn 2.5-3.5 credits per trimester. Trimesters begin September 6, December 5 and March 13. Classes begin September 6.

Potential new students, please call (248) 588-5050, Ext. 1502 to schedule an interview for admission.

Adult Education/Afternoon and Evening High School

Program for adults and high school age students age 16 and older who wish to complete the requirements for a high school diploma.

Class Times:

Monday - Thursday, 3:15-9:15 p.m.

School Calendar: Two 15-week semesters are offered between September and May. Classes begin September 12, 2016.

Registration begins August 29, 2016

Registration Fee: \$25.00

Mondays & Tuesdays, 10:00 a.m.-2:00 p.m.
Wednesdays & Thursdays, 2:00-6:00 p.m.

For more details, please see

www.royaloakschools.org/churchill-center/adult-education.

Tuition: Non-high school graduates who do not attend school during the day can take classes free of charge. Students who attend school during the day must pay a tuition fee for evening classes and bring a signed permission slip from their high school counselor that includes approved courses for the student to take.

English as a Second Language

For foreign born adults who are learning the English language. This class provides basic English vocabulary, grammar, pronunciation, speaking, listening and culture through various media. Daytime classes are Monday, Tuesday, Wednesday and Thursday from 8:30 to 11:00 a.m. Evening classes are Tuesday and Thursday from 6:30 to 9:30 p.m. Classes will begin September 12. For further information, call (248) 588-5050, Ext. 1506. Or come in person to:

Churchill Community Education Center
707 Girard, Royal Oak
(between 12 & 13 Mile Roads, East of Rochester Road)

Registration begins August 22, 2016

Registration Fee: \$25.00

Mondays & Tuesdays, 10:00 a.m.-2:00 p.m.
Wednesdays & Thursdays, 2:00-6:00 p.m.

For more details, please see

www.royaloakschools.org/churchill-center/esl/

G.E.D. Preparation – English & Math

These courses are designed to prepare students for the G.E.D. test. The focus of the classes will be on English skills, writing and math. There will also be a personalized online skill-builder used, and test taking skills will be taught. You can earn one unit of credit while you prepare for the G.E.D. test. Classes are free and begin September 12. For further information, call (248) 588-5050, Ext. 1502.

Registration begins August 29, 2016

Registration Fee: \$25.00

Mondays & Tuesdays, 10:00 a.m.-2:00 p.m.
Wednesdays & Thursdays, 2:00-6:00 p.m.

For more details, please see

www.royaloakschools.org/churchill-center/ged-prep/

ROHS Model UN Trip to Italy

Eleven students from the award-winning Royal Oak Model United Nations Team, ROMUN, with their advisors Steve Chisnell and Jennifer Crotty, traveled to Italy this summer. Their journey was an advocacy trip to research the refugee crisis in Europe. In addition to visiting Rome, Florence, the Vatican, and Pompeii, the team met with representatives from the UN High Commission on Refugees, the Vatican's local NGO Caritas, UNICEF, and the Italian CoDes (EU program linking governments to schools, promoting sustainable development). The students learned about issues of development, education and the Syrian refugee crisis.

The students formed small research teams to lead the discussions with diplomats, posing questions on the logistics of integration, the challenges of networking NGOs and non-profits effectively, trauma care for children, and the preservation of cultural heritage. "Our goal was to learn what the traditional media wasn't reporting," said graduating senior Matt Harmon, who plans to study journalism.

Italy was an ideal location for such meetings since it has long been the easiest destination for immigrants to the EU crossing the Mediterranean; the officials the team met were experienced in the issues, and the Syrian crisis is only the most recent challenge for the different agencies. "Together, they also represent different strategies to address refugees," explained Chisnell, "the international level of the UN, the state level of Caritas, and the local ground agencies like CoDes and UNICEF's field programs."

The two-week trip had more than its share of cultural visits, as well, including the museums and galleries of Florence, the archaeological sites of Rome, a concert of Italian arias, St. Peter's Basilica and The Duomo along with dozens of other churches, an Italian cooking class, a private olive oil-tasting event, and an amazing collection of markets with fresh foods.

Finally, in keeping with its spirit of service, the team did a day of service each in Rome and Florence, repainting walls damaged by graffiti and restoring a public garden house.

To learn more, visit the trip webpage at www.chisnell.com/project/2016-italy/, find out about the team at romun.org, or follow them at @ROMUNNews on Twitter. The trip hashtag was #ROMUNinRome.



Eleven Royal Oak High School Model UN students traveled to Italy on an advocacy trip to research the refugee crisis in Europe.

ROHS One of Top Michigan Schools

Royal Oak High School (ROHS) is one of the best public high schools in the State of Michigan according to the '2016 Best High School' ranking by *U.S. News and World Report*. Of the 850 public high schools in Michigan, ROHS was one of only 93 schools awarded a silver medal. Seven schools received gold medals and 159 received bronze medals. This is the second year in a row that Royal Oak High School has been awarded a silver medal designation.



"This ranking affirms Royal Oak High School's position as a top tier high school in our county and in the state," said Shawn Lewis-Lakin, Superintendent of Schools. "We have seen consistent growth in the performance of our high school students, and this recognition reaffirms the tremendous teaching and learning that are occurring at ROHS."

To produce the '2016 Best High School' ranking, *U.S. News* worked with RTI International, a global non-profit social research firm. The key principles upon which the rankings are based included: a great high school must serve all students well, not just those who are college bound, and it must be able to produce measurable academic outcomes to show it is successfully educating its student body across a range of performance indicators.

"That this recognition is based upon actual student achievement data makes it all the more significant," said Sarah Olson, Executive Director of Instruction for Royal Oak Schools. "ROHS is producing outstanding student learning results."

Michael Giromini, ROHS principal, added "We're proud of this accomplishment, particularly in that it is reflective of the hard work and dedication of our students and teachers. At ROHS and throughout Royal Oak Schools, we challenge ourselves everyday to improve our practice so we can ensure success for all of our students."

ROHS, along with Royal Oak Middle School, is an International Baccalaureate World School offering the Middle Years Programme.

10 Alumni, Two Educators to be Inducted into Royal Oak High School Hall of Fame

Keynote Speaker will be Dr. Mona Hanna-Attisha

Ten alumni and two educators have been named to the 2016 Royal Oak High School Hall of Fame. The public is invited to the ceremony on Sunday, December 4, 2016 in the Royal Oak High School Auditorium with keynote speaker, inductee Dr. Mona Hanna-Attisha.

Inductees for the 2016 Royal Oak High School Hall of Fame include:

Julie Boledovich (Class of '99): Community leader and mental health champion who raised more than \$120,000. Founder of the non-profit Mind Over Matter (MOM) to create a safe place to discuss mental illness and suicide.

Anne Hartrick Cook (Class of '75): Royal Oak Schools paraprofessional who survived a catastrophic accident as a 19 year-old, but went on to earn a college degree. She raised a family and serves many schools in the district, not missing a single day of work since she began in 1999.

James Curnow (Class of '59): Composer of over 400 works for concert and brass band, orchestra and choir. Commissions include the US Army Band, the Tokyo Symphony Orchestra and the Michigan State University bands.

Cynthia DeAlmeida (Class of '77): Internationally honored and recorded oboist featured with the Pittsburgh Symphony Orchestra.

Marie Donigan (Class of '72): Michigan State Representative with service in education, health care, public transportation and the economy.

Mona Hanna-Attisha (Class of '94): Pediatrician who helped expose the high levels of lead in Flint's water supply. Named one of *Time Magazine's* 'Time 100 Pioneers'.

Melinda Jayne Loftin (Class of '74): Ethics Official for the U.S. Department of Interior, U.S. Air Force and the White House.

Alexander Maximovich (Class of '67): Director of Gynecologic Endoscopy at William Beaumont Hospital, award-winning doctor and teacher featured on radio and television over 240 times.

Daniel Polsgrove (Class of '94): Air Force astrophysicist and award-winning instructor at the U.S. Air Force Academy.

Amy Ronayne Krause (Class of '80): District and Court of Appeals Judge, former Assistant Attorney General, Chair of the Michigan Drug Treatment Court Advisory Committee.

Jack Stephan: Royal Oak Kimball High School Principal for 22 years who began his career with Royal Oak Schools in 1953.

Tracey Yokich (Class of '78): Probate and Circuit Court Judge. Three-term Michigan House of Representatives serving on the Appropriation, Judiciary, Public Health, Conservation, Environment and Great Lakes Committees.

Inductees will join a notable list of past inductees including nationally noted graduates *Ordinary People* author Judith Guest, activist Tom Hayden, Eagles musician Glenn Frey, *Car and Driver* editor and publisher David E. Davis.

The Hall of Fame's mission is to recognize all contributions that are embodied in the school's motto: "Enter here to learn, go forth to serve."

Hall of Fame Website: www.rohshalloffame.com

Instructional Swim Program

Registration:

Wednesday, September 7, 5:15-6:30 p.m.
at Royal Oak High School Pool Entrance

If classes are not filled on this date, registration will continue at the pool prior to the start of the first lesson.

First Date of Fall Lessons:

Saturday, September 17, 2016
Royal Oak High School Pool

Classes:

Training Program for Competitive Swimmers, Ages 7-17 (9 lessons)

Must be able to swim 50 yards fly, back, breast and free.

Class Time: 7:30-8:25 a.m.; Fee: \$90

Boys & Girls, Ages 6-14 (9 lessons)

Sept. 17-Nov. 12, 8:30-9:10 a.m.

or 9:15-9:55 a.m.; Fee: \$80 per child,
\$75 for each add'l child in same family

Tiny Tots, Ages 3-5 (w/o parent, 9 lessons)

Sept. 17-Nov. 12, 10:00-10:30 a.m.

Fee: \$80 per child, \$75 for each add'l
child in same family

Tiny Tots, Ages 1-5 (w/ parent, 6 lessons)

Sept. 17-Oct. 22, 10:35-11:05 a.m.

Fee: \$40 per child, \$35 for each add'l
child in same family

Adaptive Swim, All Ages (6 lessons)

Sept. 17-Oct. 22, 11:10-11:40 a.m.

Fee: \$20 per half hour

Individual Lessons, Available to Children & Adults (min. 5 lessons)

11:10-11:40 a.m. Fee: \$20 per half hour

Fall Evening Recreational Swim

Schedule:

Mondays & Thursdays

September 8, 2016 - March 9, 2017

Royal Oak Middle School

Monday Evenings:

7:30-8:30 p.m. Children & Adults

8:30-9:45 p.m. Adults Only (Lap Lane)

Thursday Evenings:

8:45-10:00 p.m. Adults Only (Lap Lane)

Fee: \$5.00 for everyone over 5 years of age. Seniors are free with school district Senior Citizen Gold Card (available at Churchill Continuing Education Center). Discount Cards are available at Open Swim locations for \$40 (10 visits).

Vacation Period Pool Closures:

Thanksgiving: Nov. 24, 2016

Winter Holiday: Dec. 22-Dec. 30, 2016

Pools are also closed whenever school is not in session due to inclement weather or other emergency.

**For more information, call
(248) 435-8500, Ext. 1148.**

Pat Affeld Named Royal Oak Schools Nominee for Betty Champion Distinguished Support Service Award

Pat Affeld was the Royal Oak Schools nominee for the Oakland Schools Betty Champion Distinguished Support Service Award. Ms. Affeld, Secretary of Upton Elementary School, served in the school district for 30 years.

She began her career in 1986 at Lockman Elementary School where she served as a paraprofessional for children with physical and cognitive impairments. From 1995 to 2010 she worked at Oak Ridge Elementary School as a media technician and for the past six years she has been the secretary at Upton.

According to John Grzywack, Principal of Upton, "It is an honor to recognize Pat Affeld as the Royal Oak School District Support Person of the Year. We have been fortunate to have her as an integral part of our Upton Family. Her presence as the first point of contact not only helps create a comfortable atmosphere, but also one in which parents know their children will be safe, taken care of, and respected."

The Betty Champion Distinguished Support Service Award program was created to recognize the valuable contributions that employees, other than teachers and administrators, make to Oakland County schools. The award is named in honor of former Oakland Schools Board member Betty Champion.



Upton Elementary Principal John Grzywack with Betty Champion Award Nominee Pat Affeld.

Royal Oak Schools Recognizes Retiring Employees

The Royal Oak Board of Education recognized 28 employees who retired at the end of the 2015-2016 school year. Collectively, these individuals represent 732 years of experience working in the Royal Oak Schools.

Patricia Affeld, Upton Elementary Secretary, 29 years
Ruth Boerkoel, Board Office Purchasing, 29 years
Pam Bordy, Royal Oak High School Scheduling, 26 years
Jennifer Browne, Royal Oak High School Teacher, 23 years
Katherine Calkins, Royal Oak High School Teacher, 22 years
Vanessa Chopp, Royal Oak Middle School Teacher, 31 years
James Cole, Royal Oak High School Athletic Director/Assistant Principal, 4 years
Patricia Cooley, Royal Oak High School Secretary, 23 years
Clyde Ewell Jr., Royal Oak High School Teacher, 47 years
Pamela Edginton, Oak Ridge Teacher, 24 years
Jill Ex, Royal Oak Middle School Teacher, 28 years
Elaine Fedorisin, Oak Ridge Teacher-RTI, 30 years
Elizabeth Hartjen, Churchill Teacher, 29 years
Pamela Herceg, Royal Oak High School Teacher, 23 years
Cindy Hern, Royal Oak High School Teacher, 24 years
Deborah Jablonski, Royal Oak High School Paraprofessional, 30 years
Donna Knaus, Teacher Consultant, 17 years
Kathleen Michaels, Occupational Therapist, 29 years
Mary Beth Morrison, Speech and Language, 21 years
Lisa Murray, Keller Secretary, 25 years
Terry Powers, Royal Oak High School Teacher, 29 years
Dayle Prinstein, Social Worker, 37 years
Suzanne Scott, Royal Oak Middle School Secretary, 26 years
Brenda See, Royal Oak High School Paraprofessional, 21 years
Jean Simmons, Keller/Oakland Media Tech, 31 years
Nancy Soik, Addams ECC Secretary, 27 years
Debra Sutton, Churchill Teacher, 23 years
Donna Tarsavage, Oakland Teacher, 24 years

Royal Oak Schools Go Green

Five Royal Oak schools (Royal Oak Middle School, Addams, Keller, Oakland, and Oak Ridge Elementaries) achieved the highest "Evergreen" school status in the State of Michigan Green Schools Program. Northwood Elementary received an "Emerald" designation and Royal Oak High School was named a "Green" school.



The Green Schools Program encourages schools to participate in environmentally friendly and energy savings activities. If a school participates in 20 activities, it may be designated a Michigan Evergreen School. Those participating in 15 activities may be named a Michigan Emerald School. A school achieving 10 of the 20 listed activities may apply to be a Michigan Green School. In the letter of congratulations, Michigan Green Schools said, "It is obvious from the applications that you have captured the intent of the program and engaged your students and faculty to think and act green!"

The four categories of activities for official green school qualification are:

1. Reduce/Reuse/Recycle
2. Energy
3. Environmental Protection
4. Miscellaneous

For further information, visit www.michigangreenschools.org

Name New Royal Oak High School Athletic Director/Assistant Principal

Don Watchowski, a former Royal Oak High School (ROHS) and Royal Oak Middle School teacher and Junior Varsity Basketball Coach, is returning to Royal Oak High School as Athletic Director/Assistant Principal. He replaces Jim Cole who retired at the end of the school year after serving in the position for four years.

“We are very grateful to Mr. Cole for the Royal Oak Raven Pride he instilled in our students and brought to our athletic program,” said Superintendent Shawn Lewis-Lakin. “We wish him all the best in his retirement.”

“Don Watchowski is a great hire for us,” continued Lewis-Lakin. “He brings some Royal Oak history along with great experience in the role of Assistant Principal/Athletic Director. We are fortunate to get him.”

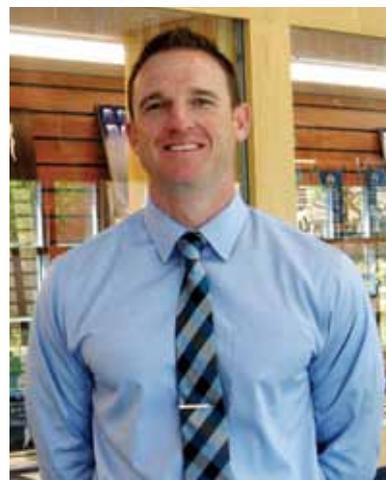
“Don is a strong addition to our ROHS team,” said Principal Michael Giromini. “With his training and experience, he will

build on Mr. Cole’s good work and help us take our Raven Nation to the next level, both athletically and academically.”

“It’s great to be back in Royal Oak,” said Watchowski. “I look forward to serving the community with the goal of providing the best athletic and academic opportunities possible for our kids. We plan to continue to build a program that our athletes, coaches, parents and community can be extremely proud of. Go Ravens!”

Most recently Watchowski served as Athletic Director/Assistant Principal at Ortonville’s Brandon High School and Richmond High School. He was also Head Varsity Baseball Coach at Birmingham Seaholm High School from 2005-2010. In 2009 he was named Oakland County Baseball Coach of the Year.

He is president of the Oakland County Athletic Directors Association and a member of the National Interscholastic Athletic



Administrators Association and Michigan Interscholastic Athletic Administrators Association.

A graduate of Michigan State University, he received a Bachelor’s Degree in Kinesiology and Master’s Degree in Educational Leadership, K-12 Administration.

Royal Oak Students Compete in Michigan Special Olympic State Games

Six Royal Oak student athletes participated in the Michigan Special Olympic State Games at Central Michigan University. The athletes participated in 18 track and field and swimming events and won three gold, six silver and two bronze medals.

Participants included:

Jake Herrera, Philip Cowan, Nicole Donaldson –

Royal Oak post secondary students

Alyssa Suisham –

Royal Oak Middle School

Hailey Morgan –

Royal Oak Middle School

Grant Hatterman –

Addams Elementary School

They have been training all year for their specific event. The athletes qualify by competing in local games. The students get to experience dorm life by sleeping and eating on campus with their team and fellow athletes from around the state.

The team is coached by Royal Oak High School Physical Education Teacher David Potter. “All the athletes worked hard and were proud of their accomplishments,” said Royal Oak Schools Physical Therapist Christine Buchanan.



Royal Oak Special Olympic student athletes pose with Royal Oak High School Physical Education Teacher David Potter.

Coding Clubs Introduced at Elementary Schools

Twenty-five Addams Elementary 4th and 5th graders, under the direction of Teacher Shannon Carlson, organized the district's first elementary school coding club this past spring. The club met after school twice a week for four weeks and provided a creative and fun way to learn computer science. The program is being expanded to all six elementary schools for the 2016-2017 school year.

Using Google Computer Science (CS) First, a free program that increases student access and exposure to computer science education, students learn by watching videos on the computer and code using an online tool called Scratch.



Ms. Carlson emphasizes that there is no need for prior experience and the program is very easy and user friendly. The students work independently and share projects from the previous session to celebrate their work.

The goals of the program are to:

- increase confidence when using computers;
- instill courage to try new things;
- grow perseverance when tackling difficult problems;
- demonstrate the impact that computer science has in careers and communities.

For more information visit www.cs-first.com. Information about programming clubs at each elementary school this fall will be available in school newsletters.

Special Thanks to Royal Oak Schools Foundation Golf Outing Sponsors

Major Sponsors

Barton Malow, Holiday Market, Michigan Educational Credit Union, Robertson Brothers

Gold Sponsors

AXA Advisors, Deb & Jay Anderson, Dave Butler, Dave Nelson, Neil Nelson & Norm Nordstrom, Clark Hill, Detroit Sheet Metal Partnership of Local Union 80 and SMACNA Contractors, ETS Engineering, Free Beer, Real Integrated, ROSPAC, Steinberg, Shapiro & Clark, TMP Architecture

Silver Sponsors

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Golf Balls Provided by Michigan Educational Credit Union



ROYAL OAK SCHOOLS FOUNDATION
ENRICHING LIVES THROUGH EDUCATIONAL OPPORTUNITY

2016-2017 Food Service Information

New applications for free and reduced price meals will be mailed in late August. Please only use the new version as previous versions cannot be accepted.

The new application is also available at www.royaloakschools.org, at each school, and at the Board of Education/Administration building. Note that the application is a "Family" application requiring only one application per family. This application must be filled out accurately and completely to be processed. Incomplete applications will delay the application process.

Students who were eligible for free or reduced price meals at the end of 2015-2016 school year will retain their eligibility for the first 30 school days of the 2016-2017 school year. Please submit the new application by October 10, 2016 to avoid a lapse in meal benefits. Families are responsible for paying for meals between the 30 day grace period and the time a new application is processed.

School lunch prices for 2016-2017 are as follows: Elementary school: \$2.50, Middle and High school: \$2.90, breakfast at all schools \$1.25.

High school and middle school students need to use their ID badge or enter their student number on the key pad to receive a lunch, pay for a lunch, pay for a la carte items, or use money in their food service account. Elementary students do not carry ID cards but are identified by the classroom teacher, the lunch monitor, and the food service cashier.

Elementary school lunches must be pre-ordered a day in advance in the classroom at the beginning of the day. Your child's teacher will handle the ordering of school lunch and pass along the order to Food Service. The first day of school and the first day after winter break are exceptions to this rule and although pre-orders will be taken, they are not required.

You can add money to a Food Service account; online through Parent Connect (this is the preferred method), a check with student's name on the memo line, or cash at any cash register or for elementary school students-in a clearly marked envelope with your child's first and last name.

The district has a no-charge policy for school meals (lunch and breakfast). A

USDA approved alternate meal consisting of a fruit, a vegetable, a milk and a cheese sandwich on whole grain bread will be offered for lunch to students who have a negative balance on their account. No la carte purchases will be allowed until the balance is positive. Students will be charged for the alternate meals. (Elementary school students will be allowed to charge a meal once before an alternate meal is offered.)

Breakfast is available at all schools every day school is in session including half days, exam days, and late start days. Breakfast normally starts one half hour before the start of the school day. Students do not need to pre-order breakfast. The price for breakfast at all schools is \$1.25 for paid, \$.30 for reduced and free for free eligible.

Chartwells continues to be ahead of the curve regarding healthy choices for students and will continue to offer whole grains, fresh fruits, and vegetables, skim flavored and 1% white milk daily.

If you have any questions, please contact the Food Service office at (248) 435-8500, Ext. 1122.

USDA Rules for 2016 -2017:

- Students are required to select at least one serving of fruit or vegetable at lunch and breakfast (100% juice counts as a serving of fruit).
- Smart Snacks in School, the USDA's "All Foods Sold in Schools" Standards ensure kids are only offered tasty and nutritious foods during the school day.

Nutrition Standards for All Foods Sold in Schools

Any food sold in schools must:

- Be a whole grain rich grain product; or
- Have as the first ingredient a fruit, vegetable, dairy product or protein food; or
- Be a combination food that contains at least ¼ cup of fruit and/or vegetable; or
- Contain 10% of the Daily Value of one of the nutrients (calcium, potassium, vitamin D, or dietary fiber)

Foods must also meet several nutrient requirements:

- Calorie limits: snacks 200 calories; entrees 350 calories
- Sodium limits: snacks 230 mg; entrees 480 mg
- Fat limits: total fat 35% of calories; saturated fat 10% of calories; trans fat zero grams
- Sugar limit: 35% of weight from total sugars in foods

**Note: These guidelines also pertain to fundraising programs.*



Nutrition Information

Digital menus are available via **Nutrislice**. Features will include: mobile and web application convenience, improved communication with parents, students and community, enhanced navigation for food allergies and dietary concerns, easy to access anytime and anywhere. Go to www.royaloakschools.nutrislice.com No log in required, just visit this site and choose your menu.

Summer Building Projects

Our schools are a tremendous community asset, not only for residents with children attending our schools, but for the community as a whole. On an ongoing basis, the district seeks to maintain and improve our school facilities. While such work does not eliminate the need for periodic larger scale capital improvement efforts, the work completed year to year does insure that our schools are safe, clean and supportive of student learning.

Projects around the district that are being completed include the following:

- Demolition of the former Lockman Elementary School (also known as Keller West)
- Renovation of the Kimball Auditorium at Royal Oak High School (ROHS)
- Restroom renovations at ROHS (approximately 25% of restrooms will be renovated)
- Updating of the mechanical control systems (heating and cooling controls) at ROHS
- Replacement of exterior doors at Upton Elementary School
- Accessibility modification to ROHS stadium bleachers
- Interior brick cleaning and restoration at ROHS

Community members are invited to participate with the Board of Education in facility planning as members of the Facility and Finance Committee. For information on how you can be a part of this committee, call (248) 435-8400, Ext. 1228. For additional information on these and other projects, visit www.royaloakschools.org.



Board Acts to Restore Funding

On June 9, 2016, the Royal Oak Schools Board of Education acted on a resolution to place an operating millage restoration proposal on the November 8, 2016, general election ballot. If approved by voters, the proposal would restore the non-homestead millage to the 18.00 mills previously authorized. Since 1994, voters in Royal Oak have supported an 18.00 mill operating levy on non-homestead proper-

ties. It was last approved in 2013 with an over 70% yes vote.

The non-homestead millage is only collected on properties other than owner occupied residential homes. This is not a tax on the home you own and in which you live. Funding levels for local school districts are established by the State. In order to receive the full funding permitted by the State, local districts are required

to collect 18.00 mills on non-homestead property. Absent approval of the restoration proposal, Royal Oak schools would lose over \$132,000 in funding for the 2016-2017 school year. This amount of lost funding would increase in subsequent years. Approval of this ballot item would allow Royal Oak schools to receive revenues at the full foundation allowance permitted by the State.

Operating Millage Restoration Proposal

This authorization will (i) restore the authority of Royal Oak Schools to levy 18.00 mills previously authorized and levied for general operating purposes on non-homestead taxable property (comprised primarily of business, commercial, and rental property) which has been reduced by 0.1566 mill by application of the Headlee Amendment, and (ii) increase the prior authority by 0.6434 mill in the event of future Headlee rollbacks of the same amount. This authority, combined with other unexpired authorizations, would allow the School District to receive revenues at the full foundation allowance permitted by the State.

Shall the limitation on the amount of taxes which may be imposed on taxable non-homestead property in Royal Oak Schools, County of Oakland, State of Michigan, be increased by 0.8 mill (\$0.80 on each \$1,000 of taxable value) for five (5) years, the years 2016 to 2020, inclusive, to provide funds for operating expenses? This millage would raise an estimated \$132,312.04 for the school district in the first year that it is levied.

2016-2017 School Year Attendance Calendar

August 31, 2016	Professional Learning Day
September 1	Teacher Work Day
September 6	First Student Attendance Day: Full Day for All Students
September 14, 21, 28	Professional Learning Mornings:
October 5, 12, 19, 26	Early Start for Teachers & Late Start for Students
October 28	Half-day Schedule (A.M. Only) for All Students & Staff Members. No School in Afternoon.
November 2, 16, 30	Professional Learning Mornings:
	Early Start for Teachers & Late Start for Students
November 4	End of First Quarter: Students & Staff Full Attendance Day
November 8	Records/Professional Learning Day: No Students
November 23, 24, 25	Thanksgiving Break: No School for Staff or Students
December 7, 14	Professional Learning Mornings:
	Early Start for Teachers & Late Start for Students
December 23, 2016 - January 3, 2017	Winter Holiday Break: No School for Staff or Students
January 16, 2017	Martin Luther King Holiday: No School for Staff or Students
January 20	End of Second Quarter; End of First Semester: Student & Staff Attendance Day
January 23	Records Day: No School for Students
February 1, 8, 15	Professional Learning Mornings:
	Early Start for Teachers & Late Start for Students
February 20, 21	Mid-Winter Break: No School for Staff or Students
March 1, 8, 15, 22	Professional Learning Mornings:
	Early Start for Teachers & Late Start for Students
March 30	End of Third Quarter: Student & Staff Full Attendance Day
March 31	Records Day: No School for Students
April 3 - 7	Spring Break: No School for Staff or Students
April 14	Good Friday: No School for Staff or Students
April 19, 26	Professional Learning Mornings:
May 3, 10, 17, 24	Early Start for Teachers & Late Start for Students
May 29	Memorial Day Holiday: No School for Staff or Students
June 16	Final Student Attendance Day
	End of Fourth Quarter; End of Second Semester
June 19	Records Day

Annual Notices

Royal Oak Schools are required to annually provide notices to the community. The notices make community members aware of their rights in regards to directory information, educational records, pupil rights, bloodborne pathogens, privacy rights and nondiscrimination. The notices are posted in handbooks and on our website, www.royaloakschools.org. If you have questions about these notices, or would like to have hard copies of them provided to you please contact the Superintendent's Office, at (248) 435-8400.

Professional Learning Wednesdays

On our school calendar, we have 25 Wednesdays that are designated as Professional Learning Wednesdays. On these days teachers engage in professional learning and planning to enhance student achievement. To provide time for these activities, teachers arrive to school early and students begin their day one hour later than on other days. At every grade level, accommodations are in place so that families may maintain a consistent schedule on those days when teacher professional learning results in a later starting time for students.

Question: I utilize morning latchkey for my children. Will I need to pay an additional fee for the extra hour on the Wednesdays when school starts later?

Answer: For families who use a.m. latchkey services for elementary children, there is no additional charge on the Wednesdays when school starts later.

Question: I do not typically use A.M. latchkey services, but the late start days will create a challenge for my family. What options will be available for families with elementary aged children?

Answer: A "homework club" option is available at all elementary buildings from 8:25 - 9:25 a.m. on all late start Wednesdays. So that we can plan to properly supervise the children, there is a registration form and fee that each family who wants to use this service must complete. The fee is just \$15 per family per semester; the fee is waived for families participating in the free and reduced lunch program.

Question: What options are available at the Middle School and High School?

Answer: At Royal Oak Middle School, the "breakfast club," that normally provides a place for students between the hours of 7:15 a.m. and 7:55 a.m. each school day, is open from 7:15 a.m. to 8:55 a.m. on the late start days. At ROHS, students who need to arrive at 7:50 a.m. on late start days are invited to use the cafeteria as a before school study hall area before school begins at 8:55 a.m.

Question: How can I keep track of which Wednesdays have students starting later?

Answer: Professional Learning Wednesdays do not occur in January or June. Otherwise, they are scheduled for every week that is a five school day week.

2016-2017 Events Calendar August-December 2016

August

- 17, 18 Addams Kindergarten Snapshot 4:00-6:00 p.m.
- 22 Northwood Kindergarten Snapshot 2:00-6:30 p.m.
- 23 Oak Ridge Kindergarten Welcome/Registration 1:00-3:30 p.m.
- 23 Oakland Kindergarten Welcome/Registration 5:00-7:30 p.m.
- 23, 24 ROMS 6th Grade Orientation Program
- 24 Keller Kindergarten Snapshot 2:00-7:00 p.m.
- 24 ROHS Senior Registration 8:00-10:30 a.m.
- 25 Addams Kindergarten Welcome 9:00-10:30 a.m.
- 25 Elementary Welcome/Registration – A-G -1:00-2:00 p.m./H-M-2:00-3:00 p.m./N-Z-3:00-4:00 p.m./ All-5:00-7:00 p.m.
- 25 ROHS Junior/Sophomore Registration - Juniors 8:00-10:30 a.m. / Sophomores 12:30-2:30 p.m.
- 25 Upton Kindergarten Snapshot 9:00 a.m.-noon
- 26 ROHS Freshman Registration 8:00 a.m.-12:00 p.m.
- 29 ROHS Make-up Registration 8:30-10:00 a.m. / 1:00-2:30 p.m.
- 29 ROMS 7th & 8th Grade Schedule Pickup
A-E-8:30-9:30 a.m./F-J-9:30-10:30 a.m./K-N-10:30-11:30 a.m./O-S-1:00-2:00 p.m./T-Z-2:00-3:00 p.m.
- 30 ROMS 6th Grade Schedule Pickup – A-F-8:00-9:00 a.m./G-L-9:00-10:00 a.m./M-R-10:00-11:00 a.m./
S-Z-11:00 a.m.-12:00 p.m./Building Open for 6th Families 1:00-3:00 p.m.

September

14, 21, 28 Professional Learning Mornings

- 1 Upton Kindergarten Meet the Teacher 4:00-5:00 p.m.
- 1 ROMS Makeup Schedule Pickup 5:00-7:00 p.m.
- 6 1st day of School - Full Day**
- 8 Board of Education Meeting 7:00 p.m.
- 12 Elementary PTA Meetings 7:00 p.m.
- 14 ROHS Curriculum Night 6:00-7:30 p.m.
- 15 Elementary Curriculum Night (K-2 - 6:30-7:15 p.m.) (3-5 - 7:30-8:15 p.m.)
- 19 ROMS PTA Meeting 7:00 p.m.
- 20 GAFE Parent Night Grades 3-12, Parents & Students at District Offices 6:30-8:00 p.m.
- 22 ROMS Curriculum Night 6:30-7:55 p.m.
- 26 ROHS PTSA Meeting 7:00 p.m.

October

5, 12, 19, 26 Professional Learning Mornings

- 5 Count Day
- 5, 6 ROMS Parent/Teacher Conferences 4:00-7:00p.m.
- 7 ROMS Dawg Walk
- 10 Elementary PTA Meetings 7:00 p.m.
- 13 Board of Education Meeting 7:00 p.m.
- 17 ROMS PTA Meeting 7:00 p.m.
- 24 ROHS PTSA Meeting 7:00 p.m.
- 26, 27 ROHS Parent/Teacher Conferences 4:00-7:00 p.m.
- 28 Half Day - Students AM Only
- 28 Elementary Halloween Observed

November

2, 16, 30 Professional Learning Mornings

- 2, 3, 4 ROMS 6th Grade Camp
- 4 End of First Marking Period - All Grades
- 8 Election Day - No School for Students**
- 10 Board of Education Meeting 7:00 p.m.
- 14 Elementary PTA Meetings 7:00 p.m.
- 17, 21 Elementary Parent/Teacher Conferences 4:00-7:00 p.m.
- 21 ROMS PTA Meeting 7:00 p.m.
- 23-25 Thanksgiving Holiday - No School**
- 28 School Resumes
- 28 ROHS PTSA Meeting 7:00 p.m.
- 29 Elementary Parent/Teacher Conferences 4:00-7:00 p.m.



December

7, 14 Professional Learning Mornings

- 8 Board of Education Meeting 7:00 p.m.
- 12 Elementary PTA Meetings 7:00 p.m.
- 19 ROMS PTA Meeting 7:00 p.m.
- 23 - Jan. 3 Winter Holiday Break - No School**

Royal Oak Schools Directory

ELEMENTARY SCHOOLS

School	Address	Administrator	Secretary	Phone	Fax
Addams	2222 W. Webster 48073	Mr. Youanes	Ms. Nall	288-3100	288-3144
Helen Keller	1505 N. Campbell 48067	Ms. Dryden	Ms. Kaiser	542-6500	541-1260
Northwood	926 W. 12 Mile Rd. 48073	Ms. Ashburn	Ms. Till	541-0229	541-4709
Oakland	2415 Brockton 48067	Mr. Lynch	Ms. Kucyk	542-4406	542-9289
Oak Ridge	506 E. 13 Mile Rd. 48073	Dr. Parrott	Ms. Kaczkowski	588-8353	588-0750
Upton	4400 Mandalay Ave. 48073	Mr. Grzywack	Ms. Catchpole	549-4968	549-0013

ROYAL OAK MIDDLE SCHOOL 709 N. Washington 48067 541-7100 541-0408 Fax

Administrator	Secretary	Phone
Mr. Noonan, Principal	Ms. Beardsley	Ext. 2039
Mr. Jones, Asst. Principal	Ms. LeBlanc-Sharer	Ext. 2025
Mr. Duncan, Asst. Principal	Ms. Barber	Ext. 2013
	Ms. Menary	Ext. 2073

ROYAL OAK HIGH SCHOOL 1500 Lexington Blvd. 48073 435-8500 288-8733 Fax

Administrator	Secretary	Phone
Mr. Giromini, Principal	Ms. Staszak	Ext. 1078
Ms. Krynak, Asst. Principal	Ms. Ruffles	Ext. 1016
Ms. Powell, Asst. Principal	Ms. Ruffles	Ext. 1133
Mr. Watchowski, Athletic Director/Asst. Principal	Ms. Moore	Ext. 1148

OTHER FACILITIES

Facility	Address/Administrator	Phone	Fax
District Offices	800 DeVillen 48073	435-8400	435-6170
	Mr. Lewis-Lakin, Superintendent		
	Ms. Sutterfield, Administrative Assistant	Ext. 1228	
	Ms. Olson, Exec. Dir., Teaching & Learning		
	Ms. Gray, Administrative Assistant	Ext. 1232	
	Ms. Flarity-Gram, Director of Special Ed.		
	Ms. Stein, SE Secretary	Ext. 1269	
	Mr. Wolynski, Exec. Dir., Staff & Student Services		
	Ms. Laird, Administrative Assistant	Ext. 1211	
	Ms. Abela, Exec. Dir. Business & Finance	288-8700	
	Ms. Carlisle, AP Assistant	Ext. 1223	
Board of Education	Gary Briggs, President	435-8400	
	Deborah Anderson, Vice President		
	Jeff Brinker, Secretary		
	Marty Cardamone, Treasurer		
	Carrie Beerer, Trustee		
	Lisa Bradford, Trustee		
	Allison Sykes, Trustee		
	Ms. Sutterfield, Administrative Assistant	Ext. 1228	
Churchill Community Education Center Continuing Education	707 Girard 48073	588-5050	588-2881
	Ms. Hutchinson, Supervisor		
	Ms. Sowulewski, Secretary	Ext. 1502	
Adult Education Community High School			
Addams Early Childhood Center	2222 W. Webster 48073	288-3220	288-3047
	Ms. Andersen, Supervisor		
	Ms. Maurer, Secretary	Ext. 3561	
Maintenance / Transportation Center	1601 N. Campbell Road 48067	545-0064	545-0885
	Mr. Murphy, Operations Manager		
	Secretary	Ext. 3245	

City Of Royal Oak
211 Williams St., P.O. Box 64
Royal Oak, MI 48068-0064

POSTAL PATRON
ECRWSS

PRSRT STD
U.S. POSTAGE
PAID
Permit No. 83
Warren, MI

City Hall Office Hours
Monday-Thursday, 8:00 am - 4:30 pm
Friday, 8:00 am - 12 noon
www.romi.gov

2016 Fall Curbside Leaf Collection Schedule

Residents should note that schedules are **subject to change** due to weather conditions, mechanical breakdowns or other factors beyond the City's control. If collections are ahead of schedule, a truck will be down your street on the scheduled day of pickup. There is only one Saturday scheduled for pick-up. The remainder of the Saturdays will be used for "catch up". There is no set schedule for this. **Please note clear/colored plastic bags are no longer acceptable for yard waste, including leaves. Please use the appropriate container. To help our workers, please do not put yard waste other than leaves in the street. Thank you.**

WEEK 1

10/31/16 Normandy to N. City Limits -Greenfield to Crooks
11/01/16 Webster to Normandy - Greenfield to Woodward
11/02/16 13 Mile to Normandy - Woodward to Main
11/03/16 13 Mile to N. City Limits - Main to Campbell
11/04/16 12 Mile to 13 Mile - Main to Campbell

WEEK 2

11/07/16 12 Mile to 13 Mile - Crooks to Main
11/08/16 12 Mile to 13 Mile - Woodward to Crooks
11/09/16 11 Mile to 12 Mile - Woodward to Main
11/10/16 11 Mile to 12 Mile - Main to Campbell
11/11/16 10 Mile to 12 Mile - Campbell to E. City Limits
11/12/16 Lincoln to 11 Mile - Woodward to Campbell **(Sat.)**

WEEK 3

11/14/16 10 Mile to Lincoln - W. City Limits to Campbell
11/15/16 13 Mile to 14 Mile - Greenfield to Woodward
11/16/16 13 Mile to 14 Mile - Woodward to Coolidge
11/17/16 Normandy to N. City Limits - Coolidge to Crooks
11/18/16 13 Mile to Normandy - Coolidge to Main

WEEK 4

11/21/16 12 Mile to Woodside - Main to Rochester
11/22/16 13 Mile to 14 Mile - Rochester to Campbell
11/23/16 12 Mile to 13 Mile - Rochester to Campbell
11/24/16 Happy Thanksgiving (no collection)
11/25/16 12 Mile to 13 Mile - Crooks to Main

WEEK 5

11/28/16 Webster to 13 Mile - Greenfield to Crooks
11/29/16 12 Mile to Webster - Woodward to Crooks
11/30/16 Catalpa to 12 Mile - Woodward to Main
12/01/16 11 Mile to Gardenia - Campbell to Stephenson
& Gardenia to 12 Mile - Main to Stephenson
12/02/16 11 Mile to Gardenia - Main to Campbell

WEEK 6

12/05/16 11 Mile to Catalpa - Woodward to Main
12/06/16 10 Mile to 11 Mile - W. City Limit to Main
12/07/16 Lincoln to 11 Mile - Main to Campbell
12/08/16 10 Mile to 11 Mile - Campbell to E. City Limits
12/09/16 10 Mile to Lincoln - Main to Campbell

35th Annual
Tree Lighting Ceremony
Thursday, December 1

See details on page 30.