

4th Annual **Holistic
Health &
Wellness
Expo**

Saturday, March 5th, 2016

10am - 3pm

Royal Oak High School, 1500 Lexington

MEET Wellness Practitioners	TRY Mindful Exercises	LEARN Seminars & classes
--	------------------------------------	---------------------------------------

- ✓ **Free mini-seminars and classes will be available allowing attendees to experience firsthand the powerful practices of holism.**
- ✓ **A diverse array of modalities will be available, aiding you in shaping your wellness goals!**
- ✓ **We are excited to introduce mini-CPR classes as a new addition this year!**

For more information call 248-564-7622 or log on to www.romi.gov/rocc and be sure to "like" the **Royal Oak Community Coalition** Facebook page to stay up to date with all the latest information on the **2016 Holistic Health and Wellness Expo!**

Admission: A \$5 donation helps support the Coalition and students at Royal Oak Schools