

Senior Services | Aging in Place Task Force
Community and Health Support Services Working Group
January 5, 2022 Meeting Minutes

- I. Attendees:
 - Rebecca Cheezum (Committee Chair)
 - Dennis Hessell
 - Teresa Bitti
 - Matthew Day
 - Kim Moon
 - Dan Herzberg
 - Leslie Rennie
 - Danielle Lupcke
 - Sue Schulde
 - Lt. Keith Spencer
 - Katie Wendel

- II. Rebecca Cheezum provided an overview of the Royal Oak Age Friendly Task Force and the goal of completing AARP's process of becoming an Age Friendly Community. The Health and Community Services Working Group will meet 6 times to gather information and make recommendations related to health and community services needed to support Royal Oak residents as they age.

- III. Selection of Committee Roles
 - a. A motion was made by Lt. Keith Spencer that Danielle Lupcke shall serve as vice chair of the committee. The motion was seconded by Kim Moon. The motion passed.
 - b. A discussion was held that responsibility for recording meeting minutes will rotate among group members. A motion was made by Danielle Lupcke that Katie Wendel shall serve as secretary for the 1/4/2022 meeting. The motion was seconded by Kim Moon. The motion passed.

- IV. The Committee held a discussion about ground rules for the group. Proposed rules include:
 - Respecting other people's views.
 - If a topic is brought up and recognized by the chair, wait until the discussion is over before changing the topic. Don't talk over other people.
 - Establish time limit on agenda items. Put things in the parking lot if something cannot be resolved.
 - Assign items for follow up, making clear what is assigned. Follow up on assigned work in a timely way according to established deadlines.

Danielle Lupcke made a motion to adopt the proposed group rules. The motion was seconded by Lt. Keith Spencer. The motion passed unanimously.

- V. Committee members were shown data resources on the Age Friendly Royal Website including community survey results and a data summary. Committee members were asked to review data before the next meeting. Additional data sources may be shared by email and a shared google drive.

A discussion of initial reactions to the data included:

- Many seniors are online and need digital access to information. The ability to identify reliable information online is critical for health information.
 - Some older seniors are not online and will need access to print information.
- There is a lot of diversity in the aging population.
- There will be lots of crossover between our working group and others, such as transportation and communication. Becca will meet with other working group chairs to discuss crossover and meeting minutes will be shared.
 - Transportation to doctors' appointments is a significant need
 - How information is disseminated is important for our group to consider.
- EMS and police first responders often get calls requesting emergency assistance, but the caller may benefit from non-emergent care outside of the ER. Identifying where to go for various health issues can be difficult.

Action Steps for Committee members: Review data sources on the Age Friendly Royal Oak Website. Review Oakland County Blueprint for Successful Aging. Review AARP Age Friendly Communities Website.

VI. Vision Statement

Members shared ideas for a vision statement. Group members can continue to provide input on the vision statement by email, and the statement will be finalized during the next meeting.

Ideas shared included:

- We want our community to be open to everybody, all ages, inclusion.
- Promote successful and meaningful aging in place in our community.
- Enhance the quality of life for residents.
- This is an ongoing endeavor- not limited to one vision statement.
- Promoting healthy behaviors and responding to individual health needs. Focus on both health promotion/prevention and responding to more chronic health needs.
- Improved communication at every level, engaging residents in a dialogue.
- There is a wide range of needs and abilities of seniors 60-100+
- Education on where to find resources.
- Person-centered, reflecting the desires of residents.
- Improving access

- VII. During the next meeting the working group will continue to discuss needed data, finalize our vision statement, and discuss what experts should be consulted.

- VIII. A call for public input was made. No members of the public asked to address the working group.
- IX. The group discussed continuing to meet virtually. A motion was made by Matthew Day to continue virtual meetings. The motion was seconded by Teresa Bitti. The motion passed.
- X. Lt. Keith Spencer moved to adjourn the meeting. Dan Herzberg seconded the motion. The motion passed.